

Adapted Recreation

**Registration begins August 12. Classes begin September 3, unless otherwise noted within the class descriptions.
No class November 11, 28 & 29. To view a list of class location abbreviations, see page 2.**

These programs are designed for children and adults with Intellectual and Developmental Disabilities. Individuals may register for programs at the Recreation Office, 3500 S. Rural Rd. Suite 201. If you require special accommodations for these or additional City of Tempe programs, contact Samantha Mason, Adapted Recreation Coordinator, at 480-858-2469; for TDD, call 480-350-5050.

Buddy Bowling League

Buddy Bowling is a unified bowling league for individuals with and without disabilities. Buddy Bowling Athletes and their Buddy Bowling partners (without disabilities) will bowl together on teams in a fun, friendly league format. Buddy Bowling Athletes, ages 8 through adults, of all ability levels are encouraged to join. Bowlers will be assigned to a team, if they do not have one. Partners take on a role similar to a team captain, participating as an active bowler and teammate, while providing assistance and guidance to other team members, as needed.

Bowlers are welcome to register their own teams of up to 5 bowlers. If a bowler does not have a specific team they would like to join, they will be assigned to a team with an opening.

Buddy Bowling is divided into two divisions: Bumpers and Non-Bumpers. Each Saturday bowlers will bowl two games for a weekly fee. At the end of each season there will be trophies and awards presented to all participants.

For more information, to register or to view the Buddy Bowling league rules, please visit tempe.gov/adaptedrecreation
Registration Fee: \$20. Weekly Fee: \$6 for 2 games & shoe rental.
*No practice 10/5, 10/12. 480-858-2469.

63361 8 yrs+ Sa 7/13-11/16* 10 a.m. AMF

Friday Night Social Activities

Friday Night Social Activities are held the first two Fridays of each month. They are programmed for Individuals with Intellectual and Developmental Disabilities ages 13 and older.

These activities promote socialization and fun. They provide great opportunities to get together with friends as well as meet new people. Participants requiring direct supervision should come with a responsible adult. Transportation is not provided. Please ensure that participants have reliable forms of transportation and that they are picked up by the scheduled end time of the activity.

Supervising staff/adults are not required to pay admission fees. Fees vary between \$2-4 and are collected at the door. Advance registration is not available.

The theme for the first Friday of each month rotates between Bingo, Karaoke or Movie Night. The second Friday of each month features a themed social dance.

Karaoke

Come and sing your favorite songs. We have a wide variety of music to choose from or you can bring your own music on a CD or mp3 player. Those requiring assistance must come with his/her own aide.

Date: September 6
Time: 6:30-9 p.m.
Location: Pyle Adult Center, 655 E. Southern Ave.
Fee: \$3 at the door

Bingo

Various prizes will be awarded. Those requiring assistance must come with his/her own aide.

Date: October 4
Time: 6:30-8 p.m.
Location: Pyle Adult Center, 655 E. Southern Ave.
Fee: \$3 at the door

Movie Night

Join us as we show a recently released DVD movie. Visit tempe.gov/adaptedrecreation to see which movie will be featured.

Date: November 1
Time: 6:30-8:30 p.m.
Location: Pyle Adult Center, 655 E. Southern Ave.
Fee: \$2 includes choice of popcorn/candy and soda/water.

Fabulous Friday Social Dances

Come to our monthly, themed dances and boogie-woogie on the dance floor. Dances are held for individuals with disabilities, ages 13 and older. Visit tempe.gov/adaptedrecreation to view the themes for each dance.

Date: August 9, September 13, October 11
Time: 6:30-9 p.m.
Location: Edna Vihel Center, 3340 S. Rural Rd.
Fee: \$4; includes admission, drinks, snacks and entry into door prize drawing.

Health & Fitness

Zumba

Zumba is a high-energy, cardio workout which incorporates unique moves with upbeat Latin and international music. The class is designed for all experience levels and helps participants reach healthy goals by using easy-to-follow dance steps in a fun environment. Individuals must be independently mobile to participate. Those needing extra supervision must provide their own aide. Fee: \$16.
480-858-2469

63313 13 yrs+ T 9/3-11/19 3:45-4:30 p.m. PAC

L.E.A.P. After-School Program

The Life Skills Enrichment After-School Program is for middle/high school students with Intellectual and Developmental Disabilities in the Tempe Elementary and Union High School Districts. The program follows the school year calendar and takes place M-F, 2-6 p.m. Transportation is provided to the program site from the student's school. Students will participate in recreational activities that promote physical exercise, social skills development and other benefits; while supervised in a 1:4 staff-to-student environment.

We are an authorized DDD provider; contact your case manager for authorization. Please contact Samantha Mason, Adapted Recreation Coordinator, at 480-858-2469 or samantha_mason@tempe.gov for additional program information or for instructions on how to register.

No Code 10-21 yrs M-F 8/5-12/20 2-6 p.m. WCC

Tempe Special Olympics

Team Tempe Special Olympics

Youth (8 yrs+) and adults with Intellectual and Developmental Disabilities are invited to join Special Olympics Arizona to learn sportsmanship and teamwork, while achieving individual personal goals. Athletes of all skill levels are encouraged to participate. For more information, please contact Samantha Mason at 480-858-2469 or samantha_mason@tempe.gov

A Special Olympics Medical Release Form, signed by a medical examiner and are good for three years, is required for all athletes to participate, as well as a City of Tempe registration form. Visit tempe.gov/adaptedrecreation for information about registration or to download medical consent forms.

Registration

Advance registration is recommended. However, on-site registration will be accepted.

Online Registration

Log-on to: tempe.gov/brochure
• Use class registration code.

Mail-In Registration

Download form from tempe.gov/adaptedrecreation
Mail Registration Form to:
Samantha Mason
Adapted Recreation
3500 S. Rural Rd., Suite 201
Tempe, AZ 85282

Walk-In/Drop-Off Registration

Parks & Recreation Office, 3500 S. Rural Rd., Suite 201
Edna Vihel Arts Center, 3340 S. Rural Rd.
Kiwanis Recreation Center, 6111 S. All-America Way
Escalante Community Center, 2150 E. Orange St.
North Tempe Multi-Gen Center, 1555 N. Bridalwreath St.
Westside Multi-Gen Center, 715 W. 5th St.

Special Olympics Aquatics

Practices will focus on the fundamental techniques of various swimming strokes. The first practice will begin at 5 p.m. After the first practice, athletes will be assigned to one of two 1-hour sessions, which will begin at 5 or 6 p.m. Please note that this is not a "learn to swim" program. Fee: \$10. 480-858-2469

63314 Beginners 8 yrs+ F 8/9-10/4 5-7 p.m. KRC
63315 Advanced 8 yrs+ F 8/9-10/4 5-7 p.m. KRC

Special Olympics Bowling

Come out and socialize with new and old friends while racking up those spares and strikes. Athletes who are new to bowling and need coaching assistance will be placed on an instructional team. There is a \$5 weekly fee that is paid to the bowling alley. Fee: \$10. 480-858-2469

63316 8 yrs+ Sa 8/17-11/9 1-3 p.m. AMF

Special Olympics Golf

Athletes, both new and experienced, are welcome to come out and enjoy the game of golf. New athletes will start in Golf Skills and work on the fundamentals of golf, starting with their swing at the driving range, as well as putting, chipping and other aspects of the game. Athletes who are ready to play the course will practice their game on the course with other athletes and partners. Fee: \$10. 480-858-2469

63338 Skills 8 yrs+ T 8/20-10/29 5-6 p.m. KMGC
63360 Course Play 8 yrs+ T 8/20-10/29 5-6:30 p.m. KMGC

Go Outside and Play!!!
tempe.gov/parks