

Activities for Adults (18+ Years)

**Registration begins April 22. Classes begin June 3, unless otherwise noted within the class descriptions.
No class July 4. To view a list of class location abbreviations, see page 2.**

The activities and classes below are designed specifically for Adults (18+ Years). Additional offerings for adults may be viewed in the Adult (50+ Years) section.

Classes - Participants & Observation:

- Childcare is not offered.
- Observers and non-registered individuals, including children, are not permitted in classes or workshops.
- Closed-toe shoes are required for ceramics, pottery and jewelry classes.

Arts & Crafts

To view class materials lists, visit www.tempe.gov/classmaterials or visit the Edna Vihel Activities Center Front Office, 3340 S. Rural Road, Tempe. Students must bring all materials to the first class unless otherwise noted within class description.

Art on Paper

Explore the creative possibilities of paper through a range of mark-making techniques including mixed media, collage and monoprints. We recommend that you take this class with our exciting new Book Arts class to learn the skills to turn these paper masterpieces into beautiful hand bound books. Fee: \$22.

480-350-5287

63217	18 yrs+	M	6/3-6/24	6-7 p.m.	EDNA
63464	18 yrs+	M	7/8-7/29	6-7 p.m.	EDNA

Book Arts

Create a book from scratch. In this class you will explore both folded and sewn book structures. With these base skills you will be able to design custom sketchbooks or artist books. We recommend that you take this class with our exciting new Art on Paper class to learn the skills to turn your paper masterpieces into beautiful hand bound books. Fee: \$22. 480-350-5287

63223	18 yrs+	M	6/3-6/24	7:15-8:15 p.m.	EDNA
63468	18 yrs+	M	7/8-7/29	7:15-8:15 p.m.	EDNA

Ceramics; Beginning

Your journey in ceramics starts here. Learn age-old techniques of creating beautiful and functional pieces of art. Build a strong ceramics foundation with an introduction to hand-building, throwing, surface design and glazing. Students provide their own Cone 10 clay and small tools. Chris. No class 7/2. Fee: \$120. 480-350-5287

62914	18 yrs+	T	6/4-7/30	6-8:50 p.m.	EDNA
-------	---------	---	----------	-------------	------

Ceramics; Beginning Throwing

Recommended for students who have taken Beginning Ceramics. This is your opportunity to become one with the ceramic wheel through a series of exercises that build up your skills. This class will cover bowls, cups, mugs, plates and other dinnerware type items. Students provide their own Cone 10 clay and small tools. Lisa. No class 7/1. Fee: \$120. 480-350-5287

62915	18 yrs+	M	6/3-7/29	6-8:50 p.m.	EDNA
-------	---------	---	----------	-------------	------

Ceramics; Parent/Child

Please see page 11 for a complete description and class times.

Ceramics; Hand-building Studio

Do you want time to experiment and hone your skills? Intermediate and advanced hand-builders can work freely in this non-instructional setting. Studio space is being provided during our regular throwing classes and space is limited. Students provide their own Cone 10 Clay and small tools. *No class 7/1.

**No class 7/3. Fee: \$100. 480-350-5287

62916	18 yrs+	W	6/5-7/31**	6-8:50 p.m.	EDNA
62917	18 yrs+	M	6/3-7/29*	6-8:50 p.m.	EDNA

Ceramics; Intermediate/Advanced

If you're ready to advance your ceramic skills, this is the class for you. Increase your knowledge as you create advanced projects of your choosing. The instructor will provide building and glaze demonstrations and help guide you. Prerequisite: Beginning Ceramics or other ceramics experience. Students provide own materials. Lisa. No class 7/4. Fee: \$120. 480-350-5287

62920	18 yrs+	Th	6/6-8/1*	6-8:50 p.m.	EDNA
-------	---------	----	----------	-------------	------

Ceramics; Intermediate/Advanced Throwing

This class is recommended for students who have taken Beginning Throwing. Students will learn advanced throwing forms and techniques such as 2-part cylinders, teapots and decorative techniques. You can also work independently on your own wheel thrown projects. Students provide their own Cone 10 Clay and small tools. Chris. No class 7/3. Fee: \$120. 480-350-5287

62919	18 yrs+	W	6/5-7/31	6-8:50 p.m.	EDNA
-------	---------	---	----------	-------------	------

Ceramics; Pottery Club

This leisurely morning of working in the studio offers students ample time to create functional and sculptural ceramic work. Potters can freely hand-build or work on the wheel. Demonstrations in building and glazing will be provided by instructor. Students provide own materials. Lisa. Fee: \$160. No class 7/3.

480-350-5287

62921	18 yrs+	W	6/5-7/31	9 a.m.-2 p.m.	EDNA
-------	---------	---	----------	---------------	------

Ceramics; Specialty Surface Decoration

Learn specialty techniques and tips to help you personalize your ceramic artwork. From stamps to wax resist glazing, you'll learn how to use color and texture to your advantage. We'll work on tiles and other projects to expand your knowledge and creativity. All skill levels welcome. Students provide own materials. Lisa. No class 7/2. Fee: \$120. 480-350-5287

62923	18 yrs+	T	6/4-7/30	9 a.m.-noon	EDNA
-------	---------	---	----------	-------------	------

Drawing: Exploring Prismacolor Pencils

If you want to use Prismacolor pencils to create an impressionistic or realistic approach to your artwork we will stretch the boundaries. We will explore how to use them to layer color upon color and painting with them to add depth and drama to your artwork. A basic Prismacolor set of colored pencil set and sketch book or paper will be required. Terry. Fee: \$48. 480-350-5287

63477	18 yrs+	Th	6/6-6/27	3-5:30 p.m.	PYLE
63481	18 yrs+	Th	7/11-8/1	3-5:30 p.m.	PYLE

Glass Fusion

Learn the basics of glass fusion art. Cut and compose colored glass pieces and play with design and color, that will be melted together in a kiln into a solid artwork. Projects include tiles, jewelry, coasters/small plates and bowls. Basic glass included. Students provide own materials. Chris. No class 7/6. Fee: \$70. 480-350-5287

62924	18 yrs+	Sa	6/8-7/20	noon- 2 p.m.	EDNA
-------	---------	----	----------	--------------	------

Activities for Adults (18+ Years)

Jewelry; Open Studio

For safety, only experienced jewelry students are eligible. Looking for a space to work on your own jewelry creations? Utilize the time in Open Studio to take your jewelry project from start-to-finish or complete a project that's already in-progress. Instructor will provide guidance as needed, as well as demonstrate jewelry techniques. Terry. No class 7/4. Fee: \$80. 480-350-5287
63476 18 yrs+ Th 6/6-8/1 6-8:30 p.m. PYLE

Jewelry; Surface Design

Join teaching artist Terry as she leads you through jewelry surface design techniques. This class is designed for students with knowledge of working with metals. We will explore techniques to bring new dimensions to your jewelry designs. We will be using the Freedom, Rolling Mill, Etching and colored pencil process to make your jewelry stand out. No class 7/1. Fee: \$80. 480-350-5287
63474 18 yrs+ M 6/3-7/29 3-5:30 p.m. PYLE
63475 18 yrs+ M 6/3-7/29 6-8:30 p.m. PYLE

Mosaics and More

Fascinated by mosaic tile floors or ancient mosaic artworks? Let teaching artist Chris show you how to work with ceramic tile, glass beads and recycled materials to enhance projects like flower pots, tabletops and more. Learn the fundamentals of tile placement and grouting. Instructor will discuss supplies on first night of class. No class 7/4. Fee: \$60. 480-350-5287
62925 18 yrs+ Th 6/6-8/1 6-8:50 p.m. EDNA

Paint Pouring

Paint pouring is an innovative way to use acrylic paints to create an art piece. Register by email: tplprograms@tempe.gov. Include "Paint Pouring" in the subject line and your name and phone number in the body. Attend to earn Summer Reading points: tempepubliclibrary.org/SummerReading. Fee: None. 480-350-5500
No Code 18 yrs+ Sa 6/22 10:30 a.m.-noon LMILL

Paint Your Own Pottery

Students choose and glaze their bisque ware piece. Register by email: tplprograms@tempe.gov. Include "Paint Your Own Pottery" in the subject line and your name and phone number in the body. Attend to earn Summer Reading points: tempepubliclibrary.org/SummerReading. Fee: None. 480-350-5500
No Code 18 yrs+ Su 7/14 1-3 p.m. LMRA

Painting; Beginning/Intermediate

Your first brush stroke will immerse you into a world of art, created by you. This introductory class will teach you the basic to advanced techniques for painting in a variety of mediums which may include: acrylic and watercolor. Students will learn how to make brush strokes, mix colors and paint from photographs and still lifes. No class 7/6. Fee: \$36. 480-350-5287
63467 18 yrs+ Sa 6/8-8/3 10-11:30 p.m. EDNA

Painting; Impressionism with Watercolors

For beginners to intermediate. Students will use watercolors to unlock the impressionism style of painting. Basic and advanced techniques will help students to create sketches to finished paintings while learning to control the painting process based on the old masters' paintings like Sargent, Cézanne and more. Students provide own supplies. Tal. No class 7/3. Fee: \$42. 480-350-5287
63222 18 yrs+ W 6/12-7/31 6:30-8:30 p.m. EDNA

Check Out Upcoming Events!
tempe.gov/FamilyFun

Boating

Float Test, Rowing Classes Only

All rowing participants must complete a 10-minute float test and watch a U.S. Rowing Safety Video (does not include paddling and Adult Learn to Row Workshop participants classes). If you have rowing experience but are new to the City of Tempe Rowing Program, you must fulfill this requirement. For additional information, please contact the Boating Office at 480-350-8069.

Adult Learn to Row

Designed for first-time rowers, this course will introduce the basics of rowing safety and boat-handling. Proper rowing technique and fitness development are stressed. Participants must pass a 10-minute float test and have a basic level of fitness. The first class will include a float test/safety video. First three classes are mandatory. 480-350-8069

63031	18 yrs+	Sa/Su	6/1-6/23	6:30-8:30 a.m.	TTLM	\$96
63033	18 yrs+	T/Th	6/4-6/27	5:45-7:45 p.m.	TTLM	\$96
63032	18 yrs+	Sa/Su	6/29-7/21	6:30-8:30 a.m.	TTLM	\$96
63034	18 yrs+	M/W	7/8-7/31	5:30-7:30 a.m.	TTLM	\$96
63035	18 yrs+	Sa/Su	7/27-8/11	6:30-8:30 a.m.	TTLM	\$72

Adult Open Rowing and Sculling

This session brings experienced rowers together and is designed with athletes in mind. Sweep-rowers and scullers may try either discipline; class utilizes cross-training, video analysis and flexibility and focuses on a high-level of rowing. Prerequisite: Learn to Row or commensurate experience. 480-350-8069

63089	18 yrs+	T	6/4-8/13	5:30-7:30 a.m.	TTLM	\$99
63086	18 yrs+	T	6/4-8/13	5:45-7:45 p.m.	TTLM	\$99
63090	18 yrs+	Th	6/6-8/15	5:30-7:30 a.m.	TTLM	\$99
63087	18 yrs+	Sa	6/1-8/10	6-8 a.m.	TTLM	\$90
63088	18 yrs+	Su	6/2-8/11	6-8 a.m.	TTLM	\$99

Essentials of Kayak Touring

Developed by ACA-certified kayak instructors, this class will refine your kayak touring skills and is perfect for all levels of experience. Instructors focus on basic and intermediate strokes and maneuvers as well as fitness, boat-handling and rescues in "sit-inside" touring kayaks. All equipment provided. No experience necessary. Register early. Fee \$80. 480-350-8069

63038	18 yrs+	Th	6/6-6/27	5:45-7:45 p.m.	TTLM	
63036	18 yrs+	Sa	6/8-6/29	6:30-8:30 a.m.	TTLM	
63039	18 yrs+	Th	7/11-8/1	5:45-7:45 p.m.	TTLM	
63037	18 yrs+	Sa	7/13-8/3	6:30-8:30 a.m.	TTLM	

Glow Paddle

The wildest and brightest Glow Paddle on Tempe Town Lake. Join us for a night under the stars while we glow and glide across the water. In addition to all necessary kayaking equipment, participants will receive glow in the dark accessories. Feel free to wear glow in the dark clothing items that you don't mind getting wet. Register early. Adult Fee: \$35. Youth Fee: \$20. 480-350-8069

63040	10 yrs+	Th	6/13	7:30-9:30 p.m.	TTLM	
63044	10 yrs+	Th	6/27	7:30-9:30 p.m.	TTLM	
63048	10 yrs+	Th	7/11	7:30-9:30 p.m.	TTLM	
63052	10 yrs+	Th	7/25	7:30-9:30 p.m.	TTLM	
63056	10 yrs+	Th	8/8	7:30-9:30 p.m.	TTLM	

Introduction to Kayaking

Developed by ACA certified kayak instructors, this is a perfect class for all levels of paddling experience. This class will focus on basic strokes and maneuvers as well as fitness, boat-handling and rescues in "sit-on-top" kayaks. All equipment will be provided. No experience necessary. Fee: \$70. 480-350-8069

63060	18 yrs+	Sa	6/8-6/29	8:30-10:30 a.m.	TTLM	
63061	18 yrs+	T	6/4-6/25	5:45-7:45 p.m.	TTLM	
63063	18 yrs+	T	7/9-7/30	7-9 a.m.	TTLM	
63062	18 yrs+	Sa	7/13-8/3	8:30-10:30 a.m.	TTLM	

Activities for Adults (18+ Years)

Introduction to Stand-up Paddling

Join the fastest-growing watersport in the country. This class will teach you the basics of Stand-Up Paddling. No experience is necessary. All equipment is provided. Fee: \$25. 480-350-8069

63064	18 yrs+	Sa	6/1	7-8:30 a.m.	TTLM
63065	18 yrs+	T	6/4	5:45-7:15 p.m.	TTLM
63066	18 yrs+	Sa	6/8	7-8:30 a.m.	TTLM
63067	18 yrs+	T	6/11	5:45-7:15 p.m.	TTLM
63068	18 yrs+	Sa	6/15	7-8:30 a.m.	TTLM
63069	18 yrs+	T	6/18	5:45-7:15 p.m.	TTLM
63070	18 yrs+	Sa	6/22	7-8:30 a.m.	TTLM
63071	18 yrs+	T	6/25	5:45-7:15 p.m.	TTLM
63072	18 yrs+	Sa	6/29	7-8:30 a.m.	TTLM
63073	18 yrs+	T	7/9	6-7:30 a.m.	TTLM
63074	18 yrs+	Sa	7/13	7-8:30 a.m.	TTLM
63075	18 yrs+	T	7/16	6-7:30 a.m.	TTLM
63076	18 yrs+	Sa	7/20	7-8:30 a.m.	TTLM
63077	18 yrs+	T	7/23	6-7:30 a.m.	TTLM
63078	18 yrs+	Sa	7/27	7-8:30 a.m.	TTLM
63079	18 yrs+	T	7/30	6-7:30 a.m.	TTLM
63080	18 yrs+	Sa	8/3	7-8:30 a.m.	TTLM
63081	18 yrs+	T	8/6	6-7:30 a.m.	TTLM
63082	18 yrs+	Sa	8/10	7-8:30 a.m.	TTLM
63083	18 yrs+	T	8/13	6-7:30 a.m.	TTLM

Stand-up Paddling Fitness

Once you have learned the basics of SUP, stay in shape by taking SUP Fitness. This class will focus on fitness and advanced paddling technique. Prerequisites: Intro to Stand-Up Paddling or commensurate experience. *No class 7/7.

480-350-8069

63091	18 yrs+	Su	6/2-8/11*	7-8:30 a.m.	TTLM	\$90
63092	18 yrs+	W	6/5-6/26	5:45-7:15 p.m.	TTLM	\$36
63093	18 yrs+	W	7/10-8/14	6-7:30 a.m.	TTLM	\$54

Stand-Up Paddling Yoga

Students will enjoy paddling on the lake, then anchoring boards and setting yoga breathing to begin. S.U.P. yoga will feature seated and standing yoga postures, including sun salutations, lunges and downward-facing dog. We will take a few quiet meditation moments before paddling back. Visit tempe.gov/Boating for a schedule of classes. Prerequisite: Intro SUP or commensurate experience.

Fee: \$35. 480-350-8069

63278	18 yrs+	Sa	6/15	8:30-10 a.m.	TTLM
63279	18 yrs+	Sa	6/29	6-7:30 p.m.	TTLM
63280	18 yrs+	Sa	7/13	8:30-10 a.m.	TTLM
63281	18 yrs+	Sa	7/20	6-7:30 p.m.	TTLM
63282	18 yrs+	Sa	8/10	8:30-10 a.m.	TTLM
63283	18 yrs+	Sa	8/24	5:50-7:20 p.m.	TTLM

Tempe Town Lake Rowing Club

Designed for advanced rowers to use equipment during non-program hours. Once joining the club, participants may check-out equipment during club times and train. Prerequisites: Coordinator permission and a successful re-entry test. Club Fee: \$60/year and \$20/month to be an active member. To register, contact the Boating Office at 480-350-8069.

No Code	18 yrs+	T/W/Th/F	5/28	5:30-9 a.m.	TTLM
---------	---------	----------	------	-------------	------



Books & Reading

Coffee, Tea & Books

Come and discuss recent novels or the occasional nonfiction title. Participants provide their own copy of the book. Volunteers rotate leading the discussion. Third Monday of the month, 6:30-8 p.m. in the Connections Café. Registration is not required. Fee: None. 480-350-5500

No Code	18 yrs+	M	6/17	Before We Were Yours by Lisa Wingate
No Code	18 yrs+	M	7/15	Eleanor Oliphant is Completely Fine by Gail Honeyman
No Code	18 yrs+	M	8/19	Summer Hours at the Robbers Library by Sue Halpern

Great Books

The Great Books Foundation promotes reading, thinking and sharing of ideas. Kathy and Don Dietz will lead discussions on the 2nd and 4th Wednesdays, 6-8 p.m. in the Connections Café. Participants provide their own copies of the books. Registration is not required. Fee: None. 480-350-5500

No Code	18 yrs+	W	6/12	In Sight of the Lake by Alice Munro
No Code	18 yrs+	W	6/26	The Inheritance of Loss by Karin Desal
No Code	18 yrs+	W	7/10	The New Master and Mistress by Harriet Jacobs
No Code	18 yrs+	W	7/24	The Heaven Sent Leaf by Katy Lederer
No Code	18 yrs+	W	8/14	Economy by Henry David Thoreau
No Code	18 yrs+	W	8/28	The Power of Money and Bourgeois Society by Karl Marx
No Code	18 yrs+	W	8/28	Sister Carrie by Theodore Dreiser

Mystery Club

Are you an avid mystery reader? If so, you are invited to meet with other fans to discuss favorite mystery books or authors. Volunteers rotate leading the discussion. Responsibility for leading the discussion rotates around the group. First Saturday of each month, 10 a.m.-noon. in the Connections Café. Registration is not required. Fee: None. 480-350-5500

No Code	18 yrs+	Sa	6/1	Celine by David Heller
No Code	18 yrs+	Sa	7/6	American by Day by Derek B. Miller
No Code	18 yrs+	Sa	8/3	Raven Black by Ann Cleeves

Summer Reading Program: A Universe of Stories

The library will offer many awesome programs this summer, 6/1-8/1. Registration begins 5/1. Participants can track reading progress online and attend programs to be eligible for prizes. For complete details visit: tempepubliclibrary.org/SummerReading Fee: None. 480-350-5500

Writers Connection

This informal writer's critique group is free and open to aspiring writers to share their work in a non-threatening atmosphere. *Group meets every other Friday. Registration is not required. Fee: None. 480-350-5500

No Code	18 yrs+	F	6/7-8/30*	2-4 p.m.	LMRB
---------	---------	---	-----------	----------	------

**Sign Up for the
Connecting Tempe Newsletter!
tempe.gov/Enotify**

Activities for Adults (18+ Years)

Writers in Residence Workshops

Attend a workshop from current Writer in Residence mystery author Betty Webb to learn new skills in the craft of writing and publishing. Details available at: tempepubliclibrary.org/TempeWrites. Attend to earn Summer Reading points: tempepubliclibrary.org/SummerReading. Registration is not required. Fee: None. 480-350-5500

Writing the Contemporary Novel

No Code	18 yrs+	Sa	6/1	2:30-4:30 p.m.	LBRIC
No Code	18 yrs+	W	6/5	5:30-7:30 p.m.	LBRIC

Self-Editing

No Code	18 yrs+	Sa	6/8	2:30-4:30 p.m.	LBRIC
---------	---------	----	-----	----------------	-------

Scene-Setting

No Code	18 yrs+	Sa	6/15	2:30-4:30 p.m.	LBRIC
---------	---------	----	------	----------------	-------

Writing the Contemporary Mystery or Thriller

No Code	18 yrs+	Sa	6/29	2:30-4:30 p.m.	LBRIC
---------	---------	----	------	----------------	-------

Writing the Story Memoir

No Code	18 yrs+	Sa	7/20	2:30-4:30 p.m.	LBRIC
---------	---------	----	------	----------------	-------

Getting Published

No Code	18 yrs+	Sa	7/27	2:30-4:30 p.m.	LBRIC
No Code	18 yrs+	W	7/31	5:30-7:30 p.m.	LBRIC

Writing Studio

In this free informal writing workshop writers come together to do writing exercises and have time to work on their own writing. This workshop is led by local writer Bobbi Illing. *Group meets every other Friday. Registration is not required. Fee: None. 480-350-5500

No Code	18 yrs+	F	6/14-8/23*	2-4 p.m.	LMRB
---------	---------	---	------------	----------	------

Writing Workshops with Duane Roen

Registration is not required. Fee: None. 480-350-5500

Publishing Your Family History

No Code	18 yrs+	Sa	6/8	10:30 a.m.-noon	LMRB
No Code	18 yrs+	W	6/12	6:30-8 p.m.	LMRB

Using Cemetery Records for Family History Research

No Code	18 yrs+	Sa	7/13	10:30 a.m.-noon	LMRB
No Code	18 yrs+	W	7/17	6:30-8 p.m.	LMRB

Why Do Family History?

No Code	18 yrs+	Sa	8/3	10:30 a.m.-noon	LMRB
No Code	18 yrs+	W	8/7	6:30-8 p.m.	LMRB

Business & Computers

Computer Basics 1

Interested in using a computer but don't know where to begin? Learn basic computer terminology, identify the parts of a computer, be able to turn the computer on and off, and how to use a mouse. Register in person at the Answers Desk or by email: tplprograms@tempe.gov. Include "Computer Basics 1" in the subject line and your name and phone number in the body. Fee: None. 480-350-5500

No Code	18 yrs+	Th	8/1	9:30-10:30 a.m.	LCL
---------	---------	----	-----	-----------------	-----

Computer Basics 2

Know the basics of using a computer and mouse but want to expand your knowledge? Learn how to use a keyboard and practice your typing skills. Register in person at the Answers Desk or by email: tplprograms@tempe.gov. Include "Computer Basics 2" in the subject line and your name and phone number in the body. Fee: None. 480-350-5500

No Code	18 yrs+	Th	8/8	9:30-10:30 a.m.	LCL
---------	---------	----	-----	-----------------	-----

One-on-One Tech Help

Need help accessing the library's e-resources? Or maybe you could use some basic computer or tablet guidance? Make an appointment for a 30-minute tech help session with a librarian. Meets on Tuesdays. Appointments can be made in person or by visiting tempepubliclibrary.org/LibraryJobLink. Fee: None. 480-350-5500

Dance, Music & Theater

Guitar; Beginning

Is that guitar in your living room picking up dust rather than having its strings plucked? This exciting class leads students through the basics of guitar. Walk in without a clue, and walk out knowing just what to play and on what cue. Students provide their own guitar, strings and tuner. No class 7/3. Fee: \$40. 480-350-5287

63218	15 yrs+	W	6/5-7/31	6-7:15 p.m.	PYLE
63219	15 yrs+	W	6/5-7/31	7:30-8:45 p.m.	PYLE

Guitar; Intermediate

Already have a few riffs and chords under your belt? Carlos will continue to develop your essential guitar skills to get you performance ready. Students provide their own guitar, strings and tuner. No class 7/2. Fee: \$40. 480-350-5287

63220	15 yrs+	T	6/4-7/30	6-7:15 p.m.	PYLE
63221	15 yrs+	T	6/4-7/30	7:30-8:45 p.m.	PYLE

Ukulele; Beginning

Bring the whole family to this exciting new eight-week group lesson series. This class teaches the basics of playing the ukulele spanning from theory to learning whole songs. Participants will provide their own ukulele. Lorin. No class 7/3. Fee: \$40. 480-350-5287

63546	15 yrs+	W	6/5-7/31	6-7 p.m.	PYLE
63547	15 yrs+	W	6/5-7/31	7:15-8:15 p.m.	PYLE

Health & Fitness



Donna Cole is a multi-talented fitness instructor certified in both group fitness and personal training instruction for over 18 years and brings a wealth of experience to the City of Tempe. Donna's undeniable charisma and motivation keeps her students coming back for more. Using the latest techniques and trends, she has successfully taught at multiple studios across the valley specializing in Pilates, yoga, step aerobics and body sculpting. Join Donna as she inspires you to reach your own personal fitness goals.

Exercise; 20/20/20 Fitness Express

Complete an overall body core training workout which targets the three major components of fitness: 20 minutes of cardio, 20 minutes of strength training followed by 20 minutes of flexibility/stretching. Class taught by a certified fitness trainer. All fitness levels welcome. No class 7/2. Drop-in Fee: \$7. Fee: \$55. 480-350-5200

62108	16 yrs+	T	6/4-8/20	6:30-7:30 p.m.	PAC
-------	---------	---	----------	----------------	-----

Exercise; Barre Fit

Barre Fit is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga and Pilates to create long and lean muscles to reshape your body. Light weights, small ball and glides will be used as props. No experience necessary. No class 7/3. Drop-in Fee: \$7. Fee: \$55. 480-350-5200

62109	16 yrs+	W	6/5-8/21	6:30-7:30 p.m.	PAC
-------	---------	---	----------	----------------	-----

Activities for Adults (18+ Years)

Exercise; Building Better Bones with Pippa Frame

Stop bone loss and restore bone mass. Pilates-based exercises strengthen muscles, increase flexibility and improve balance. Focus on reversal of bone loss, injury prevention and functional fitness to help avoid falls, alleviate pain and maintain independence. No class 7/3. Drop-in Fee: \$7. Fee: \$59. 480-350-5200
62112 16 yrs+ W 6/5-8/21 9:30-10:30 a.m. KRC

Exercise; COMMIT® Dance Fitness

A dynamic, fun-filled HIIT (High Intensity Interval Training)-style dance workout. Each routine focuses on essential fitness elements created to a variety of popular music, from all over the world, that will inspire everyone to get moving. All levels welcome. *No class on 7/2. Drop-in Fee: \$5. Fee: \$52. 480-350-5200
62121 12 yrs+ T 6/4-8/20 6-7 p.m. CSC

Exercise; Core Power

A strong core leads to a powerful body that will make you less prone to injury. Join certified personal trainer Joan, who will guide you through exercises using flex bands, free weights and stability balls. Results include enhanced overall body strength, increased balance, stability and greater flexibility. Suitable for all fitness levels. *No class 7/2. Fee: \$55. 480-350-5200
62119 16 yrs+ T 6/4-8/20* 9-10 a.m. KRC
62120 16 yrs+ T 6/4-8/20* 6:15-7:15 p.m. NCC

Exercise; Pilates Intro

Pilates is an exercise system that strengthens and tones your core, enhances balance and improves posture. Learn the concepts and fundamentals of the Pilates techniques while getting a full body workout. Class starts with a gentle warm-up, evolves into a challenging Pilates mat workout and finishes with a series of stretches. Instructor: Pippa. No class 7/1. Drop-in Fee: \$7. Fee: \$59. 480-350-5200.
62151 16 yrs+ M 6/3-8/19 5:30-6:30 p.m. KRC

Exercise; Pilates & Stretch

Join us for this multi-level class that combines Pilates exercises with effective stretching techniques to increase strength and flexibility for your entire body. Major areas of focus are the core, stability work, coordination, breathing and relaxation. No experience necessary. All levels welcome. Instructor: Pippa. No class 7/1. Drop-in Fee: \$7. Fee: \$59. 480-350-5200
62150 16 yrs+ M 6/3-8/19 6:30-7:30 p.m. KRC

Exercise; Zumba® Fitness

Zumba is a high-energy cardio workout that incorporates unique moves with sizzling Latin dance music. Zumba maximizes caloric output with fat-burning movements and easy-to-follow dance steps. All levels welcome. No class 7/1. Drop-in Fee: \$5. Fee: \$44. 480-350-5200
62176 16 yrs+ M 6/3-8/19 6-6:50 p.m. PAC

Exercise; Zumba®-STRONG by Zumba™

STRONG by Zumba™ combines high intensity interval training (HIIT) with the science of Synced Music Motivation. In every class, music and moves sync in a way that pushes you past your perceived limits, to reach your fitness goals faster. All levels welcome. No class 7/3. Drop-in Fee: \$5. Fee: \$52. 480-350-5200
62122 16 yrs+ W 6/5-8/21 6:30-7:30 p.m. ESCA

Functional Fitness Bootcamp

Class incorporates conditioning, endurance, strength, coordination, balance, agility and flexibility. The workout can be tailored to your abilities. Fee: \$10. Drop-in Fee: \$2. 480-350-5800
62964 18 yrs+ T/Th 8/9-8/29 6:30-7:30 p.m. ESCA

Martial Arts; Goju Shorei Self Defense with Cane

Learn how to use a wooden cane as a legal and practical self-defense weapon. Students will learn basic strikes, blocks and footwork. Prior martial arts experience is recommended but not mandatory. Students may either purchase a cane (\$35) or borrow for use during class. Instructor: Aseem. No class 7/6. Fee: \$60. 480-350-5200
62126 14 yrs+ Sa 6/8-8/31 9:20-10:20 a.m. CRC

Martial Arts; Jujutsu

Learn traditional self-defense techniques such as joint locks, throws, chokes, strikes, blocks, ground fighting, pins and pressure point attacks as practiced by the Doshin (Samurai policeman). Ongoing classes taught by licensed instructors of the Otake Han Doshin Ryu system of Jujutsu. All levels welcome; no prior martial arts training required. *No class 7/4. Fee: \$50. 480-350-5200
62127 16 yrs+ T/Th 6/4-6/27 7:45-9 p.m. CRC
62128 16 yrs+ T/Th 7/2-7/30* 7:45-9 p.m. CRC
62290 16 yrs+ T/Th 8/1-8/29 7:45-9 p.m. CRC

Martial Arts; Karate

Join this Kenpo Karate martial arts class for beginning and intermediate students. Classes begin with a light warm-up and stretch followed by basic kick-punch-block drills. Self-defense techniques are taught, as well as forms (katas) and light sparring (optional). Comfortable clothing is recommended. Instructor: Aseem. *No class 7/6. **No class 7/4. Fee: \$60. 480-350-5200
62129 12 yrs+ Sa 6/8-8/31* 10:35 a.m.-noon CRC
62130 12 yrs+ Th 6/6-8/29** 7-8:25 p.m. NCC

Martial Arts; Karate Lim Kenpo

Strengthen family values in this Karate class designed for the whole family. Students will learn self-defense, respect and manners, increased self-confidence and focus. Ongoing, monthly program. Uniform Fee: \$55 (includes Lim's 3 patches). For more info contact Patrice Lim at 602-525-8472, limkenpo.com. *No class June 6. **No class July 4. ***No class June 7. Fee: \$55. 480-350-5200
62132 13 yrs+ T/Th 6/4-6/27* 6:30-7:30 p.m. ESCA
62133 13 yrs+ T/Th 7/2-7/30** 6:30-7:30 p.m. ESCA
62291 13 yrs+ T/Th 8/1-8/29 6:30-7:30 p.m. ESCA
62131 13 yrs+ W/F 6/5-6/28*** 6:30-7:30 p.m. CRC
62134 13 yrs+ W/F 7/3-7/31 6:30-7:30 p.m. CRC
62292 13 yrs+ W/F 8/2-8/30 6:30-7:30 p.m. CRC

Martial Arts; Wing Chun Self-Defense

Wing Chun is a Chinese martial art that uses the principals of physics and natural body mechanics to defend against larger and stronger opponents. Students will learn chi-sau and other training methods to develop power, positioning, timing and striking/kicking techniques. Class focus is on practical self-defense and flow of motion. Instructor: Norm. Fee: \$25. 480-350-5200
62154 16 yrs+ Su 6/9-6/30 9-10:30 a.m. CRC
62379 16 yrs+ Su 7/7-7/28 9-10:30 a.m. CRC
62437 16 yrs+ Su 8/4-8/25 9-10:30 a.m. CRC
62438 16 yrs+ W 6/5-6/26 11 a.m.-12:30 p.m. KRC
62439 16 yrs+ W 7/10-7/31 11 a.m.-12:30 p.m. KRC
62440 16 yrs+ W 8/7-8/28 11 a.m.-12:30 p.m. KRC

Like Us on Facebook!

facebook.com/TempeRecreation

Activities for Adults (18+ Years)

Yoga; ABC's of Yoga

Take the mystery out of yoga and learn the fundamentals in this easy-to-follow class. The instructor will guide you through the most common poses and how to use equipment for optimal self-care. Come as you are and just bring a positive attitude. Instructor: Nicole. No class 7/2. Fee: \$55. 480-350-5200
62158 16 yrs+ T 6/4-8/20 5:15-6:15 p.m. PAC

Yoga; Ease Your Pain

Join Carol Ann in this functional self-care class designed to develop your muscles to make it easier to perform everyday activities, prevent injury and reduce daily aches and pains. Learn breathing techniques and yoga poses to stabilize your core. You will have all the tools you need to begin your journey of self-care. Beginners and advanced levels welcome. No class 7/3. Fee: \$55. 480-350-5200
62160 16 yrs+ W 6/5-8/21 5:30-6:30 p.m. KRC

Yoga; Easy Does It

Designed for those who are new to yoga and want to learn the fundamentals. Emphasis on the basics of breathing, strengthening, alignment, primary poses and using props. Students will be given tools to practice safely, move pain free and experience new levels of relaxation. Bring your own mat. Instructor: Carol Ann. No class 7/3. Fee: \$55. 480-350-5200
62164 16 yrs+ W 6/5-8/21 6:45-8 p.m. KRC

Yoga; Evening Wind Down

Let go of your day, calm your mind and body. Class is a wonderful and relaxing way to end the day by combining gentle movement using poses to calm nerves and prepare your body for a good night's sleep. Release tension with simple techniques including breathing, meditation and stretching. Suitable for all levels. Bring your own yoga mat. Instructor: Caroline. No class 7/2. Drop-in Fee: \$7. Fee: \$63. 480-350-5200
62162 16 yrs+ T 6/4-8/27 7:30-9 p.m. KRC

Yoga for Everyone

Any level of practitioner can participate in this class. Lengthen and strengthen your muscles to improve alignment and flexibility. You will experience a variety of poses with modifications available for beginners. Core strength, balance and stamina are all things you will cultivate in this class. Instructor: Samantha. No class 7/4. Fee: \$55. 480-350-5200
62159 16 yrs+ Th 6/6-8/22 4:50-5:50 p.m. PAC

Yoga; Healthy Backs (All Levels)

Healthy Backs Yoga is a therapeutic class designed for participants with chronic neck and back pain. Focus on balancing strength and flexibility in the upper back, shoulder blades, neck and lower back. Practice is slow, gentle and suited for all skill levels. No experience necessary. Bring your own yoga mat. Instructor: Tammy. No class 7/3. Fee: \$55. 480-350-5200
62163 16 yrs+ W 6/5-8/21 5-6:15 p.m. PAC

Yoga; Neck/Spine/Posture

If you struggle with neck pain, tight shoulders, or poor posture this class can help you. Learn yoga techniques to help release tension, increase postural awareness and build strength from the spine up. Utilize breathing practices and stretches that focus on strengthening, lengthening and realigning the spine while helping address strain and mobility. Instructor: Joan. No class 7/7. Fee: \$55. 480-350-5200
62166 16 yrs+ Su 6/9-8/25 9:15-10:15 a.m. KRC

Yoga; Restorative with Guided Meditation

Restorative Yoga is a soothing, gentle class where both restorative and yin poses are utilized to remove deep-seated tension. Class culminates in the profound meditative experience of yoga nidra; restful and effortless guided relaxation. Participants will leave class feeling calm and refreshed. Bring your own yoga mat. Instructor: Caroline. No class 7/1. Drop-in Fee: \$7. Fee: \$63. 480-350-5200
62155 16 yrs+ M 6/3-8/26 7:30-8:45 p.m. MUS

Yoga; Restorative with Reiki

Join Tammy, a certified Reiki Master, to heal the body, renew the mind and refresh the soul. Experience deep relaxation with restorative poses and reiki healing energy to reduce stress and fatigue. Yoga props will be used to hold the body in position. Open to all fitness levels. No class 7/2. Fee: \$55. 480-350-5200
62167 16 yrs+ T 6/4-8/20 7:40-8:40 p.m. PAC

Yoga; Slow Flow

This all-levels flow practice mindfully builds strength and flexibility, improves posture and concentration. Breath, mindful movement and posture alignment are integrated. Move in and out of poses in a slow, breath-centric rhythm, using focused transitions. Get a total-body workout at a slow flow pace. Bring your own yoga mat. Instructor: Caroline. No class 7/1. Drop-in Fee: \$7. Fee: \$63. 480-350-5200
62169 16 yrs+ M 6/3-8/26 6-7:30 p.m. MUS

Yoga; Slow & Gentle

Perfect for beginners and those wanting a slow, meditative and gentle yoga class. Increase flexibility, joint mobility and agility. Incorporate breathing exercises along with visualization techniques for stress reduction. Poses are modified and may be done with props. Bring your own yoga mat. Instructor: Tammy. No class 7/1. Fee: \$59. 480-350-5200
62168 16 yrs+ M 6/3-8/19 10:30 a.m.-noon KRC

Yoga; Soothing Spine

Unwind and realign your spine with nurturing yoga poses to eliminate shoulder tension, neck and back pain. Focus on preserving the curve in your spine with stretching, breathing and alignment techniques using yoga poses and props. Move pain free and relax while gaining more flexibility and balance. Practice is slow and soothing. All levels. Instructor: Nicole. No class 7/6. Drop-in Fee: \$7. Fee: \$55. 480-350-5200
62170 16 yrs+ Sa 6/8-8/24 9:15-10:30 a.m. KRC

Yoga; Stretch and Relaxation

A total-body, mat-based, stretching class with guided meditation. Stretch your body from head-to-toe using a variety of safe exercises. Increase your range of motion and flexibility, reduce back pain and improve posture. Positively transform the way your body looks, feels and performs. All levels welcome. Bring a yoga mat to class. No class 7/4. Drop-in Fee: \$7. Fee: \$55. 480-350-5200
62172 16 yrs+ Th 6/6-8/22 9-10 a.m. KRC

Yoga; Therapeutic

Learn to move with grace and ease while using basic breathing exercises and simple yoga poses to help relax your head, neck, shoulders and back. This class will flow at a slower pace and students of all experiences and backgrounds are welcome to attend. Bring your own yoga mat. *No class 7/1. **No class 7/3. 480-350-5200
62174 16 yrs+ M 6/3-8/26* 4:45-5:45 p.m. PAC \$60
62448 16 yrs+ M 6/3-8/19* 6:15-7:15 p.m. NCC \$55
62173 16 yrs+ W 6/5-8/21** 6:15-7:15 p.m. NCC \$55

Yoga; Tone and Core

A perfect way to refine your body from the inside out. Emphasis will be on strengthening the body from the deep center by using a variety of yoga postures as a guide. Target and challenge the muscles of the back, abdominals, hips and glutes. Bring your own yoga mat. Instructor: Diane. No class 7/2. Drop-in Fee: \$7. Fee: \$63. 480-350-5200
62175 16 yrs+ T 6/4-8/27 6-7:30 p.m. KRC

Activities for Adults (18+ Years)

Yoga; Yin and Yoga Nidra

Yin yoga is a soothing and relaxing practice of gentle poses held for 3-5 minutes. This allows the body to relax and release the connective tissues. Class will end with the yoga of sleep (nidra) for deep healing and relaxation.

Instructor: Tammy. No class 7/4. Fee: \$59. 480-350-5200

62165 16 yrs+ Th 6/6-8/22 7:10-8:40 p.m. PAC

Yogilates

Yogilates combines Yoga and Pilates practices offering the best of both worlds. Exercises will cultivate proper breath use, strength, stamina, stability and flexibility while also emphasizing the deep muscles of the core. No experience necessary. Class taught by certified Yoga/Pilates instructor. Bring your own yoga mat. Instructor: Diane. No class 7/1. Fee: \$55. 480-350-5200

62157 16 yrs+ M 6/3-8/19 6-7 p.m. PAC

Special Interest

Citizenship Class

Come join us to practice for the U.S. Citizenship test. Here you will learn about local resources, discuss interview tips and more. This 3-part course meets through the month of July. Over the course of the month we'll be covering all 100 of the history and civics questions asked on the Naturalization Test.

Registration is not required. Fee: None. 480-350-5500

No Code 18 yrs+ Th 7/11-7/25 2-3 p.m. LMRB



Cooking Demonstrations with Adrienne DiSalvo

Adrienne has 30 years of experience as a world traveler, home cook, personal chef and private caterer. She is well versed in traditional cooking and baking, ethnic specialties, comfort food, solar cooking and more. Sample every dish; a \$5 materials fee is due at the beginning of each class. Fee: \$25 per class; includes printed recipes. 480-350-5200

New! Cooking Demonstration: All American Apple Pie

Learn the secret to making a perfect crust while Adrienne prepares a traditional apple pie, Dutch apple pie, apple pie bars and bumblebee cookies (to use up left-over pie crust). Sample every dish. Materials fee: \$5; due to instructor.

Fee: \$25.

62115 16 yrs+ M 7/1 6-8 p.m. CSC

New! Cooking Demonstration: Breads

Adrienne will create unique breakfast breads and discuss how to not kill the yeast in traditional breads. Sample an apple bread, strawberry bread, a "no knead" bread, challah bread and mock Cinnabon. Materials fee: \$5; due to instructor. Fee: \$25.

62118 16 yrs+ M 8/26 6-8 p.m. CSC

New! Cooking Demonstration: How to Host an Afternoon Tea

Have you ever wanted to throw a tea party, but were just too intimidated? Learn how to choose the proper tea for the season, make finger sandwiches, scones and dainty desserts that will impress your favorite guests. Materials fee: \$5; due to instructor. Fee: \$25.

62117 16 yrs+ M 7/29 6-8 p.m. CSC

New! Cooking Demonstration: Meat Lovers

Learn grilling techniques to make perfect pulled pork, ribs and brats. Make chorizo meatballs for quick breakfast burritos and hearty dips for game day. Sample every dish. Materials Fee: \$5; due to instructor. Fee: \$25.

62113 16 yrs+ M 6/3 6-8 p.m. CSC

New! Cooking Demonstration: Solar Cooking

Learn how to build your own solar oven for camping, emergencies or everyday use. Learn how to pasteurize water. You will see 3 types of solar ovens in action and will sample a meal cooked in the sun. A portion of the class will be outside, sun protection is advised. Materials fee: \$5; due to instructor. Fee: \$25.

62116 16 yrs+ Sa 8/17 1-4 p.m. CSC

New! Cooking Demonstration: Summer Salads

Don't sweat it; turn off the oven and join Adrienne as she creates cool summer salads that are an entire meal. Also sample other cold soups and summer meal ideas that will warm your heart. Materials Fee: \$5; due to instructor. Fee: \$25.

62114 16 yrs+ M 6/17 6-8 p.m. CSC

New! DSLR Photography

You'll never shoot in auto again after learning how to best use concepts like Aperture, Speed and ISO. Mix-in discussions about composition and photo reviews and you'll leave with a renewed confidence in your photography. Classes will conclude with a student photo-sharing opportunity; bring DSLR camera and manual to class. No class 7/6, 7/20. Fee: \$60. 480-350-5200

62384 14 yrs+ Sa 6/22-8/17 9:15-10:45 a.m. PAC

ESL Table Talk

Do you want to improve your English? We meet once a week to learn and improve common vocabulary, phrasing and discuss American culture. Basic English reading, writing and speaking skills are required. Registration is not required. Fee: None. 480-350-5500

No Code 18 yrs+ M 6/3-8/26 1-2 p.m. LMRB

Got Game: @ Tempe Public Library

Do you like to play video games? If you're the type of person who finds gaming to be a fun hobby, or if you're looking to meet new people, then this is the program for you. Meet at the library for two hours of gaming fun. Registration is not required. Fee: None. 480-350-5500

No Code 18 yrs+ M 6/3-8/26 5:30-7:30 p.m. LMRA

JuggleMania!

Please see page 15 for a complete description and class times.

Knitting: Beginning

Explore knitting techniques: knit, purl and bind-off. Knit multi-textured projects that you may show off, or to give as gifts. Learn how to read patterns. With instructor's guidance, discover new projects. To view a list of materials, as well as supply vendors, visit tempe.gov/ClassMaterials. *No class 7/3. Fee: \$28. 480-350-5200

62381 14 yrs+ W 6/12-7/10* 6-7:30 p.m. PAC

62418 14 yrs+ W 7/31-8/21 6-7:30 p.m. PAC

Maximize Your Irrigation

Each summer, water usage peaks in July or August and utility bills skyrocket. Learn how to maximize your irrigation with practical tips and strategies.

Instructor: Jeff Lee, irrigation specialist. Attend to earn Summer Reading points: tempepubliclibrary.org/SummerReading. Registration is not required. Fee: None. 480-350-5500

No Code 18 yrs+ Sa 7/13 2-4:30 p.m. LMRA

Activities for Adults (18+ Years)

Monsoon Gardening

During the monsoon rainfall and higher humidity create an opportunity in your garden. Learn what grows under these challenging conditions and create a beautiful, seasonally appropriate garden. Instructor: Emily Heller, Master Gardener and farmer. Attend to earn Summer Reading points: tempepubliclibrary.org/SummerReading. Registration is not required. Fee: None. 480-350-5500

No Code 18 yrs+ W 7/10 6-7:30 p.m. LMRA

One-On-One Job Help

Receive personal assistance in creating resumes, searching for and applying for jobs online, and with other individual employment needs. Assistance is limited to 30-minute sessions. Meets every Tuesday. Appointments can be made at the library or by visiting tempepubliclibrary.org/LibraryJobLink. Fee: None. 480-350-5500

No Code 18 yrs+ T 7/2-8/27 2-4 p.m. LBRIC

Pets; Basic Dog Obedience (6 mos+)

Teach your dog how to follow basic commands. Class focuses on socialization, working with distractions and addresses nuisance behaviors like barking and jumping. No dogs week one; first class includes paperwork, vaccination verification and Q & As. Training is by Perfect Pooch, perfectpoochaz.com. Instructor Fee: \$80; due at first class. Fee: \$25. 480-350-5200

62431 16 yrs+ Th 5/16-6/20 7-8 p.m. TSC

Pets; Intermediate Dog Obedience (6 mos+)

Gain control of your dog in this class designed to take basic obedience to the next level. Work with the heel command, as well as urgent come and long stay with distractions. Your dog will socialize, learn pack skills and play structured games. No dogs week one. perfectpoochaz.com. Prerequisite: Basic Obedience. Instructor Fee: \$80; due at first class. Fee: \$25. 480-350-5200

62441 16 yrs+ Sa 4/27-6/1 9-10 a.m. PDP

Pets; The Perfect Pooch Puppy Class (0-6 mos)

Come join the fun with your puppy. Learn to establish rules and boundaries while learning how to socialize your puppy. Touch, sounds and experiences are a must for a well-balanced dog. Introduce basic commands like sit, stay, walking on a leash and more. No dogs week one. perfectpoochaz.com. Fee: \$80; due at first class. Fee: \$25. 480-350-5200

63492 16 yrs+ F 5/17-6/21 7-8 p.m. TSC

Sewing Classes

A sewing machine is encouraged for the classes below. If you don't have a machine, the City has a limited amount available for use; machines may not be removed from classrooms and are only available for use during classroom hours. All students must bring required materials to the first class. To view a list of materials, as well as supply vendors, visit tempe.gov/ClassMaterials.

Sewing; Alterations Workshop

Learn how to repair a variety of clothing items from dresses to skirts, to pants and men's jackets. Workshop includes tapering and hemming. Bring fitted garments to workshop that are the correct length and may be used as baselines to hem other projects. Basic sewing supplies are needed. Kathleen. Fee: \$25. 480-350-5200

62411 8 yrs+ Sa 6/15-6/22 9 a.m.-noon PAC
63130 8 yrs+ Th 8/1-8/8 5:30-8:30 p.m. PAC

Sewing; Intro to Quilting

Whether you are looking to create one-of-a-kind décor, or an heirloom piece, learn how to manipulate and preserve old clothing and fabrics to showcase in a personalized quilt. Explore layouts and use your imagination to design personalized quilt squares bursting with color and full of texture and flair. Kathleen. No class 7/6. Fee: \$45. 480-350-5200

62412 8 yrs+ Sa 6/29-8/3 9:30 a.m.-noon PAC

Sewing; Open Studio

A self-paced class for those who are looking to complete an existing project or may need guidance beginning a new project. Studio class is open to all sewing students with a working knowledge of basic skills and techniques. An experienced instructor will be available to help with your projects; bring your patterns and materials to class. Kathleen. Fee: \$25. 480-350-5200

62413 8 yrs+ Sa 6/1-6/8 9 a.m.-noon PAC
62433 8 yrs+ Sa 8/17-8/24 9 a.m.-noon PAC

Sewing; Parent/Child

Please see page 16 for a complete description and class times.

Sewing; Sewing 101-Beginner

Learn to hand-sew and use your machine. You will be introduced to three basic hand-sewing stitches and machine techniques while creating custom projects. Bring basic sewing supplies and a sewing machine. Taught by a professional seamstress/evening wear designer. For a list of materials, visit tempe.gov/ClassMaterials. Kathleen. No class 7/1. Fee: \$45. 480-350-5200

62410 14 yrs+ M 6/17-7/22 6-8:30 p.m. PAC

Sewing; Sewing 102-Intermediate

Mastered the basics of Sewing? Enhance your skills; sew from a pattern. Sewing from a pattern will provide you with many options for creating garments, costumes, soft furnishings, toys and other items. Learn about sizing, alterations, seams, grain lines, button markings and more. Bring a pattern, tracing wheel and paper. Kathleen. No class 4/1. Fee: \$45. 480-350-5200

62432 14 yrs+ M 7/29-8/26 6-8:30 p.m. PAC

Spanish Classes

All Spanish students must bring the appropriate required book to the first class. To view a complete list of class materials, as well as a list of supply vendors, visit tempe.gov/ClassMaterials. 480-350-5200

Passport to Spanish

An interactive introduction to Spanish. Learn basics of reading, speaking and writing. Prepare for travels as you build your vocabulary through pronunciation and reading. Required book: "Easy Spanish Step-By-Step," by Barbara Bregstein. ISBN-13: 978-0071463386. Instruction by Mi Escuela Spanish Academy, Facebook.com/MiEscuelaSpanishAcademy. No class 7/3. Fee: \$60. 480-350-5200

62407 15 yrs+ W 6/26-8/21 5:30-6:45 p.m. PAC

Spanish; Level 2

Build on the fundamentals learned in Passport to Spanish with every day, informal conversation. Move beyond basics to explore verb conjugation, tenses, vocabulary, and improve your reading and speaking skills. Required book: "Easy Spanish Step-By-Step," by Barbara Bregstein. ISBN-13: 978-0071463386. Facebook.com/MiEscuelaSpanishAcademy. No class 7/3. Fee: \$60. 480-350-5200

62415 15 yrs+ W 6/26-8/21 7-8:15 p.m. PAC

Pick Up the Fall Brochure

August 6!

Activities for Adults (18+ Years)



809 E. Southern Avenue
480-350-5100

All programs are free and open to the public.

Thursday, 4/18; 7 p.m.

THIRD THURSDAY at the MUSEUM

An Evening with TIDES OF INDIA 2019: What Washed Ashore

Join Swarna Sitaraman as she presents an exhibit of some of the art forms of India. She will lead an interactive workshop and demonstration of one of the art forms for participants. Enjoy the best local dessert and coffee and a guaranteed fun evening. Open to the public; donations welcome.

Saturday, 4/20; 7 p.m.

PERFORMANCES at the MUSEUM

The Lonesome Wilderness

The Lonesome Wilderness is a Phoenix-based rock band, formed in 2011. Members include sex-panther Joe Golfen, his time-traveling brother Paul, rocknrolla Andrea Custer and Baron Brian Weis. They originally drew their sound from surf, punk and 1960s influences, but while their backs were turned, some southwestern dust seeped under the door. You can find them playing shows on ramshackle stages in dirt lots, backyards and dark bars – or occasionally at a local museum. Meet the band in a Q&A session after the show.

Friday, 5/3; 7 p.m.

PERFORMANCES at the MUSEUM

We3

We3 features Renee Grant Patrick, vocals - Suzanne Lansford, violin - and Nicole Pesce, piano. When vocalist Renee Grant Patrick, daughter of the late George Grant (who traveled the world singing lead tenor for the Ink Spots in the 80s & 90s) lost her father in January of 2016, she combined talents with Suzanne Lansford and Nicole Pesce to pay tribute to some of their favorite Ink Spots' songs, one of them being "We Three." Enjoy nostalgia and more, when these three powerful talents come together.

Saturday, 5/4; 3 p.m.

PERFORMANCES at the MUSEUM

Clarinetists Katie Palmer and Jonathan Robinson Azure Family Concert with Tetra String Quartet

Tetra welcomes guest clarinetists Katie Palmer and Jonathan Robinson for a fun-filled program featuring music for strings and winds. Presented by the Tetra String Quartet, Azure Concerts are fun, friendly and engaging performances tailored to children and young adults who are on the autism spectrum or have similar challenges. Azure concerts are approximately one hour in length. Family members and caregivers of all ages are welcome to attend. The performance will be followed by an instrument petting zoo. Free tickets are available at tetraquartet.org/azure.

Tuesday, 5/14; 6:30 p.m.

Featured Exhibit Gallery Opening Walking Mill Avenue

Discover the origins of Tempe's Main Street. Refreshments will be provided. Exhibit runs through March 29, 2020.

Thursday, 5/16; 7 p.m.

THIRD THURSDAY at the MUSEUM

An Evening with Casual Alien: Synthesizer, Vocals and Cosmic Drumming

Casual Alien began as the recording project of Don "Doc" Boles, and the live band began as a rave act and outdoor feature in the Tempe AZ university entertainment district. Now the band features Amy Andrews, female vocals and dancer, and Dave Marshall, percussionist. With influences of psy-trance and EDM, the band is gravitating (get it?) towards playing festivals. Stage personas are tongue-in-cheek as the band performs as aliens, and the music is beyond conventional. Doc has provided the music and synced digital videos with beautiful evolving abstracts. Join us for the best local dessert and coffee and an event that is part artist portrait, part history lesson, part community forum and part creative event. Open to the public; donations welcome.

Sunday, 5/19; 5 to 9 p.m.

PERFORMANCES at the MUSEUM

Unity through Community presents: U-Nite at the Museum

Join non-profit group Unity Through Community for U-Nite at the Museum: a Spring art & music event. Engage in an interactive art walk, education stations, live local music and pet adoptions. Hear solo artists on the outdoor stage and full bands on the inside stage. Artists of all ages will display their works in a range of media. Families will enjoy games, face-painting and small-scale water activities.

Friday, 5/24; 7 p.m.

PERFORMANCES at the MUSEUM

Sonoran Marimba Band

The Sonoran Marimba Band is a quartet comprised of long-time veteran percussionists-Sonja Branch, Jeremy Muller, Douglas Nottingham and Brett Reed. Each have been active in the Phoenix area as performers, teachers and composers in all genres of percussion ranging from classical, jazz and rock to world music. The group is committed to enthusiastic community engagement to promote a diversity of music and a greater awareness of the marimba and its place in modern music. Meet the band in a Q&A session after the show.

Saturday, 7/6; 7 p.m.

PERFORMANCES at the MUSEUM

A Celebration of American Independence Day with the Pangean Orchestra

The Pangean Orchestra was born from the desert in 2010. Since then, their groundbreaking sound and incredible ability to harmonize seemingly incompatible instruments have been inspiring audiences, music lovers and musicians around the world. On July 6th, founder Colin O'Donohoe will lead many original members from the Pangean movement in an unforgettable one-time only event. With musicians from all over the world, they deliver a message of peace through the international language of music. What makes the USA such a great country is that we have people from everywhere. We can't think of anything more American than the Pangean Orchestra.

**Wednesdays, June 5-26 & July 10-31, 10 a.m.-2 p.m.
Tempe Time Machine: Walking Mill Avenue**

Youth and their families can get hands-on with crafts, interactive activities, stories, games and live demonstrations from 10 a.m.-2 p.m. every Wednesday in June and July (except July 3). Feature performances or demonstrations take place at 11 a.m. and 1 p.m. Groups of 10 or more are welcome and it is suggested that you call 480-350-5100 to schedule a time.

Activities for Adults (18+ Years)

Sports

Adult Sports Leagues

City of Tempe Adult Sports offers a variety of sports leagues for ages 18 and older that accommodates all play styles and competitive skill levels, whether you are looking for a fun, recreational experience, a competitive experience or maybe somewhere in the middle. Check out our upcoming leagues below. For more information about the leagues, rules and registration visit tempe.gov/AdultSports, call 480-350-5249 or e-mail adultsports@tempe.gov.

Individual Free Agents

Looking to be active and involved in sports but don't have a team you can register? Email adultsports@tempe.gov or call 480-350-5238 and we can add you to the free agent pool list and put you in contact with teams who are looking for additional players. We accept individuals looking for recreational to highly competitive leagues.

Basketball; Men's League

Lace up the sneakers and step on the court for a 7-week season of 5 vs. 5 basketball. Each season is followed by a single-elimination tournament. Multiple divisions are offered to appeal to different levels of play, from recreational (Bronze) to intermediate (Silver) to highly competitive (Gold). Teams register to play on one specific day.

No Code	18 yrs+	M	6/10-8/12	6:30, 7:20 8:10, 9 p.m.	KRC-Gold
No Code	18 yrs+	M	6/10-8/12	6:30, 7:20, 8:10 p.m.	ESCA-Silver
No Code	18 yrs+	T	6/11-8/13	6:30, 7:20, 8:10 p.m.	WCC-Gold
No Code	18 yrs+	W	6/12-8/14	6:30, 7:20, 8:10 p.m.	ESCA-Silver
No code	18 yrs+	Th	6/13-8/15	6:30, 7:20, 8:10 p.m.	NCC-Bronze

Co-Rec Soccer 11 vs. 11

Join us on the pitch for a 7-week season of Co-Rec 11 vs. 11 soccer. Each season is followed by a single-elimination tournament. Multiple divisions are offered to appeal to different levels of play, from recreational to intermediate to highly competitive. Teams register to play on one specific day.

No Code	18 yrs+	M	9/9-11/18	6:30 & 8:15 p.m.	TSC/BEN
No Code	18 yrs+	W	9/4-11/13	6:30 & 8:15 p.m.	TSC/BEN

Soccer 6 vs. 6

Enjoy soccer but looking for a smaller field size? 6 vs. 6 soccer is perfect for all competitive play levels, whether you want to just play for fun or you are looking for a fast-paced competitive experience. The 7-week season is followed by a single-elimination tournament.

No Code	18 yrs+	Th	9/5-11/7	6:30, 7:30 & 8:30 p.m.	TSC/BEN
---------	---------	----	----------	------------------------	---------

Softball

Whether you are looking to have fun or you are wanting a competitive experience, softball has a variety of options available with multiple divisions offered each night. We offer both Men's and Co-Rec divisions in a 6- or 7-week regular season format followed by a tournament. Single-Headers play one game per week, Double-Headers play two games back-to-back per week. Teams register to play on one specific day. Registration will begin in July.

Co-Rec Singles

No Code	18 yrs+	F	9/6-11/1	6:30, 7:30, 8:30, 9:30 p.m.	KTWB/TSC
No Code	18 yrs+	Su	9/8-11/3	6, 7, 8 & 9 p.m.	KTWB/TSC

Co-Rec Lite Double-Headers

No Code	18 yrs+	T	9/3-10/22	6:30, 7:30, 8:30, 9:30 p.m.	KTWB/TSC
---------	---------	---	-----------	-----------------------------	----------

Co-Rec Double-Headers

No Code	18 yrs+	F	9/6-10/25	6:30, 7:30, 8:30, 9:30 p.m.	KTWB/TSC
No Code	18 yrs+	Su	9/8-10/27	6, 7, 8 & 9 p.m.	KTWB/TSC

Men's Double-Header

No Code	18 yrs+	M	9/9-10/28	6:30, 7:30, 8:30, 9:30 p.m.	KTWB/TSC
No Code	18 yrs+	T	9/3-10/22	6:30, 7:30, 8:30, 9:30 p.m.	KTWB/TSC
No Code	18 yrs+	W	9/4-10/23	6:30, 7:30, 8:30, 9:30 p.m.	KTWB/TSC
No Code	18 yrs+	Th	9/5-10/24	6:30, 7:30, 8:30, 9:30 p.m.	KTWB/TSC

Archery Classes

Please see page 17 for a complete description and class times.

Basketball; Adult Open Gym Basketball

Come play indoors. Court will be available for open play. Players must have a free facility membership and a valid fitness pass. A registration form and photo ID are required on the first visit. Drop-In Fee: \$1.

(3-month pass \$10, annual pass \$25). 480-350-5800

No Code	18 yrs+	T	Ongoing	6:30-9 p.m.	ESCA
No Code	18 yrs+	Su	Ongoing	3:30-6 p.m.	ESCA

Basketball: Women's Summer League - Westside

Registration: 2/11, 8 a.m. - Must register in person. ESCA

League Begins: 4/22

Location: WCC

Team Fee: \$300

Individual Fee: \$50

Individual Registration Code: 62951

Contact: Jennifer Gall 480-350-5805

Basketball: Women's Fall League - Escalante

Registration: 7/22, 8 a.m. Must register in person. ESCA

League Begins: 9/9

Location: ESCA

Team Fee: \$300

Individual Fee: \$50

Individual Registration Code: 63306

Contact: Jennifer Gall 480-350-5805

Golf; Golf 101 - Beginner

Have you always wanted to learn how to play golf but never made the time? Come learn the fundamentals of golf from a PGA professional. Students will learn the rules, proper etiquette of golf, stance, grip and swing technique.

Participants are encouraged to bring their own clubs; clubs may also be borrowed from the instructor. Meet in Clubhouse. Fee: \$50. 480-350-5200

62385	18 yrs+	Sa	6/8-6/29	9-10 a.m.	RHGC
62386	18 yrs+	Sa	7/6-7/27	9-10 a.m.	RHGC
62420	18 yrs+	Sa	8/3-8/24	9-10 a.m.	KMGC

Register for Classes Online!
tempe.gov/Brochure

Activities for Adults (18+ Years)

Golf; Golf 102 - Intermediate

Designed for those who have already taken Golf 101 or need to dust-off their clubs and get back in the game. Class is taught by a PGA professional who will help you gain a better understanding of equipment, how to perfect your golf swing, as well as on-course management. Students are encouraged to bring their own clubs. Meet in Clubhouse. Fee: \$50. 480-350-5200

62387	18 yrs+	Su	6/9-6/30	9-10 a.m.	KMGC
62388	18 yrs+	Su	7/7-7/28	9-10 a.m.	KMGC
62421	18 yrs+	Su	8/4-8/25	9-10 a.m.	RHGC

Pickleball; Drop-In, North Tempe Multi-Generational Center

There are two courts which are open for recreational drop-in games. All players must have a free facility membership and a valid fitness pass. Fee: \$1 (3-month pass \$10, annual pass \$25) 480-858-6500

No Code	18 yrs+	M/Th	Ongoing	8 a.m.-noon	NCC
No Code	18 yrs+	T	4/23-8/6	8 a.m.-noon	NCC
No Code	18 yrs+	T	Ongoing	6-9 p.m.	NCC

Rock-Climbing; Rock-Climbing and Rappelling

Basic instruction of the fundamentals and techniques of rock-climbing, as well as knot-tying and methods of belaying. Class participants need to arrive 15 minutes prior to the start of class to be fitted for shoes and to complete a waiver form.

Fee: \$48. 480-350-5200

62408	16 yrs+	W	6/12-6/26	6:30-9:30 p.m.	ROC
62409	16 yrs+	W	7/10-7/24	6:30-9:30 p.m.	ROC
62436	16 yrs+	W	8/7-8/21	6:30-9:30 p.m.	ROC

Volleyball; Drop-In, Escalante/North Tempe

Bring your friends for a fun game of volleyball. Players of all levels are welcome. Players must have a free facility membership and a valid fitness pass. A registration form and photo ID are required on the first visit. Fee: \$1 (3-month pass \$10, annual pass \$25). Escalante 480-350-5800

North Tempe 480-858-6500

No Code	16 yrs+	Th	Ongoing	7:30-9 p.m.	ESCA
No Code	16 yrs+	Su	Ongoing	1-4 p.m.	ESCA
No Code	16 yrs+	W	Ongoing	6-9 p.m.	NCC

Volleyball Drop-In; Kiwanis Recreation Center

The Kiwanis Recreation Center offers coed drop-in volleyball for ages 16 yrs+. Teams are formed on-site; learn rules at sign-up. Fee: \$4. 480-350-5201.

No Code	16 yrs+	Su	6/2-8/25	11 a.m.-2:30 p.m.	KRC
---------	---------	----	----------	-------------------	-----

Volleyball League Information www.tempe.gov/kiwanis

League Registration Dates

Resident Teams:	4/22-5/22
Non-Residents Teams:	4/25-5/22
League Dates (T/W):	6/11-7/30 No play 7/2, 7/3
Tournament Dates:	8/6-8/14

Women's A:	62449
Co-Rec B:	62450

Cost: \$325 per team.

Each team guaranteed 7 games plus 1 tournament.

No individual registration will be taken. For more information, visit our website at tempe.gov/kiwanis or contact carmen_sanchez@tempe.gov.

Dog Parks



Tempe offers recreation for your canine companions. Visit one or all of our off-leash activity areas!

To view information about Basic Dog Obedience classes, see the Activities for Adults (18+ Years)

Clark Park

19th St. & Roosevelt St.

Creamery Park

8th Street and Una Avenue

Jaycee Park

5th Street and Hardy Drive

Mitchell Park

9th Street and Mitchell Drive

Papago Park

Curry Road and College Avenue

Tempe Sports Complex

Carver Road and Hardy Drive

