These programs are designed for children and adults with intellectual and physical disabilities. Individuals may register for programs at the Recreation Office, 3500 S. Rural Road. Suite 201.

If you require special accommodations for these or additional City of Tempe programs, contact Samantha Mason, Adapted Recreation Coordinator, at 480-858-2469; for TDD, call 480-350-5050.

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## Boating

### Adapted Kayaking

For athletes, new and experienced, kayaking will focus on learning basic and advanced paddling strokes and techniques. Practices meet at the Tempe Town Lake Marina. Athletes are required to participate in the mandatory kayaking water safety test if they have not previously passed the test. Fee: $30.

480-858-2469

### Mandatory Testing

<table>
<thead>
<tr>
<th>Test Type</th>
<th>Age 16+</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Practice</td>
<td>62065</td>
<td>4/3-5/22</td>
<td>5-6:30 p.m.</td>
</tr>
</tbody>
</table>

### Social Dance

The second Friday of each month is our themed social dance, featuring a DJ playing a mix of current hit songs and favorite classics. Paid admission includes entering your name into a door prize drawing, which is typically held around 8 p.m.

**When:** March 8  
**Time:** 6:30-9 p.m.  
**Where:** Edna Vihel Activity Center, 3340 S. Rural Rd.  
**Fee:** $4 at the door

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## Friday Night Social Activities

Friday Night Social Activities are the first two Fridays of each month and are for individuals with intellectual/developmental disabilities ages 13 and older.

The activities promote socialization and fun and they are great opportunities to get together with friends as well as meet new people. Any participants requiring direct supervision should come with a responsible adult. Transportation is not provided by the City of Tempe to and from the Friday Night Socials. Please ensure that participants have reliable forms of transportation and are scheduled for pick by the scheduled end time of the activity.

Supervising staff/adults do not have to pay admission fees. Fees vary between $2-4 and are paid at the door. There is no advance registration.

The first Friday of each month rotates between Bingo, Karaoke, Movie Night or another social activity. The second Friday of each month is a themed social dance.

### Karaoke

Come and sing your favorite tunes, play ping pong or shoot some pool in the billiards room. We have a selection of Karaoke music to choose from, or you can bring your own music on a CD or mp3 player.

**When:** March 1  
**Time:** 6:30-9 p.m.  
**Where:** Pyle Adult Center, 655 E. Southern Avenue  
**Fee:** $3 at the door

### Social Dance

The second Friday of each month is our themed social dance, featuring a DJ playing a mix of current hit songs and favorite classics. Paid admission includes entering your name into a door prize drawing, which is typically held around 8 p.m.

**When:** March 8  
**Time:** 6:30-9 p.m.  
**Where:** Edna Vihel Activity Center, 3340 S. Rural Rd.  
**Fee:** $4 at the door

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## Make A Difference  
**Volunteer!**

[tempe.gov/volunteer](http://tempe.gov/volunteer)

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Tempe Opportunities Brochure  
Register online: tempe.gov/brochure
Adapted Recreation

L.E.A.P. After-School Program

The Life Skills Enrichment After-School Program for middle/high school students with developmental disabilities in the Tempe Elementary and Union High School Districts. The program follows the school year calendar and takes place M-F until 6 p.m.; transportation is provided to the program site from the student’s school. Students will participate in recreational activities that promote physical exercise, social skills development and other benefits; while supervised in a 1:4 staff-to-student environment.

We are an authorized DDD provider; contact your case manager for authorization. Please contact Samantha Mason, Adapted Recreation Coordinator, at 480-858-2469 or email samantha_mason@tempe.gov, for more information regarding the program and how to register.

No Code 11-21 yrs M-F 1/7-5/22 2-6 p.m.

Tempe Special Olympics

Team Tempe Special Olympics
Youth (8 yrs+) and adults with intellectual disabilities are invited to join Special Olympics Arizona to learn sportsmanship and teamwork while achieving their personal goals. Athletes of all skill levels are encouraged to participate. For more information and individuals who are completely new to a sport, please contact Samantha Mason at 480-858-2469 or email samantha_mason@tempe.gov.

A Special Olympics Medical Release Form signed by a medical examiner (good for three years) is required for all athletes to participate, as well as a City of Tempe registration form. Visit tempe.gov/adaptedrecreation for registration information and to download medical consent forms.

Advance registration is recommended. Participants can also register on-site.
- Register on-line at www.tempe.gov/brochure (use the program registration code).
- Register in person at the Recreation Office, 3500 S. Rural Rd., Suite 201 (2nd floor of Library), Pyle Adult Recreation Center, 655 E. Southern Ave., or another City facility that processes registration.

Special Olympics-Powerlifting
Athletes will participate in a workout regimen to build strength and train to compete in the deadlift and bench press events under the supervision of experienced powerlifting coaches. Practices are held at Performance One Advanced Sports Training, 916 E. Baseline Road Suite 130, Mesa 85204. Space is limited. 2/23 class will be held 11 a.m.-12:30. Fee: $10. 480-858-2469 62054 16 yrs+ Sa 2/23-4/27 noon-1:30 p.m.

Special Olympics Track & Field
From a variety of throwing events to walking and running events, track and field has options that will appeal to all ability and skills levels while keeping athletes active and engaged. Practices held at Marcos De Niza High School track and field area. No practice 3/14. Fee: $10. 480-858-2469 62052 8 yrs+ Th 2/21-4/25 5:15-6:30 p.m.

Special Olympics Volleyball
A great sport for all ability and skills levels. Practices will focus on athletes learning the fundamental skills of volleyball and in turn using those learned technique in scrimmages and matches. Practices held at Aspire Volleyball Gym, 8350 S. Kyrene Rd. #107, Tempe 85284. No practice 3/16, 4/20. Fee: $10. 480-858-2469

Beginning 62055 8 yrs+ Sa 3/2-4/27 3-4 p.m.
Advanced 62056 8 yrs+ Sa 3/2-4/27 4-5 p.m.