



LEARN HOW TO SAVE A LIFE WITH HANDS-ONLY CPR

**Saturday, Aug. 16
1 - 4 pm
Meeting Room A**

Anyone Can Learn CPR - And Everyone Should

A training instructor will teach a class on Hands-Only CPR. This form of CPR reduces fatigue in the provider and avoids some of the contact issues of traditional CPR. Attendees will receive a card showing that they took the class.

- 1st Part: Lecture for all attendees**
- 2nd Part: Practical instruction sessions**
(limit of 30 per each session)