

Adapted Recreation

Registration begins August 11; classes begin September 2 unless noted otherwise within class descriptions.

No classes November 11, 27 or 28. To view a list of class location abbreviations, see page 2.

These programs are designed for children and adults with intellectual disabilities. Individuals may register for programs at the Parks and Recreation Office, 3500 S. Rural Road. If you require special accommodations for these or additional City of Tempe programs, contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469; for TDD, call 480-350-5050.

L.E.A.P. After-School Program

L.E.A.P. (Life Skills Enrichment After-School Program) is an after-school program for high school students with developmental disabilities in the Tempe Union High School District. The program is held Monday through Friday until 6 p.m. during the school calendar year; transportation is provided to the program site from the student's school. Students will participate in a variety of engaging activities that promote physical exercise, social skills development and other benefits while supervised in a 1:4 staff-to-student environment.

We are an authorized DDD provider; contact your case manager for authorization. Please contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469 or Josh_Bell@tempe.gov, for more information regarding the program and how to register.

NO CODE 10-21 yrs M-F 8/4-12/19 2:30-6 p.m.

Health & Fitness

Adapted Sportball

The adapted Sportball program provides an array of skill-building opportunities for participants with developmental disabilities. Adapted Sportball improves physical and social skills, self-image and self-concept, while developing attention and listening skills. Required Supply Fee: \$15. Fee: \$43. 480-858-2469

41527	6-12 yrs	Sa	8/30-10/4	2-3 p.m.	KRC
41528	6-12 yrs	Sa	10/11-11/8	2-3 p.m.	KRC
41529	6-12 yrs	Sa	11/15-12/20	2-3 p.m.	KRC

Zumba

Zumba is a high-energy, cardio workout that incorporates unique moves with upbeat Latin and international music. This class is designed for all experience levels and helps you reach healthy goals by using easy-to-follow dance steps in a fun environment. Individuals must be independently mobile to participate. Those needing extra supervision must provide their own aide. *No class 11/25. Fee: \$18. 480-858-2469

41531	13 yrs+	T	8/26-10/14	4-4:45 p.m.	PAC
41532	13 yrs+	T	10/21-12/16*	4-4:45 p.m.	PAC

Friday Night Social Activities

Bingo Night

Put your luck to the test by joining us for a night of Bingo! Each round will have at least 3 winners who get to choose from a variety of food, snack, and non-perishable items. Grand prizes usually consist of higher priced items or gift cards.

When: October 3
Time: 6:30-8 p.m.
Where: Pyle Adult Center, 655 E. Southern Avenue
Fee: \$3 at the door

Fabulous Friday Dances

Come out to our monthly, themed dances and boogie woogie on the dance floor! Dances are held for individuals with disabilities, ages 13 and older. Visit our website at www.tempe.gov/adaptedrecreation to find out the theme of the dance.

When: September 12, October 10, November 14, December 12

Time: 6:30-9 p.m.

Where: Edna Vihel Center, 3340 S. Rural Road

Fee: \$4; includes admission, drinks, snacks and entry into door prize drawing.

Karaoke and Game Night

Come and sing your favorite tunes, play some Nintendo Wii, Pool, Ping-Pong and other games. We have a selection of Karaoke music to choose from, or you can bring your own music on a CD or mp3 player. Those requiring assistance must come with their own aide.

When: September 5, December 5

Time: 6:30-9 p.m.

Where: Pyle Adult Center, 655 E. Southern Avenue

Fee: \$3 at the door

Movie Night

Join us as we show a recently released DVD movie. Visit our website to see which movie is scheduled. Paid admission includes choice of popcorn/candy and soda/ water.

When: November 7

Time: 6:30-8:30 p.m.

Where: Pyle Adult Center, 655 E. Southern Avenue

Fee: \$2 at the door

Tempe Special Olympics

Team Tempe Special Olympics

Youth (8 yrs+) and adults with intellectual disabilities are invited to join Special Olympics Arizona to learn sportsmanship and teamwork while achieving their personal goals. Athletes of all skill levels are encouraged to participate. For more information and individuals who are completely new to a sport, please contact Josh Bell at 480-858-2469 or josh_bell@tempe.gov.

A Special Olympics Medical Release Form signed by a medical examiner (good for three years) is required for all athletes to participate, as well as a City of Tempe registration form. Visit www.tempe.gov/adaptedrecreation for registration information and to download medical consent forms.

Registering in advance is recommended. Registration on site is also accepted.

- Register on-line at www.tempe.gov/brochure (use the registration code for the program).
- Mail registration to Attn: Josh Bell, Adapted Recreation, 3340 S. Rural Rd., Tempe, AZ 85282. Download form from www.tempe.gov/adaptedrecreation.
- Register in person at the Recreation Office, 3500 S. Rural Rd. (2nd floor of Library), Pyle Adult Recreation Center, 655 E. Southern Ave., or another City facility that processes registrations.

Adapted Recreation

Special Olympics Aquatics

Athletes will practice weekly to develop and perfect their swim stroke as they work with coaches and teammates. There are two separate one-hour practices. Athletes will be assigned to a one-hour time slot. Athletes of all skill levels are welcome; however, this is not designed as a learn-to-swim practice. Fee: \$10. 480-858-2469

40338 13 yrs+ F 8/8-10/10 5-7 p.m. KRC

Special Olympics Bowling

Athletes come out and bowl while socializing and meeting new friends. Athletes new to bowling will be put on an instructional team to develop bowling skills. Weekly bowling fee of \$5 for two games and shoes, plus registration fee.

Location: AMF Tempe Village Lanes, 4407 S. Rural Rd. Fee: \$10. 480-858-2469
40336 8 yrs+ S 8/30-11/8 1:30-3:30 p.m.

Special Olympics Golf

Athletes will come out to the course to work in all areas of golf, from developing their golf technique to proper golf etiquette. Athletes new to golf will focus on skills development while more experienced athletes will play the course with a partner. Fee: \$10. 480-858-2469

40337 13 yrs+ T 8/12-10/28 5-6:30 p.m. RHGC

Buddy Bowling League

Buddy Bowling Unified Bowling League

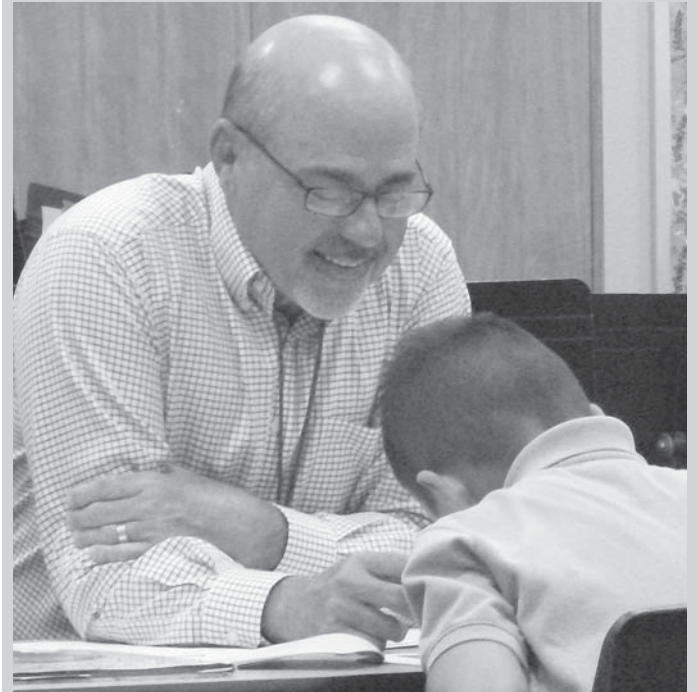
Buddy Bowling is a unified bowling program that teams up bowlers with (Bowlers) and without disabilities (Buddy Bowlers) in a fun and friendly league format! At the end of each season trophies and prizes are awarded to all bowlers. Location: AMF Tempe Village Lanes, 4407 S. Rural Road, Tempe. Fee: \$20 registration fee plus \$8 each week for three games, shoes and end-of-season league prizes. *No bowling 11/29. 480-858-2469

38060 7 yrs+ Sa 9/20-12/13* 10 a.m.



**Want to keep a good class going?
Register early!**

Volunteer Opportunities



Volunteer Office

3500 S. Rural Rd.

480-350-5190

www.tempe.gov/volunteer

Summer's Over—It's Time To Get Involved!

Get involved in your community, make new friends, learn new things, feel good about yourself, make a difference, and so much more by volunteering!

City government volunteers serve at the Tempe Public Library, Tempe History Museum, as members of the award winning Crisis Response Team, as part of Experience Corps, on city boards and commissions, with special events and more.

For information, call or visit online.

Volunteer Opportunities for Teens

School-year opportunities exist at the Tempe Public Library, with children's classes, and special events starting in September. Teens can help their community, build a record of volunteer service, gain work-like experience and more by volunteering. Applications are available starting August 1. For information check "Student Opportunities" on the website or call the Volunteer Office.

Service Groups Wanted!

Have fun, build team spirit and help the community! The City of Tempe is looking for school, corporate, and other service groups to help run its special events for the community. For a list of upcoming one-time projects, check out "Current Opportunities" and "One-time Activities" online.

Be a "Buddy" to a Disabled Athlete

Help a disabled athlete enjoy the sport of bowling. Volunteers are needed to serve as team captains and to assist bowlers in this mixed league for bowlers of all capabilities. Games are played Saturday mornings at AMF Tempe Village Lanes, 4407 S. Rural Rd., September through November. Call the volunteer office.