Registration begins August 12; classes begin September 3 unless noted otherwise within class descriptions. No classes November 11, 28 or 29. To view a list of class location abbreviations, see page 2.

These programs are designed for children and adults with intellectual disabilities. Individuals may register for programs at the Parks and Recreation Office, 3500 S. Rural Road. If you require special accommodations for these or additional City of Tempe programs, contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469; for TDD, call 350-5050.

L.E.A.P. After-School Program

L.E.A.P. is the Lifeskill Enrichment After-School Program, an after-school program for high school students with developmental disabilities in the Tempe Union High School District. The program follows the school year calendar and takes Mondays through Fridays until 6 p.m.; transportation is provided to the program site from the student's school. Students will participate in a variety of activities that promote physical exercise, mental stimulation, social skills development and other benefits.

We are an authorized DDD provider; contact your case manager for authorization. Please contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469 or Josh_Bell@tempe.gov, for more information regarding the program and registration.

Health & Fitness

Zumba

Zumba is a high-energy, cardio workout that incorporates unique moves with upbeat Latin and international music. This class is designed for all experience levels and helps you reach healthy goals by using easy-to-follow dance steps in a fun environment! Individuals must be independently mobile to participate. Those needing extra supervision must provide his or her own aide. Fee: $18. 480-858-2469

36591	13 yrs+	T	9/3-10/22	4-4:45 p.m.	PAC
36592	13 yrs+	T	10/29-12/17	4-4:45 p.m.	PAC

Social Activities

Bingo

Bingo prizes include various small items, food/consumable items and grand prizes (typically gift cards or other larger items). Those requiring assistance must come with his/her own aide. Fee: $3 at the door.

10/4 6:30-8 p.m. PAC

Fabulous Friday Dances

Come out to our monthly, themed dances and boogie-woogie on the dance floor! Dances are held for individuals with disabilities, ages 13 and older. Visit our website at www.tempe.gov/adaptedrecreation to find out the theme of the dance. Fee: $4; includes admission, drinks, snacks and door-prizes.

8/9, 9/13, 10/11, 11/8, 12/13 6:30-9 p.m. VIHEL

Karaoke and Game Night

Come and sing your favorite tunes, play some Nintendo Wii, Pool, Ping-Pong and other games! We have a selection of Karaoke music to choose from, or you can bring your own music on a CD or mp3 player. Those requiring assistance must come with his/her own aide. Fee: $3 at the door.

8/2, 12/6 6:30-9 p.m. PAC

Movie Night

Join us as we show a recently-released DVD movie. Visit our website at www.tempe.gov/adaptedrecreation to see what movie is scheduled to show. Paid admission includes choice of popcorn/candy and soda/water. Fee: $2 at the door

9/6, 11/1 6:30-8:30 p.m. PAC

Tempe Special Olympics

Youth (8 yrs+) and adults with intellectual disabilities are invited to join Special Olympics Arizona to learn sportsmanship and teamwork while achieving their personal goals! Athletes of all skill levels are encouraged to participate. For more information, please contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469, or by email at josh_bell@tempe.gov.

A Special Olympics Medical Release Form signed by a medical examiner (good for three years) is required for all athletes to participate, as well as a City of Tempe registration form. Visit www.tempe.gov/adaptedrecreation for registration information and to download medical consent forms.

Registering in advance is recommended. Registration on site is also accepted. Register online at www.tempe.gov/brochure (and use the registration code for the program). Mail registration to Attn: Josh Bell, Adapted Recreation, 3340 S. Rural Rd., Tempe, AZ 85282. Download form from www.tempe.gov/adaptedrecreation. Register in person at the Recreation Office, 3500 S. Rural Rd. (2nd floor of Library), Pyle Adult Recreation Center, 655 E. Southern Ave., or another City facility that processes registrations.

Special Olympics Bowling

Athletes come out and bowl while socializing and meeting new friends. Athletes new to bowling will be put on an instructional team to develop bowling skills. Weekly bowling fee of $5 for two games and shoes, plus registration fee. Location: AMF Tempe Village Lanes, 4407 S. Rural Rd. Fee: $10. 480-858-2469

36593	8 yrs+	S	9/7-11/9	1-3 p.m.

Special Olympics Golf

Athletes will come out to the course to work in all areas of golf, from developing their golf technique to proper golf etiquette. Athletes new to golf will focus on skills development while more experienced athletes will play the course with a partner. Fee: $10. 480-858-2469

36594	13 yrs+	W	8/14-10/30	5-6:30 p.m.	RHGC

Special Olympics Swimming

Athletes will practice weekly to develop and perfect their swim stroke as they work with coaches and teammates. There are two separate one-hour practices. Athletes will be assigned to a one-hour slot. Athletes of all skill levels are welcome; however, this is not designed as a learn-to-swim practice. Fee: $10. 480-858-2469

36595	13 yrs+	F	8/9-10/11	5-7 p.m.	KRC

Tempe Special Olympics sports beginning in December: Basketball, Cheerleading and Speed Skating.

Buddy Bowling League

Unified Bowling Program/Buddy Bowling

Buddy Bowling is a unified bowling program that teams up bowlers with (Bowlers) and without disabilities (Buddy Bowlers) in a fun and friendly league format! At the end of each season trophies and prizes are awarded to all bowlers. Location: AMF Tempe Village Lanes, 4407 S. Rural Rd. Fees: $20 registration fee plus $8 each week for three games, shoes and end-of-season league prizes.

7 yrs+ 9/7-11/23 9 a.m.