Swimming Pool Activities

Swimming Lesson General Information
The City of Tempe Community Services Department provides a progressive program, certified by the Starfish Aquatics Institute, for students who wish to learn or improve upon their swimming skills. If you have concerns regarding your child's progress or ability level, please discuss them with the instructor or pool manager.

Fees for each class must be paid in full at the time of registration.

A student may register for a maximum of one (1) learn-to-swim class using any of the registration procedures. A student may also register for special classes in addition to a swimming class.

Students may register for additional learn-to-swim classes after they have completed a class. At the end of the seventh lesson each student will be provided with a skill progress sheet for the class in which he/she is currently participating and information on the next appropriate class.

Students will only be permitted to register for the next level of class by providing their skill progress sheet with their registration form.

All pre-registration activities are subject to cancellation prior to the start date if minimum registration is not met.

Swim Lesson Program Class Descriptions

Parent-Assisted Lessons
30-Minute Classes

Star Babies (8-12 mos)
Designed to be an infant's first introduction to water adjustment with emphasis on parent participation/education as well as safety skills and fun. One child per adult.

Star-Infant (12-24 mos)
Designed with an emphasis on parent participation, safety skills, comfort, and fun. One child per adult.

Star-Tot (24-36 mos)
For the older tots to continue water adjustment, swim readiness skills, and safety skills. One child per adult.

Star-Shrimps (2-4 yrs)
For pre-school children who are not ready for an independent swim program or the child who has mastered the Parent-Tot class and is ready for more swim readiness skills. One child per adult.

Preschool-Age Lessons (Suggested Age 3-5 Yrs)
30-Minute Classes

Sea Horse Swim School

Sea Horse White
For children ready to participate in an aquatic class on their own. Emphasis on basic water adjustment, breath control, and floating.

Sea Horse Red
Prerequisite skills: blow bubbles, fully submerge unassisted; front and back float with support.

Sea Horse Yellow
Prerequisite skills: Jump into 4ft of water; float for 5 seconds back and front.

Sea Horse Blue
Prerequisite skills: Jump in and swim 10ft. and return; back glide 10 ft.

Sea Horse Green
Prerequisite skills: Tread water 15 seconds, swim 20ft with side breathing; backstroke with kick 20 ft.

School Age Lessons (Suggested Age 6 Yrs+)
30-Minute Classes

Starfish Swim School

White/Red
Prerequisite skills: for the child with little or no formal instruction in aquatic skills. Class emphasis is on water adjustment skills, bubbles and breath control, submerging, and front and back float with flutter kicking.

Yellow
Prerequisite skills: Jump into 4ft of water; float for 5 seconds back and front.

Blue
Prerequisite skills: Jump in and swim 10ft. and return; back glide 10 ft.

Green
Prerequisite skills: Tread water 15 seconds, swim 20ft with side breathing; backstroke with kick 20 ft.

Starfish Stroke School

White/Red
Prerequisite skills: Jump In, swim 25 yds freestyle and return with rhythmic breathing and 25 yds backstroke.

Yellow
Prerequisite skills: freestyle and back stroke 50 yds;butterfly kick 10 yds.

Blue
Prerequisite skills: Freestyle and back stroke 75 yds;butterfly 10 yds; breaststroke kick 10 yds.

Green
Prerequisite skills: Swim 100 yds. freestyle and back stroke; 25yds. butterfly; and 25 yds. breaststroke.

Adult Lessons

Adult Beginner
Prerequisite 15 yrs+. Class is designed for adults who wish to learn to swim and will be geared to meet the needs of individuals. Emphasis is on adapting to the water and introduction to the front crawl, back float, and safety skills.

Adult Intermediate
Prerequisite 15 yrs +. Class is designed for adults who have mastered the beginner skills and can swim 25 yards using a front crawl.

Adult Stroke Improvement
Prerequisite 15 yrs+. Class is designed to improve upon and refine current skills rather than teach strokes.

Adult Fitness

Water Fitness (Aerobics)
A fitness class incorporating warm-ups, 25-40 minutes of aerobic exercise, a cool-down period and exercises to tone and strengthen muscles. No swimming ability required.

Deep Water Fitness (Aerobics)
A water fitness class using deep water as its medium. Participants should be comfortable in deep water. The class will use some flotation devices to exercise.

City Aquatic Teams

Swim Teams
This program focuses on learning competitive stroke technique while emphasizing the benefits of personal improvement in a recreational team environment. Children will have the opportunity to participate in recreational competitive meets. Dual and Tri-meets are held between pools around the valley generally on Saturday mornings. Practice begins on May 30 and a parent meeting will be held on first day during practice.

Participants need to be 6 yrs+ or older by the start of the program and can demonstrate the following skills: Swim 25 yards using the crawl stroke, tread water, and are comfortable on their back in deep water. Participants over 10 years of age should be familiar with competitive strokes and able to perform the following skills: 25 yards of front crawl or freestyle, 25 yards of backstroke, be familiar with breaststroke and the dolphin or butterfly kick. A screening will be held the first day to test these skills. If the participant cannot complete these skills, he or she can be reassigned to lessons or receive a refund.

The annual Arizona Parks and Recreation Association Swimmers' Classic State Meet will be held Sat. August 3 at Kino Pool in Mesa. Participation in this meet is optional and requires an additional registration fee. Register at www.activecom.

Kiwanis Piranhas

34976	11-17 yrs	M-Th	5/30-7/25	8-9 a.m.	$64
34977	7-10 yrs	M-Th	5/30-7/25	9-10 a.m.	$64

Escalante Barracudas

35351	All Ages	M-Th	5/30-7/25	8:30–9:30 a.m.	$48
30352	All Ages	M-Th	5/30-7/25	7:15-8:15 p.m.	$48

Kiwanis Park Wave Pool

Come splash and play in Kiwanis' indoor, heated wave pool. Rent a tube and float the waves; enjoy an icy soda and hot pizza at Kiwanis Island Concession Stand. There are a few safety rules for your visit: children under age 8 must have an adult with them at all times, no water wings or other floatation devices permitted and the minimum height to use the water slide is 48".

May Wave Pool Hours
Saturday & Sunday Waves: 1-5 p.m.

June Wave Pool Hours

Monday-Friday Waves:		1-5 p.m.
Saturday Waves:	June 1-29	Noon- 3 p.m./3:30-6:30 p.m.
Sunday Waves:	June 2-30	1-5 p.m.

July Wave Pool Hours

Monday-Friday Waves:	July 1-26	1-5 p.m.
Saturday & Sunday Waves:		1-5 p.m.

August Wave Pool Hours
Saturday & Sunday Waves: 1-5 p.m.

Special Holiday Wave Pool Hours

May 27	1-5 p.m.
July 4	1-5 p.m.
September 2	1-5 p.m.

Wave Pool Fees

General Admission	(13 yrs+)	$7
Youth Admission	(2-12 yrs)	$5

Mid-Day Wave Hour Rates 3-5 p.m.
(Not available on split session wave days)

General Admission	(13 yrs+)	$5
Youth Admission	(2-12 yrs)	$4

**No other discounts maybe used with this discount*

Lap Swimming Hours
Effective May 28-Aug 3

Monday-Thursday	7-9 a.m.
Friday	7-9 a.m.
Monday-Thursday	5:15-8 p.m.
Saturday	8-11 a.m.

**Except during private rentals*

Lap Swim Admission Fees

General Admission	(13 yrs+)	$4
Youth Admission	(2-12 yrs)	$3

Multiple Use Cards for Laps/Open Swim

30 day unlimited	$39.00
10 admission	$35.00

Junior Lifeguard Program

This is a Summer Volunteer Program for youth ages 13-15 yrs who are interested in becoming a lifeguard. The program will provide opportunities for participants to experience many of the facets of day to day life guarding and teaching swim lessons.

Interested participants must complete an application, which can be obtained at the Kiwanis Recreation Center or www.tempe.gov/pools. Application deadline: May 6. The most qualified applicants will be contacted and scheduled for interviews. Candidates will be selected based on the needs of the City of Tempe pools. Selected Junior Guards will be trained to assist in First Aid, CPR, and Water Safety Instruction during mandatory training the evening of May 31.

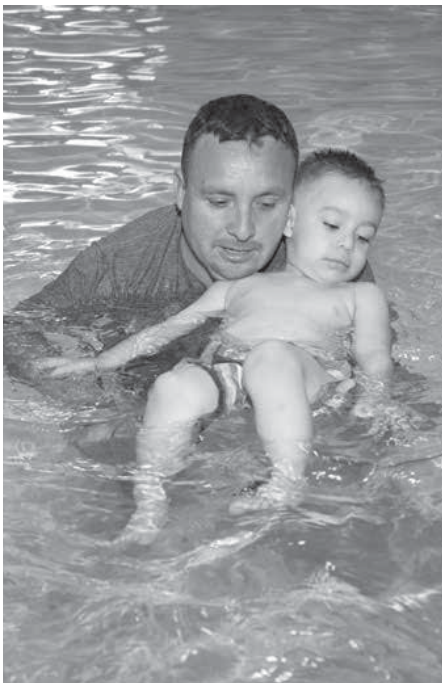
Junior Guards who have completed the mandatory training will be given work schedules for programs beginning June 3.

Selection for this program does not guarantee future employment with the City of Tempe Aquatics Program.

Kiwanis Pool Morning Swim Lesson Schedule 480-350-5201

Classes meet four days a week (Monday-Thursday) for two weeks.
Fees for Swim Classes: $46

Class Title	Time	Session I 6/3-6/13	Session II 6/17-6/27	Session III 7/8-7/18	Session IV 7/22-8/1
Parent-Assisted Classes					
Star Infants	10:10 a.m.	34777	34778	34779	34780
Star Tot	9:35 a.m.	34805	34806	34807	34809
Star Shrimps	11:20 a.m.	34787	34788	34789	34790
Sea Horse Swim School; Ages 3-5 yrs					
Sea Horse White	9:35 a.m. 10:10 a.m. 10:45 a.m. 11:20 a.m.	34694 34690 34698 34728	34695 34691 34699 34729	39696 34692 34700 34730	34697 34693 34701 34731
Sea Horse Red	9:35 a.m. 10:10 a.m. 10:45 a.m.	34657 34661 34653	34658 34662 34654	34659 34663 35655	34660 34664 35656
Sea Horse Yellow	9:35 a.m. 10:10 a.m. 10:45 a.m.	34745 34749 34753	34746 34750 34754	34747 34751 34755	34748 34752 34756
Sea Horse Blue	10:10 a.m.	34631	34632	34633	34634
Sea Horse Green	10:45 a.m.	34646	34647	34648	34649
Starfish Swim School; Ages 6 yrs+					
Starfish White/Red	9:35 a.m. 10:45 a.m. 11:20 a.m.	34946 34932 34942	34947 34933 34943	34950 34934 34944	34951 34935 34945
Starfish Yellow	10:10 a.m. 11:20 a.m.	34958 34962	34959 34963	34960 34964	34961 34965
Starfish Blue	10:45 a.m. 11:20 a.m.	34890 34894	34891 34895	34892 34896	34893 34897
Starfish Green	10:10 a.m. 11:20 a.m.	34913 34917	34914 34918	34915 34919	35221 34910
Starfish Stroke School; Ages 6 yrs+					
Starfish Stroke White/Red	10:45 a.m.	34854	34855	34856	34857
Starfish Stroke Yellow	10:10 a.m. 10:45 a.m.	34866 34870	34867 34871	34868 34872	34869 34873
Starfish Stroke Blue	11:20 a.m.	34823	34824	34825	34826
Starfish Stroke Green	11:20 a.m.	34838	34839	34840	34841



Want to keep a good class going? Register early!

Kiwanis Pool Evening Swim Lesson Schedule 480-350-5201

Classes meet twice a week (Monday/Wednesday) for four weeks.
Fees for Swim Classes: Sessions I, III are $46 , Session II is $35 for six lessons

Class Title	Time	Session I 6/3-6/26	Session II 7/8-7/24*	Session III 7/29-8/21
Parent-Assisted Classes				
Star Babies	6:40 p.m.	34774	34775	34776
Star Infants	6:05 p.m.	34784	34785	34786
Star Tot	5:30 p.m. 7:15 p.m.	34812 34815	34813 34816	34814 34817
Star Shrimps	6:40 p.m. 7:15 p.m.	34797 34800	34798 34801	34799 34802
Sea Horse Swim School; Ages 3-5 yrs				
Sea Horse White	5:30 p.m. 6:05 p.m. 6:40 p.m. 7:15 p.m.	34711 34714 34717 34720	34712 34715 34718 34721	34713 34716 34719 34722
Sea Horse Red	6:05 p.m. 6:40 p.m. 7:15 p.m.	34674 34677 34680	34675 34678 34681	34676 34679 34682
Sea Horse Yellow	5:30 p.m. 6:05 p.m. 6:40 p.m.	34757 34760 34763	34758 34761 34764	34759 34762 34765
Sea Horse Blue	5:30 p.m. 6:40 p.m.	34635 34638	34636 34639	34637 34640
Sea Horse Green	6:05 p.m.	34650	34651	34652
Starfish Swim School; Ages 6 yrs+				
Starfish White/Red	5:30 p.m. 6:05 p.m.	34939 34936	34940 34937	34941 34938
Starfish Yellow	6:05 p.m. 6:40 p.m.	34969 34966	34970 34967	34971 34968
Starfish Blue	5:30 p.m. 7:15 p.m.	34901 34898	34902 34899	34903 34900
Starfish Green	7:15 p.m.	34920	34921	34922
Starfish Stroke School; Ages 6 yrs+				
Starfish Stroke White/Red	6:05 p.m.	34851	34852	34853
Starfish Stroke Yellow	5:30 p.m. 6:40 p.m.	34874 34877	34875 37878	34876 37879
Starfish Stroke Blue	5:30 p.m. 7:15 p.m.	34827 34830	34828 34831	34829 34832
Starfish Stroke Green	7:15 p.m.	34842	34843	34844
Adult Lessons				
Adult Beg.	7:50 p.m.	34620	34621	34622
Adult Inter.	7:50 p.m.	34614	34615	34616
Adult Stroke Improvement	7:50 p.m.	34617	34618	34619

Kiwanis Pool Tuesday/Thursday Classes 480-350-5201

Classes meet twice a week for four weeks.
Fees for Swim Classes: Sessions I, III are $46 , Session II is $35 for six lessons

Class Title	Time	Session I 6/4-6/27	Session II 7/9-7/25*	Session II 7/30-8/22
Parent-Assisted Classes				
Star Babies	6:40 p.m.	34771	34772	34773
Star Infants	5:30 p.m.	34781	34782	34783
Star Tot	6:05 p.m.	34808	34810	34811
Star Shrimps	5:30 p.m. 6:40 p.m.	34791 34794	34792 34795	34793 34796
Sea Horse Swim School; Ages 3-5 yrs				
Sea Horse White	6:05 p.m. 6:40 p.m. 7:15 p.m.	34708 34702 34705	34709 34703 34706	34710 34704 34707
Sea Horse Red	5:30 p.m. 6:05 p.m. 6:40 p.m. 7:15 p.m.	34665 34668 34671 34685	34666 34669 34672 34686	34667 34670 34673 34687
Sea Horse Yellow	5:30 p.m. 6:05 p.m.	34740 34743	34741 34744	34770 34742
Sea Horse Blue	5:30 p.m. 6:40 p.m.	34625 34628	34626 34629	34627 34630
Sea Horse Green	5:30 p.m.	34643	34644	34645
Starfish Swim School; Ages 6 yrs+				
Starfish White/Red	6:05 p.m. 6:40 p.m. 7:15 p.m.	34923 34926 34929	34924 34927 34930	34925 34928 34931
Starfish Yellow	5:30 p.m. 6:40 p.m.	34952 34955	34953 34956	34954 34957
Starfish Blue	6:05 p.m. 7:15 p.m.	34884 34887	34885 34888	34886 34889
Starfish Green	5:30 p.m. 6:40 p.m.	34906 34909	34907 34910	34908 34911
Starfish Stroke School; Ages 6 yrs+				
Starfish Stroke White/Red	6:05 p.m. 7:15 p.m.	34845 34848	34846 34849	34847 34850
Starfish Stroke Yellow	5:30 p.m. 6:40 p.m.	34860 34863	34861 34864	34862 34865
Starfish Stroke Blue	6:05 p.m.	34820	34821	34822
Starfish Stroke Green	6:05 p.m.	34835	34836	34837

Kiwanis Pool Saturday Classes

Classes meet once a week for six weeks.
Fees for Swim Classes: $35. 480-350-5201
*** No class on July 6**

Class Title	Time	Session I 6/1-7/13*	Session II 7/20-8/24
Parent-Assisted Classes			
Star-Tot	10:10 a.m.	34818	34819
Star-Shrimps	9:35 a.m.	34803	34804
Sea Horse Swim School; Ages 3-5 yrs			
Sea Horse White	9 a.m. 9:35 a.m. 10:10 a.m. 10:45 a.m.	34732 34738 34733 34736	34734 34739 34735 34737
Sea Horse Red	9 a.m. 9:35 a.m.	34683 34684	34688 34689
Sea Horse Yellow	9:35 a.m. 10:10 a.m.	34768 34766	34769 34767
Sea Horse Blue	10:10 a.m.	34641	34642
Starfish Swim School; Ages 6 yrs+			
Starfish White/Red	10:45 a.m.	34948	34949
Starfish Yellow	10:10 a.m. 10:45 a.m.	34974 34972	34975 34973
Starfish Blue	9 a.m.	34904	34905
Starfish Stroke School; Ages 6 yrs+			
Starfish Stroke White/Red	9 a.m.	34858	34859
Starfish Stroke Yellow	9:35 a.m. 10:45 a.m.	34880 34881	34882 34883
Starfish Stroke Blue	9 a.m.	34833	34834
Adult Lessons			
Adult Beg.	10:45 a.m.	34623	34624

Kiwanis Pool Water Aerobics Schedule

Class Title	Day	Time
Pool Water Aerobics 5/28-8/3		
Deep Water	M/W	6:40 p.m.
Water Fitness	M/W	8 a.m.
	M/W	5:30 p.m.
	T/Th	8 a.m.
	T/Th	6:40 p.m.
	Sa	9 a.m.

Program Card Fees-Water Fitness

4 workouts	$18	6 workouts	$27
8 workouts	$36		

Purchase cards at Kiwanis Front Desk; classes are on-going

Special interest Aquatic Classes

Exercise; Aqua Zumba®

Aqua Zumba gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, laughing, hooting and hollering are often heard during a class. Integrating the Zumba philosophy with traditional aqua fitness disciplines, Aqua Zumba® blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief. Pay as you go for $5 per class. *No class 7/4.
480-350-5200

34300	16 yrs+	T	6/4-8/6	5:30-6:30 p.m. $50	KRC
34301	16 yrs+	Th	6/6-8/8*	5:30-6:30 p.m. $45	KRC

Escalante Pool

2150 E. Orange Street • 480-350-5204 • May 25-August 4

Fees

Children under 6 yrs	FREE
Children 6-17 yrs	$ .75
Adults 18 yrs+	$1.25

May 25-Aug 4 Recreation Swim

Monday-Thursday	1-5 p.m.
Friday	1-7 p.m.
Saturday	1-5 p.m.
Sunday	1-6 p.m.

Holiday Hours

May 27	1-5 p.m.
July 4	1-5 p.m.

Summer Swimming Pool Passes: (Not valid at Kiwanis Wave pool)

20 Punch Pass
Entitles user to 20 admissions to recreational swim at Escalante Pool. Available for sale beginning May 25.

35353	Adult	$19	17-65 yrs
	Youth	$11	6-17 yrs
	Senior	$11	65 yrs+

Season Swim Pass
Entitles pass user to admission to recreational swim at Escalante Pool. Available for sale beginning May 25.

35354	Adult	$31	17-65 yrs	Youth	$19	6-17 yrs
	Senior	$19	65 yrs+			
	Family	$57				

Escalante Pool Evening Swim Lesson Schedule

Tuesday/Thursday Classes
Classes meet twice a week for four weeks.
Fees for swim classes: Session I: $27;
***Session II: $19.50 for six lessons.**
480-350-5201

Class Title	Time	Session I 6/4-6/27	Session II 7/9-7/25
Parent-Assisted Classes			
Star-Tot	5:30 p.m.	34986	35001
Star-Shrimps	6:05 p.m.	34985	35000
Sea Horse Swim School; Ages 3-5 yrs			
Sea Horse White	5:30 p.m. 6:05 p.m. 6:40 p.m.	34981 34982 34983	34996 34997 34998
Sea Horse Red	5:30 p.m. 6:05 p.m.	34979 34980	34994 34995
Sea Horse Yellow	6:40 p.m.	34984	34999
Sea Horse Blue	5:30 p.m.	34978	34993
Starfish Swim School; Ages 6 yrs+			
Starfish White/Red	5:30 p.m. 6:40 p.m.	34990 34991	35005 35006
Starfish Yellow	6:05 p.m.	34992	35007
Starfish Blue	6:40 p.m.	34989	35004
Starfish Stroke School; Ages 6 yrs+			
Starfish Stroke White/Red	6:05 p.m.	34987	35002
Starfish Stroke Yellow	6:40 p.m.	34988	35005

Kiwanis Recreation Center
6111 S. All-America Way, Tempe 85283
www.tempe.gov/tennis 480-350-5201

Kiwanis Tennis Center Hours of Operation:

Mondays-Thursdays:	7 a.m.-10 p.m.
Fridays:	7 a.m.-7 p.m.
Saturdays:	8 a.m.-6 p.m.
Sundays:	9 a.m.-4 p.m.

Learn to Play Tennis!

These beginner classes introduce you to the basic elements of Tennis with quality instructors to ensure a positive, successful and fun experience. Acquire and develop new playing skills while meeting new Tennis-playing friends. Sharing the experience can make it more enjoyable, so invite a friend to join you on the courts and learn Tennis together! Loaner Tennis racquets are available at no additional charge.

Juniors (Ages 4-6 yrs)

Classes meet once a week for 45 minutes on our specially-designed junior Tennis courts. Smaller equipment is used to develop Tennis skills fast! Classes meet once a week for six (6) weeks. *No class 5/27. *No class 9/2.

34214	4-6 yrs	M	5/6-6/10*	6-6:45 p.m.	$30	KRC
34216	4-6 yrs	T	5/7-6/11	6-6:45 p.m.	$35	KRC
34213	4-6 yrs	Sa	5/11-6/15	8:10-8:55 a.m.	$35	KRC
34215	4-6 yrs	Sa	5/11-6/15	9-9:45 a.m.	$35	KRC
34218	4-6 yrs	M	6/17-7/22	6-6:45 p.m.	$35	KRC
34217	4-6 yrs	T	6/18-7/23	6-6:45 p.m.	$35	KRC
34219	4-6 yrs	Sa	6/22-7/27	8:10-8:55 a.m.	$35	KRC
34220	4-6 yrs	Sa	6/22-7/27	9-9:45 a.m.	$35	KRC
34223	4-6 yrs	M	7/29-9/2**	6-6:45 p.m.	$30	KRC
34224	4-6 yrs	T	7/30-9/3	6-6:45 p.m.	$35	KRC
34221	4-6 yrs	Sa	8/3-9/7	8:10-8:55 a.m.	$35	KRC
34222	4-6 yrs	Sa	8/3-9/7	9-9:45 a.m.	$35	KRC

Juniors (Ages 7-15 yrs)

Beginner classes meet twice a week for three (3) weeks. Age-appropriate equipment is used to develop Tennis skills fast. Fee: $35.

34225	7-15 yrs	M/W	6/10-6/26	6-7 p.m.	KRC
34228	7-15 yrs	T/Th	6/11-6/27	6-7 p.m.	KRC
34231	7-15 yrs	Sa/Su	6/8-6/23	9-10 a.m.	KRC
34226	7-15 yrs	M/W	7/8-7/24	6-7 p.m.	KRC
34229	7-15 yrs	T/Th	7/9-7/25	6-7 p.m.	KRC
34232	7-15 yrs	Sa/Su	7/13-7/28	9-10 a.m.	KRC
34227	7-15 yrs	M/W	8/5-8/21	6-7 p.m.	KRC
34230	7-15 yrs	T/Th	8/6-8/22	6-7 p.m.	KRC
34233	7-15 yrs	Sa/Su	8/10-8/25	9-10 a.m.	KRC