



CAHILL
SENIOR
CENTER

715 W. Fifth St.
Tempe, AZ 85281

www.tempe.gov/
cahillseniorcenter

(480)858-2420
TTY: (480)350-5050

NEW HOURS

Monday-Thursday
8:30am-8:30pm

Friday 8:30-2:30pm

Saturday Closed

Sunday Closed

Roadrunner Chronicle

CAHILL EDITION

APRIL 2014

Mad Hatter Tea Party



Friday, April 25, 2014

Caricatures begin at 10:15am, 11:00 am lunch

Join us for a whimsical tea party and wear your favorite hat! Enter the craziest hat contest while enjoying chicken salad sandwiches, fresh fruit and pastries. A cartoonist will be capturing the moment with patron caricatures.

\$5 RTA Members ~ \$6 Non Members

Registration Code: 38439

"Don't be late, for a very important date!"

Fabulous Friday's \$3 Lunch

Join us for our fresh and delicious Friday Lunches at 11:30am for only \$3.

April 4: Shredded Chicken Tacos, Refried Beans, Chips & Salsa Code: 38419

April 11: Pulled Pork Sandwiches, Baked Beans, & Coleslaw Code: 38420

April 18: 5 Cheese Tortellini, Salad & French Bread Code: 38421

Crafts & Coffee with Sara & Kim Wind Chimes

Create your own whimsical sounding wind chime to hang outside your patio.



April 16, 10am

Fee: \$4

Code: 38428

Brunch & Bunco

April 9, 10am



Coffee Crumble Cake, Sausage, Fruit, Juice and Coffee.

Code: 38415

RTA Members: \$4

Non-Members: \$5





TCAA Lunch Program
 For those 60yrs+ there is **NO FEE** involved in becoming a registered lunch participant, only the *requested lunch contribution* of \$3.50 when you come in to eat your meal.
Sign up before noon the Friday before:
 480-858-2420
 Lunch is served at 11:45am (menu on Page 3)
 We look forward to setting a place for you!

April 7th- Keep America Beautiful Month- The core issues of preventing litter, reducing waste and beautifying communities can be accomplished by engaging individuals to take greater responsibility for improving their communities. Join us today for group discussion on how we can all participate in *keeping America beautiful*.
April 14th- April is National Humor Month. Scientific research now indicates that the curative power of laughter and its ability to relieve debilitating stress and burnout may indeed be one of the great

medical discoveries of our times!
 Everyone needs a good laugh so be our lunch guest today and enjoy the Joke of the Day!
April 21st- Celebrate Spring The first day of Spring 2014 is March 20th, but it's never too early or too late to celebrate!
 How are you planning to celebrate springtime this year? Come in today and learn **10 ways to celebrate the first day of Spring**. There are plenty of ideas for fun things (educational, too) to celebrate the season for weeks to come!
April-28th- Open Games-Cards, Dominoes and more...

Programs and Classes

Pancake Breakfast April 23, 10am

Come join us for breakfast and either relax and visit or play a game!
Code: 38417
Fee: \$3



Pokeno & Bagels April 2, 10am

Pokeno is an easy game like bingo but with playing cards. Join us for **bagels** and coffee while playing Pokeno for grocery prizes.

Code: 38437
Fee: \$ 2

Healthy Cooking for Seniors

Learn how to make nutritious and delicious foods with minimal ingredients and sample the food you prepare.

April 1, 10:00am Code: 38433
 April 15, 10:00am Code: 38434
Fee: FREE

Senior Techs:

Facebook For Beginners
 April 2 & 9 3:30 pm
Code: 38777 Fee: Free

Photo Pros
 April 23 & 30 3:30 pm
Code: 38771 Fee: Free

Cahill Community: Gina Shier



Gina, is one of our fabulous regular Friday Bingo callers. She was born and raised right here in Phoenix, Arizona. She loves going to the movies, and going out to eat at restaurants. On occasion she loves doing arts and crafts especially knitting and painting by numbers. She has two pugs named Vinnie and Bernie and one miniature Pug named Buster. She's a very friendly gal who enjoys her volunteer work at Tempe Public Library where she repairs books and especially at Cahill where she calls Bingo.

Cahill April 2014

Monday

Tuesday

Wednesday

Thursday

Friday

	<p>1 -9 AM Heart & Sole Walking Club Code: 39156 -10 AM Healthy Cooking for Seniors Code: 38433 -11:15 AM FREE Movie <i>Lee Daniels' The Butler</i></p>	<p>2 -10 AM Pokeno & Bagels Code: 38437 -3:30 PM Facebook for Beginners Code: 38777</p>	<p>3 -9 AM Heart & Sole Walking Club Code: 39156</p>	<p>4 -11:30 AM \$3 Lunch Menu: Shredded Chicken Tacos, Refried Beans, Chips & Salsa Code: 38419 -1 PM Bingo</p>
<p>7 -11:45 AM TCAA Lunch Asian Glazed Chicken Breasts Steamed Rice Sautéed Garlic Kale Whole Wheat Roll Asian Pears -1 PM Bingo</p>	<p>8 -9 AM Heart & Sole Walking Club Code: 39156 -11:15 AM FREE Movie <i>Instructions Not Included</i></p>	<p>9 -10 AM Brunch & Bunco Menu: Coffeecake, Sausage, Fruit & Juice Code: 38415</p>	<p>10 -9 AM Heart & Sole Walking Club Code: 39156</p>	<p>11 -11:30 AM \$3 Lunch Menu: Pulled Pork Sandwiches, Baked Beans and Coleslaw Code: 38420 -1 PM Bingo</p>
<p>14 -11:45 AM TCAA Lunch BBQ Ribette Sandwich Sweet Corn Baked Potato Whole Wheat Bun Tropical Fruit Salad -1 PM Bingo</p>	<p>15 -9 AM Heart & Sole Walking Club Code: 39156 -10 AM Healthy Cooking for Seniors Code: 38434 -11:15 AM FREE Movie <i>Quartet</i></p>	<p>16 -10 AM Crafts and Coffee with Kim & Sara Code: 38428</p>	<p>17 -9 AM Heart & Sole Walking Club Code: 39156</p>	<p>18 -11:30 AM \$3 Lunch Menu: 5 Cheese Tortellini, Salad & French Bread Code: 38421 -1 PM Bingo</p>
<p>21 -11:45 AM TCAA Lunch Beef Stroganoff Steamed Rice Broccoli Whole Wheat Roll Pineapple Tidbits -1 PM Bingo</p>	<p>22 -9 AM Heart & Sole Walking Club Code: 39156 -11:15 AM FREE Movie <i>Blue Jasmine</i></p>	<p>23 -10 AM Pancake Breakfast Code: 38417 -3:30 PM Photo Pros Code: 38771</p>	<p>24 -9 AM Heart & Sole Walking Club Code: 39156</p>	<p>25 -11:00 AM Mad Hatter Tea Party Menu: Chicken Salad Sandwiches, Fresh Fruit and Pastries. Code: 38439 -1 PM Bingo</p>
<p>28 -11:45 AM TCAA Lunch Bratwurst & Sauerkraut Tangy Warm Red Cabbage German Potato Salad Whole Wheat Hot Dog Bun Fresh Fruit -1 PM Bingo</p>	<p>29 -11:15 AM FREE Movie <i>The Place Beyond The Pines</i></p>	<p>Looking forward to May: 5/7- Pokeno & Bagels 5/9 - Mothers Day Luncheon 5/14 - Brunch & Bunco 5/21- Craft 5/28- Pancake Breakfast</p>		<p>Happy April Birthdays to: George Love Pat Crowe Rachel Baranuk Ray Collins Joy Brower</p>



Roadrunner Chronicle

PYLE EDITION

APRIL 2014

PYLE
ADULT
RECREATION
CENTER

655 E. Southern Ave.
Tempe, AZ 85282

www.tempe.gov/pyle

(480)350-5211
TTY: (480)350-5050

HOURS
Mon-Thu 8am-9pm
Fri 8am-5pm
Sat 9am-4pm
Sun Closed

Senior Health & Wellness Expo

Thursday, April 10, 2014

8:30 a.m. — 12:30 p.m.

Pyle Adult Recreation Center

- * 50+ Vendors
- * Class Demonstrations & Observations
 - * Free Healthy Breakfast
 - * Chair Massages
- * Screenings: glucose, cholesterol
(fast before)
 - * Hearing screenings
- * Giveaways & Door Prize Drawings

Don't miss this great, FREE event!



Pyle Special Events

Thursday special events start at 11:30 a.m. unless stated otherwise. Advance registration is required and you may register for the entire month, but payment in full is required at time of registration. Please sign up at the Front Desk.



February Birthdays—
Christy Summers,
Diana Meyer,
Sylvia Mollineaux

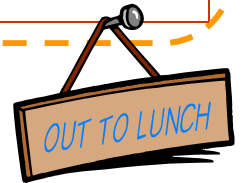
4/3—Brown Bag Series—New Development in Tempe
12:00 p.m. Free. Dessert \$1. Details page 5. Code: 40352

4/10—**Tempe Senior Health & Wellness Expo**—Free event.,
8:30 a.m. — 12:30 p.m. Details on page 1.

4/17—Spring Luncheon—Details on page 6. Code: 40360

4/24—Birthday Bingo—Celebrate April birthdays. Bring your own lunch and we'll supply the cake and ice cream. 11:30 a.m. RTA \$1; Non-members \$2 Code: 40361

Tuesday \$3 Lunch



On Tuesdays, join your friends for a simple, low-cost lunch and games or visiting before the Tuesday New Release Movie!

Registration is limited. Please sign up at the Pyle front desk by the Friday before. Sign-ups may also be done at the Cahill Senior Center.

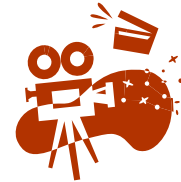
PLEASE NOTE: Lunch is served at 11:30 a.m. Meals will not be held for latecomers past 11:45 a.m.

This month's menu:

- 4/1 — Hot Dog, Crispy Fries
Code: 40347
- 4/8 — American Chop Suey
Code: 40348
- 4/15 — Sloppy Joe, Crispy Fries
Code: 40349
- 4/22 — Pizza, Green Salad
Code: 40350
- 4/29 — Grilled Cheese Sandwich, Tomato Soup
Code: 40351

\$3 RTA; \$4 Non-member

Free Movie Every Tuesday and Friday



Subtitles will be used when available. Movies are subject to change due to availability.

Tuesday New Release Movies Showtime: 12:30 p.m.

- 4/1 *The Lone Ranger*, **PG-13**, 2 hr. 29 min.
- 4/8 *Last Vegas*, **PG-13**, 1 hr. 45 min.
- 4/15 *Nebraska*, **R**, 1 hr. 55 min.
- 4/22 *The Hunger Games: Catching Fire*, **PG-13**, 2 hr. 26 min.
- 4/29 *Enough Said*, **PG-13**, 1 hr. 33 min.

Friday Classics – Showtime: 12:30 p.m.

- 4/4 *On the Waterfront*, **NR**, 1 hr. 48 min.
- 4/11 *Father of the Bride*, **G**, 1 hr. 33 min.
- 4/18 *The Princess Bride*, **PG**, 1 hr. 38 min.
- 4/25 *The Odd Couple*, **PG**, 1 hr. 45 min.

Registration for Summer Instructional Classes Starts in April

Check out our instructional classes for 50+ (on page 8) happening at Pyle this summer!
 New classes will be offered in Art, Fitness and Dance for the summer months.
 Registration starts April 21 for Tempe residents and April 28 for non-residents.

Groups at Pyle

The Pyle Center has many groups who call it home. If you are interested in joining any group, stop by the Pyle Front Desk for more information.

BOOK CLUB: This month's meeting is on April 25, 9-11 a.m. and the book is: *Flight Behavior* by Barbara Kingsolver

CURRENT EVENTS

DISCUSSION GROUP:

Thursdays 1-3 p.m. Discuss books, events, movies, etc.

CANCELLED ON 4/10

BUNCH FOR LUNCH: A fun group who enjoys food and good company. This month's lunch date: Friday, April 11, at 11:30 a.m.



Hibachi Super Buffet
 1164 W Southern, Mesa
 480-962-0888

LOONEY TOONERS KITCHEN BAND:

Mondays, at 9:30-11:30 a.m.

SENIOR SONGBIRDS:

Wednesdays, 9:30-11:30 a.m.

NEEDLEWIELDERS: Tuesdays & Thursdays, 9 a.m.-1 p.m. Create handcrafted items for charity in a fun, social environment.

CANCELLED ON 4/10

RTA News

The Retirees of Tempe Advisory group meets the first Thursday of each month at 10:00 am to discuss the activities and programs at the Pyle Center and to advise and help the staff with planning. All RTA members are

welcome to join the discussion and become more involved in senior activities.

This year's officers are Don Galen, President; Lorna Scooler, 1st Vice President; Julia Pringle, 2nd Vice President; Beverle Miller, Secre-

tary.

RTA membership is just \$5 per calendar year and gives you a discount on our social events.

The next meeting is April 3, 10am in the Pyle Center Conference Room. Join us!

Alzheimer's Caregiver Support Group

April 21

1:30 p.m.–3:00 p.m.

Are you caring for someone with Alzheimer's disease? Hank Zaremba, a specialist from Tempe St. Luke's Hospital will facilitate a discus-

sion for caregivers trying to assist loved ones who are coping with Alzheimer's disease. Share challenges, successes and information about being a caregiver with other members.

This support group is free and all are welcome to attend.

Please RSVP using the following code: **40353**



Preventing and Treating Pain and Injuries

Most injuries start with poor biomechanics and "compensation patterns" that have been built over the years. Every pain and injury you have had over your lifetime has left a path of scar tissue and damaged nerves that make you more prone to the next injury. This does not have to happen. Therapeutic strategies are now

available in the field of electric and neurological medicine that have ushered in a whole new model for preventing and healing injuries.

This workshop is presented by EliteGene Wellness Centers, serving adults who want to remain active throughout their lives by providing the latest advancements in the

areas of genetic health and electric medicine for the prevention and treatment of pain and injuries.

Monday April 14 at 10:00 a.m.

Please register using the code: **40362**

This workshop is free.



Development Activity in Tempe

Don't miss this presentation by **Ryan Levesque**, Senior Planner with the City of Tempe Community Development Dept. Ryan will be giving an update on approved development construction currently underway or in

the near future in Tempe.

Thursday, April 3, Noon

Bring your own lunch and we'll provide dessert for only \$1 for RTA members; \$2 for Non-members. **Code: 40352**



Music Therapy for Alzheimer's

Banner Alzheimer's Institute and ASU Herberger Institute brings "Making Music, Making Memories" to Pyle every **first** Friday of the month 10:00—11:30 a.m.

These free monthly music sessions are just for people with Alzheimer's disease providing an opportunity to come together to sing, play an instrument, drum or tap along with

music. The next session will be Friday, April 4.

If you, or someone you know with AD, would be interested in this new program, contact the BAI Events Line at 602-839-6850 or email deidra.colvin@bannerhealth.com to register.



**Banner
Alzheimer's
Institute**

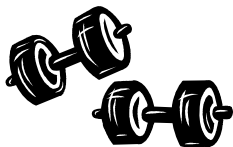
Pyle Fitness Center

Take advantage of a facility fully equipped for you!

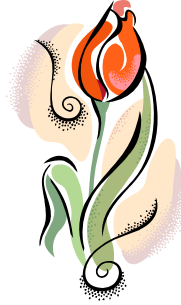
The Pyle Fitness Center is open during the following hours:

Mon.-Thurs., 8 a.m.-8:30 p.m.; Fri., 8 a.m.-4:30 p.m.; Sat. 9 a.m.-3:30 p.m.

Membership prices are very reasonable:



- One month — \$15
- Three months — \$35
- Six months — \$55
- Drop-in — \$2



Spring Luncheon

Thursday, April 17, 11:30 a.m.

Join us for a relaxing outdoor (weather permitting), picnic-style lunch!

Menu:

Chicken Salad Croissant Sandwich

Pasta Salad, Dessert

Entertainment: TBD

\$5 RTA; \$6 Non-member

Code: **40360**



Understanding Your IRA

This lecture is conducted by Mark Melkowski and Robert Feinholz, directors of the American Financial Education Alliance, a non-profit, educational speaker's bureau.

This course will offer real world strategies and methods designed for

those who are preparing to or are already utilizing their IRA for retirement.

Understand what an IRA is, how to properly utilize an IRA in your retirement planning process, the laws regulating IRAs and how to avoid making costly mistakes.

Wednesday April 23

at 10:00 a.m.

Please sign up at the front desk using the code: **40354**

This lecture is free.



Myths and Facts About Annuities

This lecture is designed to take the confusion out of understanding annuities and provide you with everything you need to know to determine if annuities are right for you, in an easy to understand format.

After taking this course you will know what an-

nuities are, where annuities fit in your planning process, how to determine which type of annuity may be best for you, and where to find them.

This lecture is also conducted by Mark Melkowski and Robert Feinholz, directors of the Ameri-

can Financial Education Alliance, a non-profit, educational speaker's bureau.

Monday April 28

at 10:00 .am.

Please register at the front desk using the code: **40355**

AARP TAX AIDE ENDS APRIL 14

AARP Tax-Aide provides free tax assistance and tax preparation for low to moderate income taxpayers, with special attention to those aged 60 and older. This service will be available at the Pyle Center on Mondays from **8:30 to 3:00pm**, every Monday through April 14 *excluding March 31* when the Pyle Center is closed. AARP

Tax-Aide volunteers are trained in cooperation with the Internal Revenue Service and offer help with personal income tax returns. Completed returns are filed electronically, which is very efficient and expedites your refund. This free tax service is available by appointment and to “walk-ins”. You may make an ap-

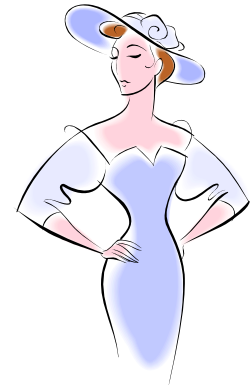
pointment in person with a Tax Aide volunteer any Monday through April 14. No appointments will be made by phone. See you then!



Save the Date for Mother’s Day Event

Pyle staff is planning something wonderful to celebrate Mother’s Day! Stein Mart will be partnering with us to present a very special fashion show. This will be an after-

noon event, starting at **2:00p.m. on Thursday, May 8**—so save the date! More information to come in next month’s Roadrunner.



Benefits Assistance Program

Offered by the **Area Agency on Aging**, this program provides objective information about insurance and benefits to seniors, the disabled, and caregivers.

A trained Benefits volunteer will be available on the following Tuesdays:

April 1, 9:30–11:30 am

April 15, 9:30–11:30 am

Services include:

- Assistance with organizing Medicare and Supplemental claims information to ensure all benefits are paid and obligations to providers are satisfied.
- Basic information on applying for Social Security, Medicare and SSI.
- Up-to-date information and assistance on Medicare Part D prescription drug coverage.
- Information regarding HMOs, managed care, Medicare Supplement plans (Medigap), and options under Medicare.
- Assistance with Medicare appeals & resolving problems.

Walk-ins only – no appointment necessary!



50+ Activities

BINGO:

Wed., 1pm; Card sales begin at 12:15pm;
50¢ per card; 6 card limit.

BLUEGRASS JAM SESSION:

Fri., 9-11:30am
Wed., 1-3:30pm

CANASTA

Fri., 8:30am-12pm

CRIBBAGE

Mon., 8:30am-12pm

MAH JONGG

Tues. & Thurs., 1-4:30 pm
(beginners/intermediate)

PAINTING WORKSHOP

Wed., 9am-1pm;
Fri., 12:30-4:30pm.

A program for current and past participants of Pyle art classes.

PARTNER BRIDGE

Wed., 1-3pm

PARTY BRIDGE

Tues. & Thurs.,
8:30am-3pm

CANCELLED 4/10

PING PONG

Mon., 3-5pm;
Tues. 8:30-11am, 3-5pm
Fri. 3-4:30pm

PINOCHLE & GAMES

Tues. & Thurs,
8:30am-3pm

CANCELLED 4/10

SEWING WORKSHOP

Fri., 12-4:30pm

SOCIAL SCRABBLE

Mon., 12:30-5pm

Players of all levels are welcome!

Wii

Tues. & *Fri., 8:30-11am
*Cancelled 1st Friday of each month.

Summer Instructional Classes

ART

Acrylic and Oil Painting

39208 Beg. M 6/2-7-28 9 a.m.-Noon \$54
39209 Int. W 6/4-7/30 1-4 p.m. \$54
39210 Adv. Th 6/5-7/31 9 a.m.-Noon \$54

Drawing; Color/B&W

39214 M 6/2-7/28 12:30-3:30 p.m. \$54

Pastel Painting (new summer class)

39310 T 6/3-7/29 9-11:30 a.m. \$54

Photography for 50+

39284 Sa 6/14-6/28 10 a.m.-12 p.m. \$30
39285 W 7/9-7/23 10 a.m.-12 p.m. \$30

Watercolor Painting

39232 T 6/3-7/29 1-4 p.m. \$54

DANCE

Ballroom Basics

39669 M 6/2-7/21 2:30-3:30pm \$35

Line Dance; Beginning

39216 T 6/17-8/19 1:30-2:30 p.m. \$39

Line Dance; Intermediate

39217 T 6/17-8/19 2:30-3:30 p.m. \$39

Tap Dance; Beginning

39226 Th 6/5-8/7 11:15 a.m.-12:10 p.m. \$27

Tap Dance; Intermediate

39227 T/Th 6/3-8/7 9:10-10:05 a.m. \$56

Tap Dance; Performance

39228 T/Th 6/3-8/7 10:10-11:05 a.m. \$56

FITNESS

Aerobic Dance *No class 7/4

39211 M/W/F 6/2-7/11* 8:05-9 a.m. \$41
39212 T/Th 6/3-7/10 8:05-9 a.m. \$29
39633 M/F 7/14-8/1 8:15-9 a.m. \$12
39290 M/W/F 8/4-8/22 8:05-9 a.m. \$22
39291 T/Th 8/5-8/21 8:05-9 a.m. \$15

Chair Yoga No class 7/4

39213 W/F 6/4-8/8 9-10 a.m. \$55

Gentle Yoga No class 7/1

39215 T 6/3-8/12 12:15-1:15 p.m. \$32

Seated Strength Training

39635 W 7/16-7/30 9:15-10 a.m. \$9

Stretch & Tone

39220 M/W 6/2-7/9 10:30-11:15 a.m. \$24
39221 T/Th 6/3-7/10 9:15-10 a.m. \$24
39634 T/Th 7/15-7/31 9:15-10 a.m. \$12
39222 M/W 8/4-8/20 10:30-11:15 a.m. \$12
39223 T/Th 8/5-8/21 9:15-10 a.m. \$12

Tai Chi / Body Balance Advanced

39224 M 6/2-7/28 12:30-1:30 p.m. \$39

Tai Chi / Body Balance Basic

39225 M 6/2-7/28 11:15 a.m.-12:15 p.m. \$39

Toners & Shapers *No class 7/4

39230 M/W/F 6/2-7/11* 9:05-10:20 a.m. \$47
39231 M/W/F 8/4-8/22 9:05-10:20 a.m. \$25

Yoga; with Weights *No class 7/2.

39184 W 6/4-8/20* 10:35-11:35 a.m. \$39

Zumba for 50+ *No class 7/4

39233 T 6/3-8/5 11:10 a.m.-12:05 p.m. \$41
39234 F 6/6-8/8* 10:35-11:30 a.m. \$37

Summer Class
Registration starts
April 21 for Tempe
residents; April 28
for non-residents.

Pyle April 2014

Monday

Tuesday

Wednesday

Thursday

Friday

	<p>1 8:30-11am Wii/Ping Pong 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 9:30-11:30am Benefits Assistance Program 11:30am \$3 Lunch (pg.2) 12:30pm Movie (pg. 3) 1-4:30pm Mah Jongg 3-5pm Ping Pong</p>	<p>2 9am-1pm Painting Workshop 9:30-11:30am Songbirds 1-3pm Partner Bridge 1-3:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>3 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 12:00pm Brown Bag Series Lecture 1-3pm Current Events 1-4:30pm Mah Jongg</p>	<p>4 8:30am-12pm Canasta 9-11:30am Bluegrass Jam Session 10am Banner Alzheimer's Institute Music Prog. 12-4:30pm Sewing Wkshp 12:30pm Classic Movie 12:30pm Painting Wkshp 3-4:30 Ping Pong</p>
<p>7 8:30am-12pm Cribbage 9:30-11:30am Looney Tooners Kitchen Band 10am Blood Pressure Checks 12:30-5pm Scrabble 3-5pm Ping Pong</p>	<p>8 8:30-11am Wii/Ping Pong 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am \$3 Lunch (pg.2) 12:30pm Movie (pg. 3) 1-4:30pm Mah Jongg 3-5pm Ping Pong</p>	<p>9 9am-1pm Painting Workshop 9:30-11:30am Songbirds 1-3pm Partner Bridge 1-3:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>10 8:30am-12:30pm Health & Wellness Expo 1-4:30pm Mah Jongg</p>	<p>11 8:30-11am Wii 8:30am-12pm Canasta 9-11:30am Bluegrass Jam Session 12-4:30pm Sewing Wkshp 12:30pm Classic Movie 12:30pm Painting Wkshp 3-4:30 Ping Pong</p>
<p>14 8:30am-12pm Cribbage 9:30-11:30am Looney Tooners Kitchen Band 10am Blood Pressure Checks 12:30-5pm Scrabble 3-5pm Ping Pong</p>	<p>15 8:30-11am Wii/Ping Pong 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 9:30-11:30am Benefits Assistance Program 11:30am \$3 Lunch (pg.2) 12:30pm Movie (pg. 3) 1-4:30pm Mah Jongg 3-5pm Ping Pong</p>	<p>16 9am-1pm Painting Workshop 9:30-11:30am Songbirds 1-3pm Partner Bridge 1-3:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>17 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am Spring Luncheon 1-3pm Current Events 1-4:30pm Mah Jongg</p>	<p>18 8:30-11am Wii 8:30am-12pm Canasta 9-11:30am Bluegrass Jam Session 12-4:30pm Sewing Wkshp 12:30pm Classic Movie 12:30pm Painting Wkshp 3-4:30 Ping Pong</p>
<p>21 8:30am-12pm Cribbage 9:30-11:30am Looney Tooners Kitchen Band 10am Blood Pressure Checks 12:30-5pm Scrabble 3-5pm Ping Pong</p>	<p>22 8:30-11am Wii/Ping Pong 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am \$3 Lunch (pg.2) 12:30pm Movie (pg. 3) 1-4:30pm Mah Jongg 3-5pm Ping Pong</p>	<p>23 9am-1pm Painting Workshop 9:30-11:30am Songbirds 1-3pm Partner Bridge 1-3:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>24 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am Birthday Bingo 1-3pm Current Events 1-4:30pm Mah Jongg</p>	<p>25 8:30-11am Wii 8:30am-12pm Canasta 9-11:30am Bluegrass Jam Session 12-4:30pm Sewing Wkshp 12:30pm Classic Movie 12:30pm Painting Wkshp 3-4:30 Ping Pong</p>
<p>28 8:30am-12pm Cribbage 9:30-11:30am Looney Tooners Kitchen Band 10am Blood Pressure Checks 12:30-5pm Scrabble 3-5pm Ping Pong</p>	<p>29 8:30-11am Wii/Ping Pong 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am \$3 Lunch (pg.2) 12:30pm Movie (pg. 3) 1-4:30pm Mah Jongg 3-5pm Ping Pong</p>	<p>30 9am-1pm Painting Workshop 9:30-11:30am Songbirds 1-3pm Partner Bridge 1-3:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>Looking ahead to May ~</p> <ul style="list-style-type: none"> • 5/1 Brown Bag Series Lecture • 5/8 Mother's Day event • 5/15 Breakfast & Bunco • 5/22 Birthday Bingo • 5/29 no special event scheduled 	