

Roadrunner Chronicle

CAHILL EDITION

JULY 2017



**CAHILL
SENIOR
CENTER**

715 W. Fifth St.
Tempe, AZ 85281

[www.tempe.gov/
cahillseniorcenter](http://www.tempe.gov/cahillseniorcenter)

(480)858-2420
TTY: (480)350-5050

HOURS

Monday-Friday
8:30am-2:30pm

Saturday Closed

Sunday Closed



Safari Luncheon

Friday, July 28 11am-12:30pm

Join the adventure on the Cahill Safari with guest entertainer "Wildman Phil". Wildman Phil's presentations are similar to watching the Crocodile Hunter, without the extreme danger. He introduces 10-20 live animals and combines hands-on demonstrations with facts and humor to create the perfect show.

Menu: Roast Beef Sandwiches with Au Jus, Fresh Fruit, Potato Chips and Dessert.

\$5 RTA members ~ \$6 Non members

Registration Code: 54865

Pokeno & Bagels

July 5, 10am code: 54870

July 26, 10am code: 56293

Pokeno is an easy game like bingo but with playing cards. Join us for bagels and coffee while playing Pokeno for grocery prizes.

Fee: \$2

Brunch & Bunco

July 12, 10am Code: 54846

Menu: French Toast
Casserole, Fresh Fruit,
Sausage, Juice and Coffee.

Fee: \$4/\$5



Birthday Bingo

July 13, 11:30am

Code: 54856

Bring your lunch and join us as we celebrate our July Birthdays. Cake and Ice Cream will be provided. Play bingo for grocery prizes.

Fee: \$1/\$2

Senior Support Group

July 7, 10-11am code: 56290

July 21, 10-11am code: 56291

Join this open support group facilitated by our City of Tempe Counselors to discuss what's on your mind, including: Grief & Loss, Isolation & Loneliness, Financial Needs & Support, Health, Social Supports, and Anything Else!

FREE



June Birthdays!



Happy Birthday!

Iota Bufford

Virginia Kitts

\$1 Appetizers

Join us every Monday at Noon for \$1 Appetizers before Bingo.

7/3	Taquitos	Code: 54851
7/10	Slice of Pizza	Code: 54852
7/17	Hot Dog	Code: 54853
7/24	Eggrolls	Code: 54854
7/31	Mini Chimi	Code: 54873

Fabulous Friday's \$3 Lunch

Join us for our fresh and delicious Friday Lunches at 11:30am for only \$3.

Please register by the Wednesday before the event.

7/7	Meatball Subs, Green Salad & Fresh Fruit	Code: 54862
7/14	Chicken Enchiladas, Rice, Chips & Salsa	Code: 54863
7/21	Loaded Baked Potato with Chicken and Broccoli	Code: 54880

Classes and Programs

Chair Fit & Fabulous with Joan

Mondays, July 3-31 10:30am-11:30am

All levels welcome in this gentle exercise class. Exercise at your comfort level, using a chair or standing. **Code: 54871 Fee: FREE**

Smart Driver TEK Workshops

July 19, 2017

11-12:30pm & 1:30-3pm

Trying to keep up with all of the safety features that may be available on a newer automobile can be daunting. Join us for a workshop that will give you a roadmap to Blind spot Warning systems, Smart Headlights, Reverse Monitoring systems, Forward Collision Warning, Lane Departure Warning, Assistive Parking Systems, Adaptive Cruise Control, Emergency Response Systems, and more!

These are **FREE** seminars provided by AARP. Anyone is welcome to join us but you must register at www.local.aarp.org/phoenix-az/aarp-events/ or call 1-866-591-8105

Multigenerational Program

Wednesday, July 19 10:00am

Enjoy making musical instruments out of recycled materials with our preschool children.

Fee: FREE Code: 56292


Monday

Tuesday

Wednesday

Thursday

Friday

<p>3 10:30am Chair Fit & Fab Code: 54871</p> <p>12pm \$1 Appetizers Menu: Taquitos Code: 54851</p> <p>1pm Bingo</p>	<p>4</p> <p>CAHILL SENIOR CENTER CLOSED</p>	<p>5 10am Pokeno & Bagels Code: 54870</p> <div style="text-align: center;">  </div>	<p>6</p>	<p>7 10-11am Support Group Code: 56290</p> <p>11:30am \$3 Lunch Menu: Meatball Subs, Green Salad and Fruit Code: 54862</p> <p>1pm Bingo</p>
<p>10 10:30am Chair Fit & Fab Code: 54871</p> <p>12pm \$1 Appetizers Menu: Slice of Pizza Code: 54852</p> <p>1pm Bingo</p>	<p>11 10am Eat Healthy, Be Active Code: 54868</p>	<p>12 10am Brunch & Bunco Menu: French Toast Casserole, Fresh Fruit, Sausage, Juice and Coffee. Code: 54846</p>	<p>13 11:30am Birthday Bingo Code: 54856</p>	<p>14 11:30am \$3 Lunch Menu: Chicken Enchiladas, Rice, Chips & Salsa Code: 54863</p> <p>1pm Bingo</p>
<p>17 10:30am Chair Fit & Fab Code: 54871</p> <p>12pm \$1 Appetizers Menu: Hot Dog Code: 54853</p> <p>1pm Bingo</p>	<p>18 10am Eat Healthy, Be Active Code: 54868</p>	<p>19 10:00am Multigenerational Program Code: 56292</p> <p>11am & 1:30pm Smart Driver TEK Workshop</p>	<p>20</p>	<p>21 10-11am Support Group Code: 56291</p> <p>11:30am \$3 Lunch Menu: Loaded Baked Potato with Chicken and Broccoli Code: 54880</p> <p>1 pm Bingo</p>
<p>24 10:30am Chair Fit & Fab Code: 54871</p> <p>12pm \$1 Appetizers Menu: Mini Eggrolls Code: 54854</p> <p>1pm Bingo</p>	<p>25</p>	<p>26 10am Pokeno & Bagels Code: 56293</p>	<p>27</p>	<p>28 11:00am Safari Luncheon Menu: Roast Beef Sandwiches with Au Jus, Fruit, Chips and Dessert Code: 54865</p> <p>1pm Bingo</p>
<p>31 10:30am Chair Fit & Fab Code: 54871</p> <p>12pm \$1 Appetizers Menu: Mini Chimi Code: 54873</p> <p>1pm Bingo</p>			<div style="border: 1px dashed black; padding: 5px;"> <p>July Birthdays</p> <ul style="list-style-type: none"> 1 Ester Gengler 15 Sherry Ward 16. Gloria Woodworth 20. Shannon Skelton 23. Norma Witt </div>	



PYLE
ADULT
RECREATION
CENTER

655 E. Southern Ave.
Tempe, AZ 85282

www.tempe.gov/pyle

(480)350-5211
TTY: (480)350-5050

HOURS

Mon-Thu 8am-9pm
Fri 8am-5pm
Sat 9am-4pm
Sun Closed



Roadrunner Chronicle

PYLE EDITION

JULY 2017

Summer Ice Cream Social

Thursday, July 20

11:30 a.m.

Celebrate summer and get out of the heat! Join your friends for a light lunch and ice cream sundaes, games and prizes.

Lunch menu:

Chicken Salad, Dinner Roll and
Build-Your-Own Ice Cream Sundae

\$5 RTA; \$6 Non-members

Registration Code: 56385

Pyle Special Events

June Birthday Lorna Scooler



Thursday special events start at **11:30 a.m.** unless stated otherwise. Advance registration is required and you may register for the entire month, but payment in full is required at time of registration. Please sign up at the Front Desk.

- 7/6** 11:30 a.m.—Birthday Bingo—Celebrate July birthdays and play BINGO for grocery & other prizes. RTA \$1; Non-members \$2. Code: 55543
- 7/13** 11:30 a.m.—Just Lunch—See page 4 for details. Code: 56386
- 7/20** 11:30 a.m.—Ice Cream Social—See cover for details. Code: 56385
- 7/27** 11:30 a.m.—Brown Bag Series Lecture—See page 7 for details. Code: 56016

Tuesday \$3 Lunch

On Tuesdays, join your friends for a simple, low-cost lunch and games or visiting.

Registration is limited. Please sign up at the Pyle front desk by the Friday before. Sign-ups may also be done at the Cahill Senior Center.

PLEASE NOTE: Lunch is served at 11:30 a.m. Meals **will not** be held for latecomers past 11:45 a.m.
\$3 RTA; \$4 Non-member



This month's menu:

- 7/4 — Pyle Closed for Holiday
- 7/11 — Chipotle Turkey Wrap, Fruit
Code: 55324
- 7/18 — Johnny Chili Mac, Side Salad
Code: 55325
- 7/25 — Taco, Spanish Rice
Code: 55326

PYLE
CLOSED
Tuesday
July 4

Fall Arts & Crafts Boutique 2017

Pyle's Fall Arts & Crafts Boutique will be held Friday, October 20, 9am-4pm and October 21, 9am-3pm. This two-day community event gives artists and crafters an opportunity to sell their handiwork and the

community to get a jump on their Christmas shopping! All items for sale must be hand-made by the vendor.

If you are interested in being a vendor, registration starts

September 11 for RTA members (current by July 1, 2017) and September 12 for all others. See the Pyle front desk for more details.

Groups at Pyle

The Pyle Center has many groups calling it home. If you are interested in joining any group, stop by the Pyle Front Desk for more information.

BOOK CLUB:

This month's meeting is on July 28, 9-11 a.m.

The book is: *Commonwealth* by Ann Patchett

CURRENT EVENTS DISCUSSION GROUP:

Thursdays, 1-3 p.m. Discuss current events, books, events, movies, etc.

GOOD NEWS DISCUSSION GROUP:

Mondays, 1-2:30 p.m.
Discussion related to positive, personal experiences.

MEN'S GROUP

Tuesdays, 1-3 p.m.
Informal discussion just for guys.

BUNCH FOR LUNCH:

A fun group who enjoys food and good company. This month's lunch date:

Friday, July 14 at 11:30 am.

Please sign up at the Pyle Front Desk or call 480-350-5211.



Prankster's Gar and Brill
1024 East Broadway Road

Tempe ~ 480-967-8875

LOONEY TOONERS KITCHEN BAND:

The band meets every Monday, 9:30-11:30 a.m. - September through May.

SENIOR SONGBIRDS:

The Senior Songbirds meet every Wednesday, 9:30-11:30 a.m. - September through May.

NEEDLEWIELDERS:

Tuesdays & Thursdays, 9 a.m.-1 p.m.
Create handcrafted items for charity in a fun, social environment.

SEW WHAT?

Open Needlework and Crafts: Fridays, 12:30-4:30 p.m.
Bring your own project of *any* kind and join in the fun!

Just Lunch with Friends

Thursday, July 13

11:30 a.m.

Get together with friends for a relaxing lunch at Pyle.

Menu:

BLT Salad with Avocado Mayo Dressing & Dessert

Code: 56386

RTA \$5; Non-members \$6



Socrates Café at Pyle — Saturdays

Pyle Adult Recreation Center hosts a special Saturday discussion group called **Socrates Café**. If you are ready for some philosophical conversation with other people who like to discuss thoughtful ideas, this is the group for you! An open mind is the only requirement.

For more information contact Dick at WRDuane@cox.net or Diana at Pyle.



This FREE program happens on the **first and third Saturday** of each month in the Pyle Conference Room at **2:00 to 3:30 p.m.** Canceled on Oct. 21. Join us!

Become a Dementia Friend

Dementia Friendly Tempe will present a monthly series of free education lectures to raise community awareness of memory loss conditions and help families access available resources. Tempe Public Library will host these sessions on the **second Wednesday** of each month.

Coming up soon:

Become a Dementia Friend!

Dementia Friends is the biggest ever initiative to change people's perceptions of dementia. It transforms the way we think, talk and act about the disease. This 1-hour

session helps you learn about dementia and the small ways you can help as you become a Dementia Friend for our community.

July 12—1:00-2:30 p.m.

August 9—1:00-2:30 p.m.

Classes are FREE, but registration is required. Call 602-839-6850 to register or BAIFCS@bannerhealth.com. These classes are not appropriate for the person with dementia.

All classes to be held at **Tempe Public Library**, 3500 S. Rural Rd., Tempe.



Father's Day Fun at Pyle



Drop-in Option for 50+ Classes at Pyle

Drop in to any of the following classes for \$5 per class:

Line Dance: Tuesday, Beginning, 1:30-2:30pm; and Intermediate, 2:30-3:30pm

Tai Chi Body Balance I: Monday | 11:45am-12:45pm

Zumba: Tuesday, 11:10am-12:05pm; Friday, 10:35-11:30am

Zumba Toning: Mon., Wed., Fri., 8:05-9:00am

Yin Yoga: Tuesday, 8:05-9:00am | **Yoga Nidra:** Thursday, 8:05-9:00am

Please see the Tempe Opportunities Brochure for **Session dates and "No Class" dates.**

Check in at the Front Desk before entering classroom.

Pyle Fitness Center

Take advantage of a facility fully equipped for you!

The Pyle Fitness Center is open during the following hours:

Mon.-Thurs., 8 a.m.-8:30 p.m.; Fri., 8 a.m.-4:30 p.m.; Sat. 9 a.m.-3:30 p.m.

Closed on City holidays.

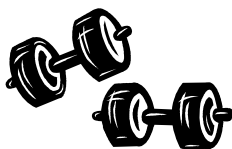
Membership Fees

One month — \$15

Three months — \$35

Six months — \$55

Drop-in — \$2



RTA News

The Retirees of Tempe Advisory group meets the first Thursday of each month at 10:00 am to discuss the activities and programs at the Pyle Center and to advise and help the staff with planning. All RTA members are welcome to join the discussion and become more involved in senior activities at Pyle.

Membership in the RTA is

only \$5 per calendar year. The membership fees help to defray the cost to the city's taxpayers for the free and/or low-cost senior activities such as Card Games, Scrabble, Chess, Billiards, Lunches, Lectures and Workshops at the Pyle Center.

RTA members receive the discounted rate on Thursday special events and \$3 Lunches at Pyle.

RTA board members for 2017 are:

President—Lorna Scooler;
VP—Lance Gavre;
Secretary—Linda Williams

RTA board meetings will take a break for the summer.

Our next meeting will be on **Thursday, Sept. 7 at 10:00 a.m.** in the Conference Room.

Join us!

Color, Create & Converse with Friends

Relax your mind while you color between the lines! Besides de-stressing, another benefit of coloring is better brain health because doing so utilizes both hemispheres of the brain. Join friends for coloring and conversation. Coloring pages, pencils and markers will be provided.



Benefits Assistance Program

Offered by the Area Agency on Aging, this program provides objective information about insurance and benefits to seniors, the disabled, and caregivers.

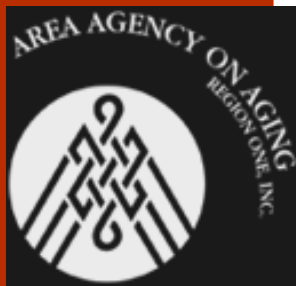
A trained Benefits volunteer will be available on the following Tuesdays:

July 18, 9:30–11:30 am

Services include:

- Assistance with organizing Medicare and Supplemental claims information to ensure all benefits are paid and obligations to providers are satisfied.
- Basic information on applying for Social Security, Medicare and SSI.
- Up-to-date information and assistance on Medicare Part D prescription drug coverage.
- Information regarding HMOs, managed care, Medicare Supplement plans (Medigap), and options under Medicare.
- Assistance with Medicare appeals & resolving problems.

Walk-ins only - no appointment necessary!





Intro to Yoga with Rebecca

Explore the practice of Yoga with Pyle instructor, Rebecca Auernheimer. Some basic information about Yoga and its different types will be discussed. Your FAQs about Yoga will also be considered.

Thursday, July 27

Lecture starts at 12 p.m.

11:30 a.m.—Bring your own lunch, Register in advance for \$1 optional dessert.

Registration Code: 56016



Enjoy Pyle's Bluegrass Jam Sessions

Join the Jam!

All levels of players and listeners are welcome to this twice weekly musical extravaganza. Bluegrass, country, gospel, folk and more are played during each session.

Wednesdays

12:00-2:30 pm

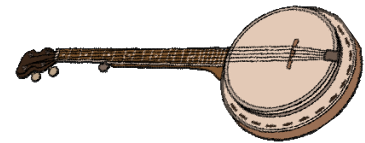
&

Fridays

9:30 am-12:00 pm

Free

Pull a chair into the circle and play or just listen to some great music.



Computer Class at Pyle

Memories on an iPad

“Memories” is one of Apple’s photo apps for the iPhone or iPad. You will learn how to get started with Memories by creating your own slideshows, customizing it to your liking with photos, videos, music, titles and more. Intermediate iPad skills recommended. Fee: None. 480-350-5802.

55221 50 yrs+ W 7/12-7/26 10-11:30 a.m.

For more computer and technology classes, check out www.tempe.gov/library



All
Activities
Cancelled
Tuesday,
July 4

50+ Activities

Please Note:

Painting Open Studio will not be offered on the 3rd Friday of each month.

BINGO: (for 18+)

Wed., 1pm; Card sales begin at 12:15pm; 50¢ per card; 10 card limit.

BLUEGRASS JAM SESSION:

Wed., 12-2:30pm
Fri., 9:30am-12pm

CHESS

Thurs., 2:30pm

CRIBBAGE

Mon., 8:30am-12pm

MAH JONGG

Tues. & Thurs., 1-4:30 pm (intermediate / advanced)

PAINTING OPEN STUDIO

Wed., 9am-1pm;
Fri., 12:30-4:30pm. (Except 3rd Fridays)

For current and past participants of Pyle art classes.

PARTY BRIDGE

Tues. & Thurs., 8:30am-3pm
Wed., 11am-3pm

PING PONG

Mon., 3-5pm; Tues., 3-5pm;

PINOCHLE & GAMES

Tues. & Thurs, 8:30am-3pm

SEW WHAT?

Fri., 12:30-4:30pm
Quilting group; also knitting, crochet and sewing.

SOCIAL SCRABBLE

Mon., 12:30-5pm
Players of all levels are welcome!

Wii

Tues., 8:30-11am

Registration

Registration starts August 7 for Tempe residents; August 14 for non-residents.

Please see the Tempe Opportunities brochure for other "no class" days.

Registration for Fall Classes Starts Aug. 7

ART

Acrylic and Oil Painting

55338	M	9/11-10/16	9 a.m.-noon	\$39
55339	W	9/6-10/18	1-4 p.m.	\$46
55340	Th	9/7-10/19	9 a.m.-noon	\$46
55517	M	10/23-12/4	9 a.m.-noon	\$39
55519	W	10/25-12/6	1-4 p.m.	\$39
55520	Th	10/26-12/7	9 a.m.-noon	\$39

Drawing; Color/B&W

55342	M	9/11-10/16	12:30-3:30 p.m.	\$39
55522	M	10/23-12/4	12:30-3:30 p.m.	\$39

Pastel Painting

55346	Th	9/7-10/19	1-4 p.m.	\$44
55526	Th	10/26-12/14	1-4 p.m.	\$44

Watercolor Painting

55360	T	9/5-10/17	1-4 p.m.	\$47
55534	T	10/24-12/5	1-4 p.m.	\$40

Introduction to Watercolor Painting

55361	T	9/5-10/17	9 a.m.-noon	\$47
55535	T	10/24-12/12	9 a.m.-noon	\$47

DANCE

Line Dance; Beginning

55344	T	9/5-10/17	1:30-2:30 p.m.	\$28
55524	T	10/24-12/12	1:30-2:30 p.m.	\$28

Line Dance; Intermediate

55345	T	9/5-10/17	2:30-3:30 p.m.	\$28
55525	T	10/24-12/12	2:30-3:30 p.m.	\$28

Tap Dance; Beginning

55355	M/Th	9/7-10/19	M 10:30-11:25 a.m. Th 11:15 a.m.-12:10 p.m.	\$39
55531	M/Th	10/24-12/14	10:30-11:25 a.m. Th 11:15 a.m.-12:10 p.m.	\$42

Tap Dance; Intermediate

55356	T/Th	9/5-10/19	9:10-10:05 a.m.	\$42
55532	T/Th	10/24-12/14	9:10-10:05 a.m.	\$42

Tap Dance; Performance

55357	T/Th	9/5-10/19	10:10-11:05 a.m.	\$42
55533	T/Th	10/24-12/14	10:10-11:05 a.m.	\$42

FITNESS

Chair Yoga

55341	W/F	9/6-10/20	9-10 a.m.	\$42
55521	W/F	10/25-12/15	9-10 a.m.	\$39

Gentle Joint Cardio

55457	W	9/6-10/18	10:30 a.m.-11:30 p.m.	\$27
55458	W	10/25-12/13	10:30 a.m.-11:30 p.m.	\$27

Gentle Yoga

55343	T	9/6-10/18	12:15-1:15 p.m.	\$28
55523	T	10/24-12/12	12:15-1:15 p.m.	\$28

Seated Strength Training

55347	M	9/11-10/16	9-9:45 a.m.	\$18
55348	Th	9/7-10/19	10:15-11 a.m.	\$21
55527	M	10/23-12/11	9-9:45 a.m.	\$18
55528	Th	10/26-12/14	10:15-11 a.m.	\$18

Stretch & Tone

55349	M/W	9/11-10/18	10:30-11:15 a.m.	\$29
55350	T/Th	9/12-10/19	9:15-10 a.m.	\$29
55351	M/W	10/23-12/13	10:30-11:15 a.m.	\$34
55352	T/Th	10/24-12/14	9:15-10 a.m.	\$34

Tai Chi / Body Balance I

55353	M	9/11-10/16	11:45 a.m.-12:45 p.m.	\$26
55529	M	10/23-12/11	11:45 a.m.-12:45 p.m.	\$30

Tai Chi / Body Balance II (Prerequisite: Body Balance I)

55354	M	9/11-10/16	12:50-1:50 p.m.	\$26
55530	M	10/23-12/11	12:50-1:50 p.m.	\$30

Toners & Shapers

55358	M/W/F	9/11-10/18	9:15-10:15 a.m.	\$51
55359	M/W/F	10/23-12/15	9:15-10:15 a.m.	\$60

Yin Yoga

55362	T	9/5-10/17	8:05-9 a.m.	\$24
55536	T	10/24-12/12	8:05-9 a.m.	\$24

Yoga Nidra

55363	Th	9/7-10/19	8:05-9 a.m.	\$24
55537	Th	10/26-12/14	8:05-9 a.m.	\$24

Zumba for 50+

55364	T	9/5-12/12	11:10 a.m.-12:05 p.m.	\$48
55365	F	9/8-12/15	10:35-11:30 a.m.	\$41

Zumba Toning

55366	M	9/11-12/11	8:05-9 a.m.	\$44
55367	W	9/6-12/13	8:05-9 a.m.	\$48
56345	F	9/8-12/15	8:05-9 a.m.	\$41

Register online at: <https://apm.activecommunities.com/tempeopportunities>

Pyle July 2017

Monday

Tuesday

Wednesday

Thursday

Friday

<p>3 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<p>4 Pyle Closed  Happy 4th of July!</p>	<p>5 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>6 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am Birthday Bingo 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>7 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What? 12:30pm Painting Open Studio</p>
<p>10 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<p>11 8:30-11am Wii 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am \$3 Lunch (pg.2) 1-4:30pm Mah Jong 3-5pm Ping Pong</p>	<p>12 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>13 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am Lunch event 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>14 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What? 12:30pm Painting Open Studio</p>
<p>17 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<p>18 8:30-11am Wii 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 9:30-11:30am Benefits Assistance Program 11:30am \$3 Lunch (pg.2) 1-4:30pm Mah Jongg 3-5pm Ping Pong</p>	<p>19 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>20 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30 Ice Cream Social 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>21 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What?</p>
<p>24 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<p>25 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 9:30-11:30am Benefits Assistance Program 11:30am \$3 Lunch (pg.2) 1-4:30pm Mah Jongg 3-5pm Ping Pong</p>	<p>26 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>27 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 12:00 pm BBS 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>28 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What? 12:30pm Painting Open Studio</p>
<p>31 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<p>Looking ahead to August:</p> <ul style="list-style-type: none"> • 8/1 Birthday Bingo • 8/10 Summer Lunch with Friends • 8/17 Dog Days of Summer Luncheon • 8/24 Breakfast & Bunco • 8/31 BBS Lecture 			