

# Roadrunner Chronicle

CAHILL EDITION

JANUARY 2018



CAHILL  
SENIOR  
CENTER

715 W. Fifth St.  
Tempe, AZ 85281

[www.tempe.gov/cahill](http://www.tempe.gov/cahill)

(480) 858-2420  
TTY: (480) 350-5050

#### HOURS

Monday-Friday  
8:30am-2:30pm

Saturday Closed

Sunday Closed

## YEAR IN REVIEW LUNCHEON



Friday, January 26, 2018 11am-12:30pm

See yourself on the big screen as we look at the past year through photos of the 2017 events at the Cahill Senior Center.

Menu: Shredded BBQ chicken sandwich, coleslaw, baked beans, & dessert.

\$5 RTA members ~ \$6 Non members

Registration Code: 56953

### Outing: Tempe Center for the Arts

Performance with a view:

\*Conder/dance - Dance preview of "Breaking Ground".  
Tuesday, January 9. FREE. Code: 57925

&

\*Carol Fitzpatrick studio class:

Students sing opera, operetta and musical theatre selections.  
Tuesday, January 23. FREE. Code: 57643

9:30am: Meet at the Tempe Center for the Arts, Lobby  
700 W Rio Salado Pkwy Tempe, AZ 85281

### Pokeno

January 3, 10am code:56945

January 24, 10am code:57642

Pokeno is an easy game like bingo but with playing cards. Join us for bagels and coffee while playing Pokeno for grocery prizes.

Fee: \$2

### Brunch & Bunco

January 10, 10am Code: 56914

Menu: Ham & cheese scrambled eggs, potatoes O'Brien, fresh fruit, juice and coffee.

Fee: \$4/\$5



### Birthday Bingo

January 11, 11:30am Code:56927

Bring your lunch and join us as we celebrate our January Birthdays. Cake and Ice Cream will be provided. Play bingo for grocery prizes. Fee: \$1

### Lunch and Learn

Friday, January 12, 11:30am

No code, all welcome

Hints for selling your home when downsizing or moving in with family. Also; open houses, showings, what happens after an offer and more. Presented by Christine Burton, Realtor. Fee: FREE



**December Birthdays!**



**Eileen Collins**

**Loretta O'Malley**

**Mary Paschal**

**Elaine Cloninger**

## \$1 Appetizers

Join us every Monday at Noon for \$1 Appetizers before Bingo.

- |      |                                   |             |
|------|-----------------------------------|-------------|
| 1/8  | Mini quiche                       | Code: 56917 |
| 1/22 | Egg rolls with sweet & sour sauce | Code: 56918 |
| 1/29 | Italian meatballs                 | Code: 56919 |

## Fabulous Friday's \$3 Lunch

Join us for our fresh and delicious Friday Lunches at 11:30am for only \$3. Please register by the Wednesday before the event.

- |      |  |             |
|------|--|-------------|
| 1/5  | Tostada with Spanish rice              | Code: 56930 |
| 1/12 | Pepper steak, rice & green salad       | Code: 56931 |
| 1/19 | Turkey pot pie, fruit, and green salad | Code: 56932 |

### Eat healthy, be

#### active

**Tuesdays, 1/9-2/13**  
**9:30am-10:30am**

Taught by Nutrition Education Professionals, this class will discuss healthy food choices, recipe modifications/substitutions, eating on a budget, and a cooking demo with samples. Each participant will take home recipes and a free gift.  
Fee: FREE Code: 56954

### Intergenerational Program

**Wednesday,**

**January 17, 10am-11am**

Join our preschool class as we have fun crafting, and playing games together!

Refreshments will be served.

**Fee: FREE**

**Code: 56942**



### Chair Fit & Fabulous with Joan

**Mondays**

**10:30am-11:30am**

All levels welcome in this gentle exercise class. Exercise at your comfort level, using a chair or standing.

**Fee: FREE**

### Banner Brain Health Program



**Wednesday January 31, 9:30am - 12:00pm**

Banner Health has designed a program to boost brain health. This free 2.5 hour Brain Health Boot Camp reviews lifestyle factors related to brain health and teaches a variety of methods to exercise various cognitive domains of the brain.

**Pre register by calling 602-230-2273**

# Cahill January 2018

**Monday      Tuesday      Wednesday      Thursday      Friday**

<p><b>1</b> <b>Cahill Closed</b> <b>No Bingo</b></p>	<p><b>2</b></p>	<p><b>3</b> <b>10am Pokeno &amp; Bagels</b> Code:56945 \$2</p> <div style="text-align: center;">  </div>	<p><b>4</b></p>	<p><b>5</b> <b>11:30am \$3 Lunch</b> Menu: Tostada with Spanish rice Code:56930 <b>1pm Bingo</b></p>
<p><b>8</b> <b>10:30am Chair Fit &amp; Fab</b> Code: 56952  <b>12pm \$1 Appetizers</b> Menu: Mini quiche Code: 56917 <b>1pm Bingo</b></p>	<p><b>9</b> <b>9:30am Eat healthy, be active</b> Code:56954 <b>Outing: TCA</b> <b>9:30am Performance with a view:</b> Dance preview of "Breaking ground" Code:57925</p>	<p><b>10</b> <b>10am Brunch &amp; Bunco</b> Menu: Ham &amp; cheese scrambled eggs, potatoes O'Brien, fresh fruit, Juice and Coffee. Code:56914 \$4/\$5</p>	<p><b>11</b> <b>11:30am Birthday Bingo</b> Code:56927 \$1</p> <div style="text-align: center;">  </div>	<p><b>12</b> <b>11:30am \$3 Lunch</b> Menu: Pepper steak, rice &amp; green salad Code:56931 <b>1pm Bingo</b></p>
<p><b>15</b> <b>Cahill Closed</b> <b>No Bingo</b></p>	<p><b>16</b> <b>9:30am Eat healthy, be active</b> Code:56954</p>	<p><b>17</b> <b>10am Intergenerational Program</b> Code: 56942</p>	<p><b>18</b></p>	<p><b>19</b> <b>11:30am \$3 Lunch</b> Menu: Turkey pot pie, fruit &amp; green salad Code:56932 <b>1pm Bingo</b></p>
<p><b>22</b> <b>10:30am Chair Fit &amp; Fab</b> Code:56952 <b>12pm \$1 Appetizers</b> Menu: Egg rolls Code:56918 <b>1pm Bingo</b></p>	<p><b>23</b> <b>9:30am Eat healthy, be active</b> Code:56954 <b>Outing: TCA</b> <b>9:30am Carol Fitzpatrick studio class:</b> Students sing opera. Code:57643</p>	<p><b>24</b> <b>10am Pokeno &amp; Pastries</b> Code:57642 \$2</p>	<p><b>25</b></p>	<p><b>26</b> <b>Year in Review Luncheon</b> <b>11am-12:30pm</b> Menu: Shredded BBQ chicken sandwiches, coleslaw, baked beans &amp; dessert Code:56953 \$5/\$6 <b>1pm Bingo</b></p>
<p><b>29</b> <b>10:30am Chair Fit &amp; Fab</b> Code: 56952 <b>12pm \$1 Appetizers</b> Menu: Italian meatballs Code:56919 <b>1pm Bingo</b></p>	<p><b>30</b> <b>9:30am Eat healthy, be active</b> Code:56954</p>	<p><b>31</b> <b>9:30am Banner Brain Health Program</b> 602-230-2273</p>	<p><b><u>JANUARY BIRTHDAYS</u></b> 17. Linda Flores 28. Joanne Johnson</p>	<p><b><u>LOOKING AHEAD</u></b> <u>Feb 7.</u> Pokeno <u>Feb 8.</u> B-day bingo <u>Feb 14.</u> Brunch &amp; bunco <u>Feb 21.</u> Intergenerational program <u>Feb 23.</u> Special event luncheon <u>Feb 28.</u> Pokeno</p>



PYLE  
ADULT  
RECREATION  
CENTER

655 E. Southern Ave.  
Tempe, AZ 85282

[www.tempe.gov/pyle](http://www.tempe.gov/pyle)

(480)350-5211  
TTY: (480)350-5050

**HOURS**  
Mon-Thu 8am-9pm  
Fri 8am-5pm  
Sat 9am-4pm  
Sun Closed



# Roadrunner Chronicle

PYLE EDITION

JANUARY 2018

## Happy New Year!

### Winter Luncheon

### Thursday, January 11

### 11:30 am

Celebrate friends and good times at Pyle  
with a **2017** Year In Review slide show.

Menu: Grilled Ham and Swiss Sandwich,  
Side Salad and Dessert

RTA \$5; Non-members \$6

Code: 57730

Please register by January 8

## Pyle Special Events

**T**hursday special events start at **11:30 a.m.** unless stated otherwise. Advance registration is required and you may register for the entire month, but payment in full is required at time of registration. Please sign up at the Front Desk.

1/4 11:30 a.m.—Birthday Bingo—Celebrate January birthdays and play BINGO for grocery & other prizes. RTA \$1; Non-members \$2. Code: 57717

1/11 11:30 a.m.—2017 Year in Review—See page 1 for details. Code: 57730

1/18 1:00 p.m.—Volunteer Appreciation Party —  
By Invitation Only

1/25 12:00 p.m.—Brown Bag Series Lecture—Valley Metro—  
Code: 57732



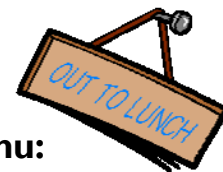
## Pyle Tuesday Lunch

On Tuesdays, join your friends for **This month's menu:** a simple, low-cost lunch.

Registration is limited. Please sign up at the Pyle front desk by the Friday before. Sign-ups may also be done at the Cahill Senior Center.

**PLEASE NOTE: Lunch is served at 11:30 a.m.** Meals **will not** be held for latecomers past 11:45 a.m.

\$3 RTA; \$4 Non-member



1/2 — Meatball Sub, Side Salad  
Code: 57927

1/9 — Chicken Salad Croissant  
Fruit Code: 57928

1/16 — Grilled Cheese, Tomato  
Soup Code: 57929

1/23 — Chef Salad, Fruit  
Code: 57930

1/30 — Ham & Cheese Slider,  
Chips Code 57931

Color, Create  
& Converse  
Tuesdays  
10-11:30 a.m.  
In the MP Room  
All supplies  
provided  
or bring your own!  
**FREE**

# AARP Tax Aide starts February 5

AARP Tax-Aide provides **free** tax assistance and tax preparation for low to moderate income taxpayers, with special attention to those aged 60 and older. This service will be available at the Pyle Center on Mondays from 8:30 to 3:00pm, starting Feb. 5 and continuing each Monday until April 16, (except February 19 when the Pyle

Center is closed for Presidents' Day).

AARP Tax-Aide volunteers are trained in cooperation with the Internal Revenue Service and offer help with personal income tax returns. Completed returns are filed electronically, which is very efficient and expedites your refund. This free tax service is available by

appointment and to "walk-ins." Appointments will only be made **in person**.

Tax Aide volunteers will be at Pyle on Jan. 29, 8:30-11:00 a.m. to **make appointments only**. Appointments will also be made each Monday during the Tax Aide hours. **No appointments will be made by phone.**

## Groups at Pyle

The Pyle Center has many groups calling it home. If you are interested in joining any group, stop by the Pyle Front Desk for more information.

### BOOK CLUB:

This month's meeting is on January 26, 9-11 a.m.

The book is:

*The Invention of Wings*  
by Sue Monk Kidd

### CURRENT EVENTS

#### DISCUSSION GROUP:

Thursdays, 1-3 p.m. Discuss current events, books, events, movies, etc.

### GOOD NEWS

#### DISCUSSION GROUP:

Mondays, 1-2:30 p.m.

Discussion related to positive, personal experiences.

### MEN'S GROUP

Tuesdays, 1-3 p.m.

Informal discussion just for guys.

### BUNCH FOR LUNCH:

A fun group who enjoys food and good company. This month's lunch date:

Friday, January, 12 at 11:30 a.m.

**Please sign up** at the Pyle Front Desk or call 480-350-5211.



**Tasty Kabob**

**1250 East Apache Blvd.**

**Tempe ~ 480-966-0260**

### LOONEY TOONERS

#### KITCHEN BAND:

The band meets every Monday, 9:30-11:30 a.m. - September through May.

#### SENIOR SONGBIRDS:

The Senior Songbirds meet every Wednesday, 9:30-11:30 a.m. - September through May.

#### NEEDLEWIELDERS:

Tuesdays & Thursdays, 9 a.m.-1 p.m.

Create handcrafted items for charity in a fun, social environment.

#### SEW WHAT?

Open Needlework and Crafts: Fridays, 12:30-4:30 p.m.

Bring your own project of **any** kind and join in the fun!

## Volunteer Appreciation Party

A special celebration of our official volunteers to say thanks for your contributions to Pyle in 2017!

Save  
the  
Date

**Thursday, January 18 at 1:00 pm**

Enjoy tasty hors d'oeuvres and entertainment  
By invitation only. Please look for your invitation in the mail.

RSVP by January 12

Code: 57731



## ATSU - A Matter of Balance in January

**ATSU**  
A.T. STILL  
UNIVERSITY

Do you have concerns about falling? A.T. Still University will again offer a **FREE** 8-week course at Pyle that will zero in on the topic of Fall Prevention. *A Matter of Balance* is an award-winning program designed to manage falls and increase activity levels. You will learn to view falls as controllable, set goals for increasing activity, make changes to reduce fall risks at home and exercise

to increase strength and balance.

Class size is limited, so register early. Don't let the fear of falling restrict your activities and keep you from living a happy and independent life.

**Fridays, January 19—March 9, 2018**  
**9:30-11:30 a.m.**

**Registration Code: 57609**

## February "Healthier Living" Workshop

For adults and/or caregivers living with Diabetes, Arthritis, High Blood Pressure, Heart Disease, or ANY other chronic health condition. Dignity Health's "Healthier Living" workshop is a proven Chronic Disease Self-Management Program (CDSMP). It includes a series of classes designed to help you learn chronic disease self-management skills. You will be given the tools

you need to improve your health and quality of life.

**Mondays,**  
**Feb. 27 — April 10**

First class is one hour beginning at 9:00 a.m., but subsequent sessions are: **9:00 a.m. - 11:30 a.m.**

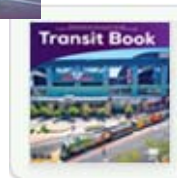
This program is free.

Code: **57932**



# Get on the Bus! With Valley Metro Route Info

Join Delores Nolan from Valley Metro when she visits to share information about services and new routes offered by the Valley's Public Transportation System. You will be amazed by how far you can travel: Sky Harbor, Chase Field, Phoenix Art Museum, ASU and the Pyle Center are all stops along the way.



The presentation is free. Bring your lunch, add dessert for \$1. Doors open at 11:30 a.m.

**Thursday, January 25**

**12:00 pm**

Registration Code:  
**57732**

## Drop-in Option for 50+ Classes at Pyle

**Drop in to any of the following classes for \$5 per class:**

**Beginning Tap Dance:** Mon., 10:30-11:25am, Thurs., 11:15am-12:10pm

**Line Dance:** Tues., Beg., 1:30-2:30pm; Intermed., 2:30-3:30pm

**Tai Chi Body Balance I:** Mon., 11:45am-12:45pm

**Zumba:** Tues., 11:10am-12:05pm; Fri., 10:35-11:30am

**Zumba Toning:** Mon., Wed., Fri., 8:05-9:00am

**Yin Yoga:** Tues., 8:05-9:00am | **Yoga Nidra:** Thurs., 8:05-9:00am

Please see the Tempe Opportunities Brochure for **Session dates and "No Class" dates.**

Check in at the Front Desk before entering classroom.

## Pyle Fitness Center

Take advantage of a facility fully equipped for you!

The Pyle Fitness Center is open during the following hours:

Mon.-Thurs., 8 a.m.-8:30 p.m.; Fri., 8 a.m.-4:30 p.m.; Sat. 9 a.m.-3:30 p.m.

Closed on City holidays.



Membership Fees

One month — \$15

Three months — \$35

Six months — \$55

Drop-in — \$2



## Retirees of Tempe Advisory Group

The Retirees of Tempe Advisory (RTA) group meets the first Thursday of each month to discuss the activities and programs at the Pyle Center and to advise and help the staff with planning. All RTA members are welcome to join the discussion and become more involved in senior activities at Pyle.

Membership in the RTA is

only \$5 per calendar year. The membership fees help to defray the cost to the city's taxpayers for the free and/or low-cost senior activities such as Card Games, Scrabble, Chess, Billiards, Lunches, Lectures and Workshops at the Pyle Center.

RTA members receive a discounted rate on Thursday special events and \$3 Lunches at Pyle.

RTA board members for 2018 are:

President—Lorna Scooler;  
1st VP—Tol Chesko  
2nd VP—Lance Gavre;  
Secretary—Beverly Miller

Our next meeting will be on **Thursday, January 4 at 10:00 a.m.** in the Conference Room.

Join us!

## Estate Planning 101—Avoid Common Mistakes

Join Travis Campbell, Esq. of Butler Law Office for a free presentation that will outline the basics of a healthy Estate Plan. Mr. Campbell will explain what you need to know to pass your assets on to people you've chosen and how to avoid common mistakes that may slow the process.

**Tuesday, January 30**

**10:30 am**

Registration Code: 57960



## Benefits Assistance Program

Offered by the Area Agency on Aging, this program provides objective information about insurance and benefits to seniors, the disabled, and caregivers.

A trained Benefits volunteer will be available on the following Tuesdays:

**Jan. 2, 9:30–11:30 am**

**Jan. 16, 9:30–11:30 am**

### Services include:

- Assistance with organizing Medicare and Supplemental claims information to ensure all benefits are paid and obligations to providers are satisfied.
- Up-to-date information and assistance on Medicare Part D prescription drug coverage.

- Information regarding HMOs, managed care, Medicare Supplement plans (Medigap), and options under Medicare.
- Assistance with Medicare appeals & resolving problems.

Walk-ins only - no appointment necessary!



# Making Music, Making Memories



Making Music, Making Memories is a program for people with memory loss and their partners that meets at Pyle every Friday morning at 10:30 a.m. This weekly music therapy group session provides an opportunity for music lovers to come together to sing, play an instrument, drum or tap along to music. A love of music is the only requirement! Classes are hosted by Herberger ASU School of Music and spon-

sored by the City of Tempe and Banner Alzheimer's Institute.

For more information, and to register, please contact Sun Joo Lee at 480-274-3206, or email: [ssoli96@hotmail.com](mailto:ssoli96@hotmail.com).



# Become a Dementia Friend



Dementia Friendly Tempe is taking part in an ambitious initiative to change people's perceptions of dementia by transforming the way the Tempe community thinks, talks and acts about the disease. Dementia Friends Arizona is big project that asks for a small commitment: an hour of your time to learn how to become a Dementia Friend.

difference in the lives of people living with dementia. Learn five key messages about dementia, what are the most common types and turn this understanding into an action that will help someone living with the disease.

Wednesday, January 10, 1:00-2:30 p.m.

Tempe Public Library, 3500 S. Rural Rd., Tempe

Help community members understand what dementia is, how it affects people and how we each can make a

There is no cost to attend, but please register: Call (602)839-6850 or email [BAIFCS@bannerhealth.com](mailto:BAIFCS@bannerhealth.com)

## Living With Memory Loss?

Tempe is part of **Dementia Friendly America** and we have resources so you can Find Help, Get Educated and Get Connected about Alzheimer's disease and dementia related diseases.

professional knowledgeable about a variety of conditions that affect memory and thinking, such as Alzheimer's disease, is available to answer questions, provide education and supportive ideas.

### Get connected with others

**Memory Café** is a comfortable, safe and engaging place for people living with memory loss along with their care partners to meet with others in a like situation. Joining us will help you remain socially active and get connected to important programs and resources in the local area.

### Memory Cafe on Mondays

Every Monday (closed holidays)  
9:30 a.m. to noon

**Tempe Public Library, 3500 S. Rural Rd.**

Any questions? Phone: 480-350-8534

Email: [DFT@tempe.gov](mailto:DFT@tempe.gov)

Drop in, grab a cup of coffee and talk with others. A

# 50+ Activities

**Please Note:**

Painting Open Studio will not be offered on the 3rd Friday of each month.

All Activities  
Cancelled

Monday,  
January 1 and 15 -  
Pyle Closed.

**BINGO: (for 18+)**

Wed., 1pm; Card sales begin at 12:15pm; 50¢ per card; 10 card limit.

**BLUEGRASS JAM SESSION:**

Wed., 12-2:30pm  
Fri., 9:30am-12pm

**CHESS**

Thurs., 2:30pm

**COLOR, CONVERSE & CREATE**

Tues., 10-11:30am

**CRIBBAGE**

Mon., 8:30am-12pm

**MAH JONGG**

Tues. & Thurs., 1-4:30 pm (intermediate / advanced)

**PAINTING OPEN STUDIO**

Wed., 9am-1pm; Fri., 12:30-4:30pm. (Except 3rd Fridays)

For current and past participants of Pyle art classes.

**PARTY BRIDGE**

Tues. & Thurs., 8:30am-3pm  
Wed., 11am-3pm

**PING PONG**

Mon., 3-5pm; Tues., 3-5pm

**PINOCHLE & GAMES**

Tues. & Thurs, 8:30am-3pm

**SEW WHAT?**

Fri., 12:30-4:30pm  
Quilting group; also knitting, crochet and sewing.

**SOCIAL SCRABBLE**

Mon., 12:30-5pm  
Players of all levels are welcome!

**Wii**

Tues., 8:30-11am

## Winter 2018 Instructional Classes

**ART**

**Acrylic and Oil Painting**

57053	M	1/8-3/5	9 a.m.-noon	\$47
57054	W	1/10-3/7	1-4 p.m.	\$60
57055	Th	1/11-3/8	9 a.m.-noon	\$60

**Drawing; Color/B&W**

57057	M	1/8-3/5	12:30-3:30 p.m.	\$47
-------	---	---------	-----------------	------

**Pastel Painting**

57061	Th	1/11-3/8	1-4 p.m.	\$60
-------	----	----------	----------	------

**Watercolor Painting**

57078	T	1/9-3/6	1-4 p.m.	\$60
-------	---	---------	----------	------

**Introduction to Watercolor Painting**

57079	T	1/9-3/6	9 a.m.-noon	\$60
-------	---	---------	-------------	------

**DANCE**

**Line Dance; Beginning**

57059	T	1/9-3/6	1:30-2:30 p.m.	\$36
-------	---	---------	----------------	------

**Line Dance; Intermediate**

57060	T	1/9-3/6	2:30-3:30 p.m.	\$36
-------	---	---------	----------------	------

**Tap Dance; Beginning**

57072	1/8-3/8	M	10:30-11:25 a.m.	\$48
		Th	11:15 a.m.-12:10 p.m.	

**Tap Dance; Intermediate**

57073	T/Th	1/9-3/8	9:10-10:05 a.m.	\$54
-------	------	---------	-----------------	------

**Tap Dance; Performance**

57074	T/Th	1/9-3/8	10:10-11:05 a.m.	\$54
-------	------	---------	------------------	------

**FITNESS**

**Chair Yoga**

57056	W/F	1/10-3/9	9-10 a.m.	\$54
-------	-----	----------	-----------	------

**Gentle Joint Cardio**

56507	W	1/10-3/28	10:30-11:30 a.m.	\$44
-------	---	-----------	------------------	------

**Gentle Yoga**

57058	T	1/9-3/6	12:15-1:15 p.m.	\$36
-------	---	---------	-----------------	------

**Seated Strength Training**

57062	M	1/8-3/5	9-9:45 a.m.	\$21
57063	Th	1/11-3/8	10:15-11 a.m.	\$27

**Stretch & Tone**

57064	M	1/8-3/5	10:30-11:15 a.m.	\$18
57065	T	1/9-3/6	10:30-11:15 a.m.	\$23
57066	W	1/10-3/7	10:30-11:15 a.m.	\$23
57067	F	1/12-3/9	10:30-11:15 a.m.	\$21

**Tai Chi / Body Balance I**

57068	M	1/8-1/29	11:45 a.m.-12:45 p.m.	\$13
57069	M	2/26-3/12	11:45 a.m.-12:45 p.m.	\$13

**Tai Chi / Body Balance II (Prerequisite: Body Balance I)**

57070	M	1/8-1/29	12:50-1:50 p.m.	\$13
57071	M	2/26-3/12	12:50-1:50 p.m.	\$13

**Toners & Shapers**

57075	M	1/8-3/5	9:15-10:15 a.m.	\$21
57076	W	1/10-3/7	9:15-10:15 a.m.	\$27
57077	F	1/12-3/9	9:15-10:15 a.m.	\$24

**Yin Yoga**

57080	T	1/9-3/6	8:05-9 a.m.	\$32
-------	---	---------	-------------	------

**Yoga Nidra**

57081	Th	1/11-3/8	8:05-9 a.m.	\$32
-------	----	----------	-------------	------

**Zumba for 50+**

57082	T	1/9-3/6	11:10 a.m.-12:05 p.m.	\$36
57083	F	1/12-3/9	10:35-11:30 a.m.	\$36

**Zumba Toning**

57084	M	1/8-3/5	8:05-9 a.m.	\$28
57085	W	1/10-3/7	8:05-9 a.m.	\$36
57086	F	1/12-3/9	8:05-9 a.m.	\$36

Register NOW  
for Winter  
classes.  
Please  
check Tempe  
Opportunities  
brochure for  
“no class” dates.

Register online at:

<https://apm.activecommunities.com/tempeopportunities>

# Pyle January 2018



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

<p>1 PYLE CLOSED</p> 	<p>2 8:30-11am Wii 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 9:30-11:30am Benefits Assistance Program 11:30am \$3 Lunch (pg. 2) 1-4:30pm Mah Jong 3-5pm Ping Pong</p>	<p>3 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session  <b>1pm BINGO</b></p>	<p>4 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 10am RTA Meeting <b>11:30am Birthday Bingo</b> 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>5 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What? 12:30pm Painting Open Studio</p>
<p>8 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<p>9 8:30-11am Wii 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am \$3 Lunch (pg. 2) 1-4:30pm Mah Jong 3-5pm Ping Pong</p>	<p>10 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session  <b>1pm BINGO</b></p>	<p>11 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 10am RTA Meeting <b>11:30am Year in Review Luncheon</b> 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>12 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What? 12:30pm Painting Open Studio</p>
<p>15 PYLE CLOSED</p> 	<p>16 8:30-11am Wii 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9:30-11:30am Benefits Assistance Program 9am-1pm Needlewielders 11:30am \$3 Lunch (pg. 2) 1-4:30pm Mah Jongg 3-5pm Ping Pong</p>	<p>17 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session  <b>1pm BINGO</b></p>	<p>18 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders <b>1:00 pm Volunteer Appreciation Party</b> 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>19 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What?</p>
<p>22 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<p>23 8:30-11am Wii 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am \$3 Lunch (pg. 2) 1-4:30pm Mah Jongg 3-5pm Ping Pong</p>	<p>24 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session  <b>1pm BINGO</b></p>	<p>25 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders <b>12:00pm Brown Bag Lecture</b> 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>26 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What? 12:30pm Painting Open Studio</p>
<p>29 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<p>30 8:30-11am Wii 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am \$3 Lunch (pg. 2) 1-4:30pm Mah Jongg 3-5pm Ping Pong</p>	<p>31 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session  <b>1pm BINGO</b></p>	<p>Looking ahead to February ~</p> <ul style="list-style-type: none"> <li>• 2/1 Birthday Bingo</li> <li>• 2/8 Breakfast &amp; Bunco</li> <li>• 2/15 TBD event</li> <li>• 2/22 BBS Lecture</li> </ul> 	