

Roadrunner Chronicle

MAY 2017

CAHILL EDITION



Mother's Day Luncheon

Friday May 12, 11am-12:30pm

Mothers, it's all about you today!

Enjoy a delicious lunch, relax and be pampered.

\$5 RTA members ~ \$6 Non members

Registration Code: 53725

Menu: Cobb Salad, Bread Sticks and Chocolate Covered Strawberries.

Happy
Mother's Day

CAHILL
SENIOR
CENTER

715 W. Fifth St.
Tempe, AZ 85281

[www.tempe.gov/
cahillseniorcenter](http://www.tempe.gov/cahillseniorcenter)

(480)858-2420
TTY: (480)350-5050

HOURS

Monday-Friday
8:30am-2:30pm

Saturday Closed

Sunday Closed

Outing: Tempe Center for the Arts "Performance with a View"

CONDER Dance Company presents: Tiny Dances

Tuesday, May 16

9:30am: Coffee service begins 10am: Program Begins
Optional gallery and facility tours follow.

9:30am: Meet Chanel McFollins in Tempe Center for the Arts, Lobby
700 W Rio Salado Pkwy Tempe, AZ 85281

FREE Code: 55434

Brunch & Bunco

May 10, 10am Code: 53707

Menu: Ham Egg Bake,
Potatoes O'Brien, Fresh
Fruit, Juice and Coffee.

Fee: \$4/\$5



Pokeno & Bagels

May 3, 10am code: 53727

May 24, 10am code: 55440

Pokeno is an easy game like bingo but
with playing cards. Join us for bagels
and coffee while playing Pokeno for
grocery prizes.

Fee: \$2

New! Senior Support Group

May 5, 10-11am code: 55437

May 19, 10-11am code: 55438

Join this open support group facilitated by
our City of Tempe Counselors to discuss
what's on your mind, including: Grief & Loss,
Isolation & Loneliness, Financial Needs &
Support, Health, Social Supports, and
Anything Else!

FREE

Birthday Bingo

May 18, 11:30am

Code: 53717

Bring your lunch and join us as we
celebrate our May Birthdays. Cake and Ice
Cream will be provided. Play bingo for
grocery prizes.

Fee: \$1/\$2



\$1 Appetizers

Join us every Monday at Noon for \$1 Appetizers before Bingo.

5/1	Beef Taquitos	Code: 53712
5/8	Hot Dog	Code: 53713
5/15	White Castle Sliders	Code: 53714
5/22	Slice of Pizza	Code: 53715

Fabulous Friday's \$3 Lunch

Join us for our fresh and delicious Friday Lunches at 11:30am for only \$3.

Please register by the Wednesday before the event.

5/5	Turkey Sub, Chips & Pickle	Code: 53721
5/19	Chicken Fettuccine Alfredo, Garlic Bread, Side Salad	Code: 53722
5/26	Patty Melt, Chips and Pickle	Code: 53723

April Birthdays!



Happy Birthday!

Todd Brower

Joy Brower

Ray Collins

Classes & Programs

New! Chair Fit & Fabulous with Joan

Mondays 5/1-5/22 10:30am-11:30am

All levels welcome in this gentle exercise class. Exercise at your comfort level, using a chair or standing. Code: 55368 Fee: FREE

Multigenerational Program

Wednesday, May 17, 2017 10am Code: 55435

Wednesday, May 31, 2017 10am Code: 55436

Join our preschool class as we have fun creating crafts and playing games together! Refreshments will be served. FREE

Healthy Cooking for Seniors

Tuesday, May 16 10:00am

Join us for a cooking demo that will teach you how to incorporate locally grown produce into healthy meals. Samples will be provided.

Fee: FREE Code: 55439

Banner Brain Health Program

Tuesday, May 23, 9:30-noon

This free 2.5 hour Brain Health Boot Camp reviews lifestyle factors related to brain health and teaches a variety of methods to exercise various cognitive domains of the brain.

Fee: FREE To register call: 602-230-2273

Monday

Tuesday

Wednesday

Thursday

Friday

<p>1</p> <p>10:30am Exercise Class Code: 55368</p> <p>12pm \$1 Appetizers Menu: Beef Taquitos Code: 53712</p> <p>1pm Bingo</p>	<p>2</p> <p>10am Eat Smart, Live Strong Code: 53729</p>	<p>3</p> <p>10am Pokeno & Bagels Code: 53727</p> 	<p>4</p>	<p>5</p> <p>10-11am Support Group Code: 55437</p> <p>11:30am \$3 Lunch Menu: Turkey Sub, Chips & Pickle Code: 53721</p> <p>1pm Bingo</p>
<p>8</p> <p>10:30am Exercise Class Code: 55368</p> <p>12pm \$1 Appetizers Menu: Hot Dog Code: 53713</p> <p>1pm Bingo</p>	<p>9</p>	<p>10</p> <p>10am Brunch & Bunco Menu: Ham Egg Bake, Potatoes O'Brien, Fresh Fruit, Juice and Coffee. Code: 53707</p>	<p>11</p>	<p>12</p> <p>11:00-12:30 Mother's Day Luncheon Menu: Cobb Salad, Bread Sticks and Chocolate Covered Strawberries. Code: 53725</p> <p>NO BINGO</p>
<p>15</p> <p>10:30am Exercise Class Code: 55368</p> <p>12pm \$1 Appetizers Menu: White Castle Sliders Code: 53714</p> <p>1pm Bingo</p>	<p>16</p> <p>9:30am Performance with a View at Tempe Center for the Arts Code: 55434</p> <p>10am Healthy Cooking for Seniors Code: 55439</p>	<p>17</p> <p>10am Multigenerational Activity Code: 55435</p>	<p>18</p> <p>11:30am Birthday Bingo Code: 53717</p>	<p>19</p> <p>10-11am Support Group Code: 55438</p> <p>11:30am \$3 Lunch Menu: Chicken Fettucine Alfredo, Garlic Bread, Side Salad Code: 53722</p> <p>1pm Bingo</p>
<p>22</p> <p>10:30am Exercise Class Code: 55368</p> <p>12pm \$1 Appetizers Menu: Slice of Pizza Code: 53715</p> <p>1pm Bingo</p>	<p>23</p> <p>9:30am Banner Brain Health Program call 602-230-2273 to register</p>	<p>24</p> <p>10am Pokeno Code: 55440</p>	<p>25</p> <div style="border: 1px dashed red; padding: 5px;"> <p>May Birthdays</p> <p>12. Belia Flores</p> <p>12. Terrisa Mays</p> </div>	<p>26</p> <p>11:30am \$3 Lunch Menu: Patty melt, Chips and Pickle. Code: 53723</p> <p>1pm Bingo</p>
<p>29</p> <p>CAHILL SENIOR CENTER CLOSED</p> <p>NO BINGO</p>	<p>30</p>	<p>31</p> <p>10am Multigenerational Activity Code: 55436</p>		



PYLE
ADULT
RECREATION
CENTER

655 E. Southern Ave.
Tempe, AZ 85282

www.tempe.gov/pyle

(480)350-5211
TTY: (480)350-5050

HOURS
Mon-Thu 8am-9pm
Fri 8am-5pm
Sat 9am-4pm
Sun Closed



Roadrunner Chronicle

PYLE EDITION

MAY 2017



Love the Look

Join us for a

Mother's Day Fashion Show

Thursday, May 11, 1:00 p.m.

Fashions provided by Stein Mart.

Light Refreshments will be served.

Registration Code: 55545

\$6 RTA Members; \$7 Non-members

Please register by May 9.



Pyle Special Events

April Birthday



Jessie Odneal

Thursday special events start at **11:30 a.m.** unless stated otherwise. Advance registration is required and you may register for the entire month, but payment in full is required at time of registration. Please sign up at the Front Desk.

- 5/4** 11:30 a.m.—Birthday Bingo—Celebrate May birthdays and play BINGO for grocery & other prizes. RTA \$1, Non-members \$2. Code: 55541
- 5/11** 1 p.m.—Mother's Day Fashion Show— See cover for details. Code: 55545
- 5/18** 11:30 a.m.—Lunch & Tappers—See page 4 for details. Code: 55546
- 5/25** 12:00 p.m.—BBS Lecture—Bring your own lunch at 11:30, optional dessert \$1. See page 7. Code: 55547

Tuesday \$3 Lunch

On Tuesdays, join your friends for a simple, low-cost lunch and games or visiting.

Registration is limited. Please sign up at the Pyle front desk by the Friday before. Sign-ups may also be done at the Cahill Senior Center.

PLEASE NOTE: Lunch is served at 11:30 a.m. Meals **will not** be held for latecomers past 11:45 a.m.

\$3 RTA; \$4 Non-member



This month's menu:

- 5/2 — Ham & Cheese Sandwich, Fruit Code: 55315
- 5/9 — Hot Dog, Crispy Fries Code: 55316
- 5/16 — Taco Salad Code: 55317
- 5/23 — Penne Pasta with Marinara, Garlic Toast Code: 55318
- 5/30 — Pizza & Salad Code: 55319

Instructor Wendy Larish Moving On

After 31 years with the City of Tempe, Wendy Larish is saying farewell to all her Pyle students, friends and co-workers—her Pyle family. Wendy taught three exercise courses in twelve sessions per week. Some of her students have been with her since the beginning!

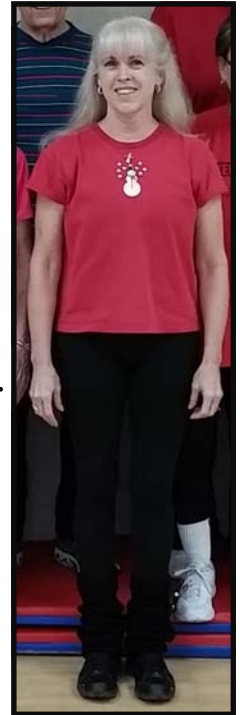
Wendy and husband Doug have purchased a new home in Peoria so they can be closer to their family

and spend more time with the grand-kids.

Wendy's longtime dedication to her classes at Pyle have been greatly appreciated and will definitely be missed.

Join us for refreshments and memories at a farewell party on **Friday, May 12, 10:30 a.m.**

Yuma Room and Back Lobby



Groups at Pyle

The Pyle Center has many groups calling it home. If you are interested in joining any group, stop by the Pyle Front Desk for more information.

BOOK CLUB:

This month's meeting is on May 26, 9-11 a.m.

The book is: ***The Last Runaway*** by Tracy Chevalier

CURRENT EVENTS

DISCUSSION GROUP:

Thursdays, 1-3 p.m. Discuss current events, books, events, movies, etc.

GOOD NEWS

DISCUSSION GROUP:

Mondays, 1-2:30 p.m. Discussion related to positive, personal experiences.

MEN'S GROUP

Tuesdays, 12-2 p.m.

Informal discussion just for guys.

BUNCH FOR LUNCH:

A fun group who enjoys food and good company. This month's lunch date:

Friday, May, 12 at 11:30 am.

Please sign up at the Pyle Front Desk or call 480-350-5211.



Hibachi Grill Super Buffet

1164 West Southern

Mesa ~ 480-962-0888

LOONEY TOONERS

KITCHEN BAND:

The band meets every Monday, 9:30-11:30 a.m. - September through May.

SENIOR SONGBIRDS:

The Senior Songbirds meet every Wednesday, 9:30-11:30 a.m. - September through May.

NEEDLEWIELDERS:

Tuesdays & Thursdays, 9 a.m.-1 p.m. Create handcrafted items for charity in a fun, social environment.

CANCELLED May 30

SEW WHAT?

Open Needlework and Crafts: Fridays, 12:30-4:30 p.m. Bring your own project of **any** kind and join in the fun!

Lunch & Tap

Thursday, May 18, 11:30 a.m.



Entertainment provided by
 Jana Moore and the Timeless Tappers
 Menu: Mediterranean Chicken Wrap,
 Pasta Salad, Dessert
 RTA: \$5; Non-members: \$6
 Registration Code: 55546



Celebrity Estates Gone Bad—Estate Planning II

Join Travis Campbell, Esq. of Butler Law Office for a free presentation that will help you avoid common estate planning mistakes. Anecdotes of high profile celebrity legal complications will

be shared along with highlights of a healthy Estate Plan.

Tuesday, May 2
10:30-11:30 a.m. ~ Code: 55441

Answers to Age Old Questions on Aging



Join Elaine Poker-Yount, contributing columnist to the Arizona Republic and Community Liaison for Visiting Angels' Resource Source Program, to learn answers to the "What if...?" questions

that may arise as we age.

Tuesday, May 9
10:00-11:00 a.m. ~ Code: 55518

Try Zumba Toning This Summer



Zumba Toning works by adding resistance by using Zumba Toning Sticks, which helps you focus on specific muscle groups so you (and your muscles) stay engaged!

Shake things up with Zumba Toning this summer!

Classes start June 5.

Two Sessions:

Mondays, Wednesdays and Fridays

8:05—9:00 a.m.

Lightweight maraca-like Toning Sticks enhances the sense of rhythm and coordination, while toning target zones, including arms, core and lower body.

Code: 54112	June 5-July 7	\$52
Code: 54728	July 10-August 11	\$52
Drop-in Available: \$5		

Instructed by **Jana Moore.**

Shall We Dance? Ballroom Dance Session

Enjoy an Open Ballroom Dance opportunity. This session will begin with a lesson from Pyle dance instructor, **Jana**, on a few of the most popular ballroom dances. One of the best activities for your brain is dancing! Studies have shown that dancing provides great protections against cognitive

decline. So get some exercise, and spin your spirit into a festive mood.

Friday, May 19

2:00-4:00 pm

Fee: \$5

Registration Code: 55309



Drop-in Option for 50+ Classes at Pyle

Drop in to any of the following classes for \$5 per class:

Aerobic Dance: Monday—Friday, 8:05-9am

Line Dance: Tuesday, Beginning, 1:30-2:30pm and Intermediate, 2:30-3:30pm

Zumba: Tuesday, 11:10am-12:05pm; Friday, 10:35-11:30am

Tai Chi Body Balance I: Monday 11:45am-12:45pm

Please see the Tempe Opportunities Brochure for **Session dates and “No Class” dates.**

Check in at the Front Desk before entering classroom.

Pyle Fitness Center

Take advantage of a facility fully equipped for you!

The Pyle Fitness Center is open during the following hours:

Mon.-Thurs., 8 a.m.-8:30 p.m.; Fri., 8 a.m.-4:30 p.m.; Sat. 9 a.m.-3:30 p.m.

Closed on City holidays.

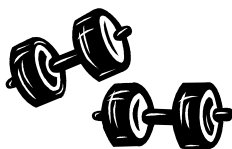
Membership Fees

One month — \$15

Three months — \$35

Six months — \$55

Drop-in — \$2



RTA News

The Retirees of Tempe Advisory group meets the first Thursday of each month at 10:00 am to discuss the activities and programs at the Pyle Center and to advise and help the staff with planning. All RTA members are welcome to join the discussion and become more involved in senior activities at Pyle.

Membership in the RTA is

only \$5 per calendar year. The membership fees help to defray the cost to the city's taxpayers for the free and/or low-cost senior activities such as Card Games, Scrabble, Chess, Billiards, Lunches, Lectures and Workshops at the Pyle Center.

RTA members receive the discounted rate on Thursday special events and \$3 Lunches at Pyle.

RTA board members for 2017 are:

President—Lorna Scooler;
VP—Lance Gavre;
Secretary—Linda Williams

Our next meeting will be on **Thursday, May 4** at **10:00 a.m.** in the Conference Room. This will be the last meeting until September 7.

Join us!

New Yoga Classes Offered this Summer

Yin Yoga Tu Jun 6—Aug 8, 8:05-9 a.m.

Increase range of motion by sitting in gentle, passive yoga poses for several minutes each. This allows you to create space in the fascia (connective tissue which runs throughout the body), thereby releasing restriction. Suitable for beginners.

Instructor: Rebecca Auernheimer.

Registration Code: 54113 Fee: \$31

Yoga Nidra Th Jun 8—Aug 10, 8:05-9 a.m.

Guided meditation received while reclining comfortably. Release stress and tension, calm the nervous system, rest deeply, and effortlessly float beyond the busy chattering mind. Helps to reach restorative levels of relaxation and find more ease in our daily lives. Suitable for beginners.

Instructor: Rebecca Auernheimer.

Registrations Code: 54724 Fee: \$34

Benefits Assistance Program

Offered by the Area Agency on Aging, this program provides objective information about insurance and benefits to seniors, the disabled, and caregivers.

A trained Benefits volunteer will be available on the following Tuesdays:

May 2, 9:30–11:30 am

May 16, 9:30–11:30 am

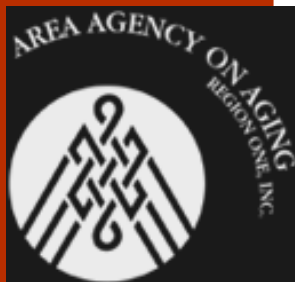
Services include:

- Assistance with organizing Medicare and Supplemental claims information to ensure all benefits are paid and obligations to providers are satisfied.
- Basic information on applying for Social Security, Medicare and SSI.
- Up-to-date information

and assistance on Medicare Part D prescription drug coverage.

- Information regarding HMOs, managed care, Medicare Supplement plans (Medigap), and options under Medicare.
- Assistance with Medicare appeals & resolving problems.

Walk-ins only - no appointment necessary!





Affordable Fun in the Valley with Jackie Rifkin

Get out of your house and into the Valley with this guided tour of some fun things to do that don't cost much to enjoy. Join your tour guide, Jackie Rifkin, a local experienced traveler for tips and tricks to see what the Valley of the sun has to offer.

Thursday, May 25

Lecture starts at Noon.

11:30 a.m.—Bring your own lunch, \$1 optional dessert.

Code: 55547



Free Grief Recovery Workshop Begins May 1st

Grief, which is one of the most misunderstood life-changing emotions one can experience, can be a result of the death of a loved one, divorce or the end of a relationship, loss of health, or major financial changes, among others. This 8-week program creates a safe environment to look at different beliefs of dealing with loss

and will help you learn the necessary actions to create long-term relief.

The Grief Recovery Workbook is included free.

Participants must commit to attending all 8 class meetings.

Mondays, May 1—June 26
9 a.m. - 11 a.m.

Registration Code: 55305



Computer Classes at Pyle

For more computer and technology classes, check out www.tempe.gov/library

Facebook on the iPad

Using Facebook on an iPad can be a different experience than using a computer. Learn what different icons mean and where they are located. Learn how to post a comment, photo, share or update your status. You must know your Facebook log-in and password. Fee: None. 480-350-5802.

53813 50 yrs+ W 5/3 10-11:30 a.m.

iPhone/iPad Basics

You will learn how an iPhone/iPad works and how to use various features to increase your iPhone/iPad productivity. iPads will be provided for hands-on activities. This is an introduction level class for iOS operating system. Fee: None. 480-350-5802

53814 50 yrs+ W 5/10-5/17 3-4:30 p.m.

50+ Activities

Please Note:

Painting Open Studio will not be offered on the 3rd Friday of each month.

BINGO: (for 18+)
Wed., 1pm; Card sales begin at 12:15pm; 50¢ per card; 10 card limit.

BLUEGRASS JAM SESSION:
Wed., 12-2:30pm
Fri., 9:30am-12pm

CHESS
Thurs., 2:30pm

CRIBBAGE
Mon., 8:30am-12pm

MAH JONGG
Tues. & Thurs., 1-4:30pm (intermediate / advanced)

PAINTING OPEN STUDIO
Wed., 9am-1pm;
Fri., 12:30-4:30pm. (Except 3rd Fridays)
For current and past participants of Pyle art classes.
CANCELLED 5/30 AND 6/2

PARTY BRIDGE
Tues. & Thurs., 8:30am-3pm
Wed., 11am-3pm
CANCELLED Tues., May 30

PING PONG
Mon., 3-5pm; Tues., 3-5pm;

PINOCHLE & GAMES
Tues. & Thurs, 8:30am-3pm
CANCELLED Tues., May 30

SOCIAL SCRABBLE
Mon., 12:30-5pm
Players of all levels are welcome!

Wii
Tues., 8:30-11am

Summer Instructional Classes at Pyle

Register online at: <https://apm.activecommunities.com/tempeopportunities>

ART

Acrylic and Oil Painting				
54109	M	6/5-7/24	9 a.m.-Noon	\$53
54110	W	6/7-7/26	1-4 p.m.	\$53
54111	Th	6/8-7/27	9 a.m.-Noon	\$53

Drawing; Color/B&W				
54115	M	6/5-7/24	12:30-3:30 p.m.	\$53

Pastel Painting				
54119	Th	6/15-8/10	1-4 p.m.	\$59

Watercolor Painting				
54130	T	6/6-7/25	1-4 p.m.	\$47

Introduction to Watercolor Painting				
54131	T	6/13-8/8	9 a.m.-12 p.m.	\$52

DANCE

Ballroom Dance for 50+				
55513	F	6/16	2-4pm	\$5
55514	F	7/21	2-4pm	\$5
55515	F	8/18	2-4pm	\$5

Line Dance; Beginning				
54117	T	6/6-8/8	1:30-2:30 p.m.	\$32

Line Dance; Intermediate				
54118	T	6/6-8/8	2:30-3:30 p.m.	\$32

Tap Dance; Beginning				
54126	M/Th	6/5-8/3	M 10:30-11:25 a.m. Th 11:15 a.m.-12:10 p.m.	\$54

Tap Dance; Intermediate				
54127	T/Th	6/6-8/3	9:10-10:05 a.m.	\$51

Tap Dance; Performance				
54128	T/Th	6/6-8/3	10:10-11:05 a.m.	\$51

FITNESS

Chair Yoga				
54114	W/F	6/7-8/4	9-10 a.m.	\$54

Gentle Joint Cardio				
54087	W	6/7-8/23	10:30 a.m.-11:30 p.m.	\$45

Gentle Yoga				
54116	T	6/6-8/15	12:15-1:15 p.m.	\$34

Seated Strength Training				
54120	M	6/5-8/14	9-9:45 a.m.	\$33
54121	Th	6/8-8/17	10:15-11 a.m.	\$33

Stretch & Tone				
54122	M/W	6/5-7/5	10:30-11:15 a.m.	\$20
54123	T/Th	6/6-8/10	9:15-10 a.m.	\$18
55289	M/W	7/10-8/9	10:30-11:15 a.m.	\$24
55290	T/Th	7/11-8/10	9:15-10 a.m.	\$24

Tai Chi / Body Balance I				
54124	M	6/5-8/7	11:45 a.m.-12:45 p.m.	\$37

Tai Chi / Body Balance II (Prerequisite: Body Balance I)				
54125	M	6/5-8/7	12:50-1:50 p.m.	\$37

Toners & Shapers				
54129	M/W/F	6/5-7/7	9:05-10:20 a.m.	\$36
54739	M/W/F	7/10-8/11	9:05-10:20 a.m.	\$45

Yin Yoga				
54113	T	6/6-8/8	8:05-9 a.m.	\$31

Yoga Nidra				
54724	Th	6/8-8/10	8:05-9 a.m.	\$34

Zumba for 50+				
54132	T	6/6-8/15	11:10 a.m.-12:05 p.m.	\$35
54133	F	6/9-8/18	10:35-11:30 a.m.	\$39

Zumba Toning				
54112	M/W/F	6/5-7/7	8:05-9 a.m.	\$52
54728	M/W/F	7/10-8/11	8:05-9 a.m.	\$52

Registration

Register **NOW** for classes starting June 5.

No classes July 4. Please see the Tempe Opportunities brochure for other "no class" days.

Pyle May 2017

Monday

Tuesday

Wednesday

Thursday

Friday

1 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong	2 8:30-11am Wii 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 9:30-11:30am Benefits Assistance Program 11:30am \$3 Lunch (pg.2) 12-2pm Men's Group 1-4:30pm Mah Jong 3-5pm Ping Pong	3 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO	4 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am Birthday Bingo 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg	5 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What? - Open Sewing & Crafts 12:30pm Painting Open Studio
8 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong	9 8:30-11am Wii 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am \$3 Lunch (pg.2) 12-2pm Men's Group 1-4:30pm Mah Jong 3-5pm Ping Pong	10 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO	11 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 1:00pm Mother's Day Event 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg	12 9:30am-12pm Bluegrass Jam Session 10:30am Party for Wendy 12:30-4:30pm Sew What? - Open Sewing & Crafts 12:30pm Painting Open Studio
15 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong	16 8:30-11am Wii 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 9:30-11:30am Benefits Assistance Program 11:30am \$3 Lunch (pg.2) 12-2pm Men's Group 1-4:30pm Mah Jongg 3-5pm Ping Pong	17 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO	18 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am Lunch & Entertainment 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg	19 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What? - Open Sewing & Crafts 2-4pm Ballroom Dance
22 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong	23 8:30-11am Wii 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am \$3 Lunch (pg.2) 12-2pm Men's Group 1-4:30pm Mah Jongg 3-5pm Ping Pong	24 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO	25 8:30am-3pm Party Bridge 8:30am-3pm Pinochle 9am-1pm Needlewielders 11:30am BBS 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg	26 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What? - Open Sewing & Crafts 12:30pm Painting Open Studio
29 Closed for 	30 8:30-11am Wii 11:30am \$3 Lunch (pg.2) 12-2pm Men's Group 1-4:30pm Mah Jongg	31 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO	Looking ahead to June ~ * 6/1 Birthday Bingo * 6/8 Lunch Event * 6/15 Father's Day Luncheon * 6/22 Lunch Event * 6/29 Brown Bag Series Lecture 	