



Roadrunner Chronicle

CAHILL EDITION

APRIL 2018

CAHILL SENIOR CENTER

715 W. Fifth St.
Tempe, AZ 85281

www.tempe.gov/cahillseniorcenter

(480)858-2420
TTY: (480)350-5050

HOURS

Monday-Friday
8:30am-2:30pm
Saturday Closed
Sunday Closed

CAHILL CRUISE LUNCHEON



Friday, April 27, 2018 11:00 am

Have the time of your life as we set sail on the Cahill cruise!
Live entertainment, photo opportunities, and delicious food will be abundant during our voyage.

Menu: Chicken pasta salad, tropical fruit, side salad, and Cheesecake for dessert.

\$5 RTA members ~ \$6 Non members

Registration Code: 57633

Pokeno

Pokeno is an easy game like bingo but with playing cards. Join us for bagels and coffee while playing Pokeno for grocery prizes.

Fee: \$2

April 4, 10am Code: 57640

April 25, 10am Code: 59271

Birthday Bingo

April 12, 11:30am

Bring your lunch and join us as we celebrate our April birthdays. Cake and ice cream will be provided.

Play bingo for grocery prizes.

Fee: RTA \$1 Non-Member \$2

Code: 57623

Brunch & Bunco

April 11, 10am

Menu: Blueberry French toast, casserole, sausage, fresh fruit, juice and coffee.

RTA Members: \$4

Non-Members: \$5

Code: 57613



Home Depot Project

Tuesday April 10, 10am

Get your creative juices flowing with the Home Depot. Build your own spring themed project. Refreshments and coffee provided.

FREE Code: 59377



\$1 Appetizers

Join us every Monday at Noon for \$1 Appetizers before Bingo.

4/2	Slice of pizza	Code: 57615
4/9	Egg rolls with sweet & sour sauce	Code: 57616
4/16	Chimichangas	Code: 57617
4/23	Italian meatballs	Code: 57618
4/30	Hot dogs	Code: 57619

Fabulous Friday's \$3 Lunch

Join us for our fresh and delicious Friday Lunches at 11:30am for only \$3. Please register by the Wednesday before the event.

4/6	Chef salad w/dinner roll	Code: 57627
4/13	Meatloaf, mashed potatoes & gravy, green salad	Code: 57628
4/20	Green chili chicken enchilada casserole, refried beans, & green salad	Code: 57629

Outing: Tempe Center for the Arts

ROBERT HAMILTON STUDIO

The international piano students of ASU perform a classical piano repertoire.

Tuesday, April 24 9:30am FREE. Code: 59270

Meet at the Tempe Center for the Arts, Lobby

700 W Rio Salado Pkwy Tempe, AZ 85281

Intergenerational Program

Wednesday,

April 18, 10am-11am

Join us and the preschool class for fun, games and crafting. Refreshments will be served.

FREE. Code: 57638

Healthy Cooking for Seniors

Tuesdays

April 3 & 17 9:30am

Join us for a cooking demo that will teach you how to incorporate locally grown produce into healthy meals.

April 3, Code: 59268

April 17 Code: 59269

Chair Fit & Fabulous with Joan

Mondays

10:30am-11:30am

All levels welcome in this gentle exercise class. Exercise at your comfort level, using a chair or standing.

FREE. Code: 57635

Banner Brain Health Program

April 5, 9:30am -Noon

This brain health boot camp reviews lifestyle factors related to brain health and teaches a variety of methods to exercise various cognitive domains of the brain.

FREE. To register call: 602-839-6850

Banner Fall Prevention & Safety workshop

Friday, April 20, 10am-11am

Interactive education on potential fall dangers in the home, and identifying ways to make life easier and stay safe.

FREE. CODE: 59379



MARCH BIRTHDAYS!



Karen Goh

Lou Anne Shank

Cahill April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 10:30am Chair Fit & Fab Code: 57635</p> <p>12pm \$1 Appetizers Menu: Slice of pizza Code: 57615</p>	<p>3 9:30am Healthy Cooking For Seniors Code:59268</p>	<p>4 10am Pokeno Code:57640 \$2</p> 	<p>5 9:30am Banner Brain Health call to register 602-839-6850</p>	<p>6 11:30am \$3 Lunch Menu: Chef salad w/ dinner roll Code:57627</p> <p>1pm Bingo</p>
<p>9 10:30am Chair Fit & Fab Code: 57635</p> <p>12pm \$1 Appetizers Menu: Egg rolls Code: 57616</p> <p>1pm Bingo</p>	<p>10 10:00am Home Depot Project Spring themed craft Code: 59377</p>	<p>11 10am Brunch & Bunco Menu: Blueberry French toast casserole, sausage, fruit, juice & coffee Code:57613 \$4/\$5</p>	<p>12 11:30am Birthday Bingo Code:57623 \$1</p> 	<p>13 11:30am \$3 Lunch Menu: Meatloaf w/ mashed potatoes & gravy, green salad Code:57628</p> <p>1pm Bingo</p>
<p>16 10:30am Chair Fit & Fab Code: 57635</p> <p>12pm \$1 Appetizers Menu: Chimichangas Code: 57617</p> <p>1pm Bingo</p>	<p>17 9:30am Healthy Cooking For Seniors Code:59269</p>	<p>18 10am Intergenerational Craft Program Code: 57638</p>	<p>19</p>	<p>20 10:00am Banner Fall Prevention Program Code:59379</p> <p>11:30am \$3 Lunch Menu: Green chili chicken enchilada casserole, beans, salad Code:57629</p> <p>1pm Bingo</p>
<p>23 10:30am Chair Fit & Fab Code: 57635</p> <p>12pm \$1 Appetizers Menu: Italian meatballs Code: 57618</p> <p>1pm Bingo</p>	<p>24 9:30am Outing: TCA Robert Hamilton Studio . International piano students of ASU perform a classical repertoire Code:59270</p>	<p>25 10am Pokeno Code:59271 \$2</p>	<p>26</p>	<p>27 11:00am Cahill Cruise Luncheon Menu: Chicken pasta salad, tropical fruit, salad & cheesecake Code:57633 \$5/\$6</p> <p>1pm Bingo</p>
<p>30 10:30am Chair Fit & Fab Code: 57635</p> <p>12pm \$1 Appetizers Menu: Hot dogs Code: 57619</p> <p>1pm Bingo</p>			<p><u>APRIL BIRTHDAYS</u> 4. Todd Brower 17. George Love 19. Pat Crowe 22. Rachel Baranuk 22. Denise Brendan 27. Ray Collins 29. Joy Brower</p>	<p><u>LOOKING AHEAD</u> <u>May 2.</u> Pokeno <u>May 9.</u> Brunch & bunco <u>May 11.</u> Mothers day Luncheon <u>May 16.</u> Intergenerational program <u>May 17.</u> B-day bingo <u>May 23.</u> Pokeno</p>



**PYLE
ADULT
RECREATION
CENTER**

655 E. Southern Ave.
Tempe, AZ 85282

www.tempe.gov/pyle

(480)350-5211
TTY: (480)350-5050

HOURS
Mon-Thu 8am-9pm
Fri 8am-5pm
Sat 9am-4pm
Sun Closed



Roadrunner Chronicle

PYLE EDITION

APRIL 2018



Tempe Senior Health and Wellness Expo

Thursday ~ April 12, 2018

8:00 a.m. to Noon

- * More than fifty vendors
- * Class Demonstrations & Observations
 - * Free Healthy Breakfast
 - * Free Chair Massage
 - * Giveaways & Door Prizes
- * Cholesterol & Glucose Screenings (fast before)
 - * Hearing Screenings
 - * Blood Pressure Checks
 - * Health Resources & much more...

Don't miss this great, FREE event!
Call 480-350-5211 for more information.

March Birthdays



Jim Sippel,
Sonja Collier

Pyle Special Events

Thursday special events start at **11:30 a.m.** unless stated otherwise. Advance registration is required and you may register for the entire month, but payment in full is required at time of registration. Please sign up at the Front Desk.

- 4/5** 11:30 a.m.—Birthday Bingo—Celebrate April birthdays and play BINGO for grocery and other prizes. RTA \$1; Non-member \$2. Code: 57720
- 4/12** 8 a.m.-Noon—**Senior Health & Wellness Expo**
- 4/19** 11:30 a.m.—Spring Lunch with Friends—See page 4 for details. Code: 59401
- 4/26** 11:30 a.m.—Brown Bag Series Lecture—See page 5 for details. Code: 59402

Pyle Tuesday Lunch

On Tuesdays, join your friends for a simple, low-cost lunch.

Registration is limited. Please sign up at the Pyle front desk by the Friday before. Sign-ups may also be done at the Cahill Senior Center.

PLEASE NOTE: Lunch is served at 11:30 a.m. Meals **will not** be held for latecomers past 11:45 a.m.

\$3 RTA; \$4 Non-member



This month's menu:

- 4/3 — Baked Penne, Garlic Toast
Code: 59388
- 4/10 — Southwest Chicken Salad, Chips
Code: 59389
- 4/17 — BLT Wrap, Fruit
Code: 59390
- 4/24 — Grilled Ham & Cheese, Side Salad
Code: 59391

**Color, Create
& Converse
Tuesdays
10-11:30 a.m.
In the MP Room
All supplies
provided
or bring your own!
FREE**

AARP Tax Aide

AARP Tax-Aide provides **free** tax assistance and tax preparation for low to moderate income taxpayers, with special attention to those aged 60 and older. This service is available at the Pyle Center on Mondays from 8:30 to 3:00pm through **April 16**. AARP Tax-Aide

volunteers are trained in cooperation with the Internal Revenue Service and offer help with personal income tax returns. Completed returns are filed electronically, which is very efficient and expedites your refund. This free tax service is available by appoint-

ment and to “walk-ins.” Appointments are only made **in person** during the Tax Aide hours.

Appointments cannot be made by phone.



Groups at Pyle

The Pyle Center has many groups calling it home. If you are interested in joining any group, stop by the Pyle Front Desk for more information.

BOOK CLUB:

This month’s meeting is on April 27, 9-11 a.m.

The book is:

A Gentleman in Moscow
by Amor Towles

CURRENT EVENTS

DISCUSSION GROUP:

Thursdays, 1-3 p.m. Discuss current events, books, events, movies, etc.

CANCELLED April 12

GOOD NEWS

DISCUSSION GROUP:

Mondays, 1-2:30 p.m.

Discussion related to positive, personal experiences.

BUNCH FOR LUNCH:

A fun group who enjoys food and good company. This month’s lunch date:

Friday, April 13 at 11:30 a.m.

Please sign up at the Pyle Front Desk or call 480-350-5211.



Charleston’s

1623 S Stapley Drive

Mesa ~ 480-635-9500

LOONEY TOONERS

KITCHEN BAND:

The band meets every Monday, 9:30-11:30 a.m. - September through May.

SENIOR SONGBIRDS:

The Senior Songbirds meet every Wednesday, 9:30-11:30 a.m. - September through May.

MEN’S GROUP

Tuesdays, 1-3 p.m.

Informal discussion just for guys.

NEEDLEWIELDERS:

Tuesdays & Thursdays, 9 a.m.-1 p.m.

Create handcrafted items for charity in a fun, social environment.

SEW WHAT?

Open Needlework and Crafts: Fridays, 12:30-4:30 p.m.

Bring your own project of **any** kind and join in the fun!

Spring Lunch with Friends

Thursday, April 19, 11:30 a.m.

Join your friends for a relaxing meal of
Baked Chicken Breast, Spring Pasta Salad,
Dinner Roll & Butter and Dessert

followed by a surprise creative project!

\$5 RTA; \$6 Non-members

Code: 59401



Pyle restrooms to be renovated this summer

Pyle's restrooms will get an extreme make-over this summer! Senior activities may be affected in July and August as a

result. We will pass along information regarding this project as it becomes available.

Financial Assistance Lectures — Understanding ALTCS and VA Benefits

Banner Alzheimer's Institute (BAI) and the City of Tempe invites you to attend a free community lecture on **Understanding Options to Pay for Care: ALTCS (Medicaid) and VA Benefits.**

There are options to assist patients and families in offsetting the cost of **long term care** for those who qualify. Attend one or both of these sessions to dispel common myths, learn eligibility criteria, and steps needed to apply for ALTCS or VA benefits. Daniel Nunez from the JacksonWhite Elder Law team will be the guest speaker.

Friday, April 20

Understanding ALTCS: 10-11 a.m.

Understanding VA Benefits:

11:30 a.m.-12:30 p.m.

To register, please call **602-839-6850** or email **BAIFCS@bannerhealth.com**

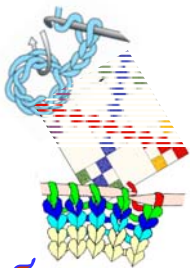
This program is made possible by contributions made to the Banner Alzheimer's Foundation.



Specialty Gifts Available for Purchase

**Tuesday & Thursday
9:00am-noon
Pyle Globe Room**

Support this amazing nonprofit by purchasing their handmade items!



*Tempe
Needleweavers*



Cruising the Panama Canal with Barbara Orr

Join Barbara Orr as she gives a presentation on her recent Panama Canal cruise. Her Holland America ship left from the Florida Coast at Ft. Lauderdale and stopped in several international ports before ending in San Diego, California. Barbara will

share stories and pictures on the wildlife, flora and fauna of her stops in Columbia, along the Panama Canal, in Costa Rica and Mexico, to name a few. Enjoy learning about these incredible places as well as the marvel of engineering that is the Panama Canal.

The presentation is free. Bring your lunch, add dessert for \$1. Doors open at 11:30 a.m.

Thursday, April 26

12:00 pm

Registration Code: 59402

Drop-in Option for 50+ Classes at Pyle

Drop in to any of the following classes for \$5 per class during Session:

Beginning Tap Dance: Mon., 10:30-11:25am, Thurs., 11:15am-12:10pm

Line Dance: Tues., Beg., 1:30-2:30pm; Intermed., 2:30-3:30pm

Stretch & Tone: Mon., Tues., Wed., or Thur., 10:30-11:15am

Tai Chi Body Balance I: Mon., 11:45am-12:45pm

Zumba: Tues., 11:10am-12:05pm; Fri., 10:35-11:30am

Zumba Toning: Mon., Wed., Fri., 8:05-9:00am

Yin Yoga: Tues., 8:05-9:00am | **Yoga Nidra:** Thurs., 8:05-9:00am

Please see the Tempe Opportunities Brochure for **Session dates and "No Class" dates.**

Check in at the Front Desk before entering classroom.

Pyle Fitness Center

Take advantage of a facility fully equipped for you!

The Pyle Fitness Center is open during the following hours:

Mon.-Thurs., 8 a.m.-8:30 p.m.; Fri., 8 a.m.-4:30 p.m.; Sat. 9 a.m.-3:30 p.m.

Closed on City holidays.



Membership Fees

One month — \$15

Three months — \$35

Six months — \$55

Drop-in — \$2

Retirees of Tempe Advisory Group



Lance Gavre, Tol Cheshko,
Beverle Miller, Lorna Scooler

The Retirees of Tempe Advisory (RTA) group meets the first Thursday of each month to discuss the activities and programs at the Pyle Center and to advise and help the staff with planning. All RTA members are welcome to join the discussion and become more involved in senior activities at Pyle.

Membership in the RTA is

only \$5 per calendar year. The membership fees help to defray the cost to the city's taxpayers for the free and/or low-cost senior activities such as Card Games, Scrabble, Chess, Billiards, Lunches, Lectures and Workshops at the Pyle Center.

RTA members receive a discounted rate on Thursday special events and \$3 Lunches at Pyle.

RTA board members for 2018 are:

President—Lorna Scooler;
1st VP—Tol Cheshko
2nd VP—Lance Gavre;
Secretary—Beverle Miller

Our next meeting will be **Thursday, April 5** at **10:00 a.m.** in the Conference Room.

Join us!

Financial Fraud Watch—Don't Be Fooled

Join Sue Ligocki, Financial Education Coordinator from Tempe Community Council, for a free presentation that will reveal ways in which older adults may be targeted for financial exploitation and identity theft. The first lecture will focus on current scams targeting older adults and the second will cover ways in which homeowners and veterans may become victims. These lectures are both free.

Please register at the front desk using the codes below.

10:00 a.m. on both dates

Monday, April 9

Code: 59404

Wednesday, April 25

Code: 59405

Benefits Assistance Program

Offered by the Area Agency on Aging, this program provides objective information about insurance and benefits to seniors, the disabled, and caregivers.

A trained Benefits volunteer will be available on the following Tuesdays:

April 3, 9:30–11:30am

April 17, 9:30–11:30am

Services include:

- Assistance with organizing Medicare and Supplemental claims information to ensure all benefits are paid and obligations to providers are satisfied.
- Up-to-date information and assistance on Medicare Part D prescription drug coverage.
- Information regarding HMOs, managed care, Medicare Supplement plans (Medigap), and options under Medicare.
- Assistance with Medicare appeals & resolving problems.

Walk-ins only - no appointment necessary!



Making Music, Making Memories



Making Music, Making Memories is a program for people with memory loss and their partners that meets at Pyle every Friday morning at 10:30 a.m. This weekly music therapy group session provides an opportunity for music lovers to come together to sing, play an instrument, drum or tap along to music. A love of music is the only requirement! Classes are hosted by Herberger ASU School of Music and spon-

sored by the City of Tempe and Banner Alzheimer's Institute.

For more information, and to register, please contact Sun Joo Lee at 480-274-3206, or email: ssoli96@hotmail.com.



What's Living with Dementia Like? Take a Virtual Tour

The Virtual Dementia Tour is a scientifically proven method that builds sensitivity and awareness in individuals caring for those with dementia by temporarily altering participants' physical and sensory abilities. This evidence-based program simulates changes associated with cognitive decline. During the Tour experience, participants meet with certified trainers who guide them through the tour and outfit them with patented components that alter their senses. Tasks and exercises that are part of the tour enable participants to experience for themselves the physical and mental challenges

facing those with dementia. Geriatric specialist, P.K. Beville, founder of Second Wind Dreams, authored and created the VDT as her post-graduate work. This patented program offers hope by providing practical ways to create an environment that supports the disease and increase understanding.

The program is facilitated by certified trainers from **Home-watch Caregivers** as part of Tempe's participation as a member of the **Dementia Friendly America Network**.

Friday, April 20

30 minute tours: Between 1:00-4:00 p.m.

To register, please call 480-887-0322

Dementia Friendly Tempe 3rd Annual Community Summit

Dementia Friendly Tempe will host its free, annual summit on **Saturday, April 7 from 10 a.m. to noon at Pyle**. Working from the theme: "Tools for Building Resilient Caregivers," this free two-hour community gathering will feature medical experts and local resources that specialize elder-care and Alzheimer's or dementia-related diseases. You will hear personal stories from caregivers who have, or are, caring for someone experiencing memory loss.

Pyle Adult Recreation Center

Saturday, April 7

10:00 a.m.-12:00 p.m.

To register, please contact the

Banner Alzheimer's Institute

602-839-6850

or email BAIFCS@bannerhealth.com



Banner Alzheimer's Institute



A Member of the Dementia Friendly America Network



50+ Activities

Please Note:

Painting Open Studio is not offered on the 3rd Friday of each month.

Thursday morning, April 12, programs are cancelled.

BINGO: (for 18+)
Wed., 1pm; Card sales begin at 12:15pm; 50¢ per card; 10 card limit.

BLUEGRASS JAM SESSION:
Wed., 12-2:30pm
Fri., 9:30am-12pm

COLOR, CONVERSE & CREATE
Tues., 10-11:30am

CRIBBAGE
Mon., 8:30am-12pm

MAH JONGG
Tues. & Thurs., 1-4:30 pm (intermediate / advanced)

PAINTING OPEN STUDIO
Wed., 9am-1pm;
Fri., 12:30-4:30pm.
(Except 3rd Fridays)
For current and past participants of Pyle art classes.

PARTY BRIDGE
Tues. & Thurs., 8:30am-3pm
Wed., 11am-3pm

PING PONG
Mon., 3-5pm; Tues., 3-5pm

PINOCHLE & GAMES
Tues. & Thurs, 10am-3pm

SEW WHAT?
Fri., 12:30-4:30pm
Quilting group; also knitting, crochet and sewing.

SOCIAL SCRABBLE
Mon., 12:30-5pm
Players of all levels are welcome!

SOCRATES CAFÉ
First & Third Saturday of each month 2-3:30pm

Wii
Tues., 8:30-11am

Registration for Summer Classes Begins April 23



Registration for Summer classes starts April 23 for Tempe residents; April 30 for non-residents. Please see the Tempe Opportunities brochure for "no class" days.

ART

Acrylic and Oil Painting
58211 M 6/4-7/23 9 a.m.-noon \$48
58212 W 6/6-7-25 1-4 p.m. \$41
58213 Th 6/7-7/26 9 a.m.-noon \$48

Drawing; Color/B&W
58216 M 6/4-7/23 12:30-3:30 p.m. \$48

Pastel Painting
58220 Th 6/14-7/19 1-4 p.m. \$33

Watercolor Painting
58235 T 6/5-7/24 1-4 p.m. \$48

Introduction to Watercolor Painting
58236 T 6/12-7/17 9 a.m.-noon \$33

DANCE

Line Dance; Beginning
58218 T 6/5-7/24 1:30-2:30 p.m. \$28

Line Dance; Intermediate
58219 T 6/5-7/24 2:30-3:30 p.m. \$28

Tap Dance; Beginning
58229 6/4-7/26 M 10:30-11:25 a.m.
Th 11:15 a.m.-12:10 p.m. \$42

Tap Dance; Intermediate
58230 T/Th 6/5-7/26 9:10-10:05 a.m. \$42

Tap Dance; Performance
58231 T/Th 6/5-7/26 10:10-11:05 a.m. \$42

FITNESS

Bones & Balance
58224 T 6/5-7/3 10:30-11:15 a.m. \$13
58226 F 6/8-7/6 10:30-11:15 a.m. \$13

Bones & Balance II: Functional Fundamentals
58223 M 6/4-7/2 10:30-11:15 a.m. \$13
58225 W 6/6-6/27 10:30-11:15 a.m. \$11

Chair Yoga

58214 W 6/6-6/27 9-10 a.m. \$12
58215 F 6/8-7/6 9-10 a.m. \$15

Gentle Joint Cardio

58123 W 6/6-8/15 10:30-11:30 a.m. \$36

Gentle Yoga

58217 T 6/12-7/3 12:15-1:15 p.m. \$16

Seated Strength Training

58221 M 6/11-7/2 9-9:45 a.m. \$12
58222 Th 6/14-7/5 10:15-11 a.m. \$12

Tai Chi / Body Balance I

58227 M 6/4-7/2 11:45 a.m.-12:45 p.m. \$22

Tai Chi / Body Balance II (Prerequisite: Body Balance I)

58228 M 6/4-7/2 12:50-1:50 p.m. \$22

Toners & Shapers

58232 M 6/4-7/2 9:15-10:15 a.m. \$15
58233 W 6/6-6/27 9:15-10:15 a.m. \$12
58234 F 6/8-7/6 9:15-10:15 a.m. \$15

Yin Yoga

58237 T 6/5-7/3 8:05-9 a.m. \$18

Yoga Nidra

58238 Th 6/7-7/5 8:05-9 a.m. \$18

Zumba for 50+

58239 T 6/5-7/3 11:10 a.m.-12:05 p.m. \$20
58240 F 6/8-7/6 10:35-11:30 a.m. \$20

Zumba Toning

58241 M 6/4-7/2 8:05-9 a.m. \$20
58242 W 6/6-6/27 8:05-9 a.m. \$16
58243 F 6/8-7/6 8:05-9 a.m. \$20

Most Fitness classes will have a second session July 16 - August 24. Registration will be available in June for this session. The location for the following classes will be the **Tempe History Museum**: Bones & Balance (and II), Chair Yoga, Gentle Yoga, Seated Strength, Toners & Shapers, Yin Yoga and Yoga Nidra. Zumba classes will be held at **Edna Vihel Arts** near the Pyle Center.

Register online at:

<https://apm.activecommunities.com/tempeopportunities>

Pyle April 2018


Monday**Tuesday****Wednesday****Thursday****Friday**

<p>2 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<p>3 8:30-11am Wii 8:30am-3pm Party Bridge 10am-3pm Pinochle 9:30-11:30am Benefits Assistance Program 9am-1pm Needlewielders 11:30am \$3 Lunch (pg. 2) 1-4:30pm Mah Jong 3-5pm Ping Pong</p>	<p>4 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>5 8:30am-3pm Party Bridge 10am-3pm Pinochle 9am-1pm Needlewielders 10am RTA Meeting 11:30am Birthday Bingo 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>6 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What? 12:30pm Painting Open Studio</p>
<p>9 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<p>10 8:30-11am Wii 8:30am-3pm Party Bridge 10am-3pm Pinochle 9am-1pm Needlewielders 11:30am \$3 Lunch (pg. 2) 1-4:30pm Mah Jong 3-5pm Ping Pong</p>	<p>11 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>12 9am-1pm Needlewielders 8am-12pm Tempe Senior Health & Wellness Expo 1-3pm Current Events Discussion Group CANCELLED 1-4:30pm Mah Jongg</p>	<p>13 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What? 12:30pm Painting Open Studio</p>
<p>16 8:30am-12pm Cribbage 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<p>17 8:30-11am Wii 8:30am-3pm Party Bridge 10am-3pm Pinochle 9:30-11:30am Benefits Assistance Program 9am-1pm Needlewielders 11:30am \$3 Lunch (pg. 2) 1-4:30pm Mah Jongg 3-5pm Ping Pong</p>	<p>18 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>19 8:30am-3pm Party Bridge 10am-3pm Pinochle 9am-1pm Needlewielders 11:30am Spring Lunch with Friends 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>20 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What?</p>
<p>23 8:30am-12pm Cribbage 9:00am Summer Class Registration starts for Tempe residents 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<p>24 8:30-11am Wii 8:30am-3pm Party Bridge 10am-3pm Pinochle 9am-1pm Needlewielders 11:30am \$3 Lunch (pg. 2) 1-4:30pm Mah Jongg 3-5pm Ping Pong</p>	<p>25 9am-1pm Painting Open Studio 11am-3pm Party Bridge 12-2:30pm Bluegrass Jam Session 1pm BINGO</p>	<p>26 8:30am-3pm Party Bridge 10am-3pm Pinochle 9am-1pm Needlewielders 11:30am BBS Lecture 1-3pm Current Events Discussion Group 1-4:30pm Mah Jongg</p>	<p>27 9:30am-12pm Bluegrass Jam Session 12:30-4:30pm Sew What? 12:30pm Painting Open Studio</p>
<p>30 8:30am-12pm Cribbage 9:00am Summer registra- tion starts for non- residents. 12:30-5pm Scrabble 1-2:30pm Good News Discussion Group 3-5pm Ping Pong</p>	<div style="text-align: center;">  </div> <p>Looking ahead to May ~</p> <ul style="list-style-type: none"> * 5/3 Birthday Bingo * 5/10 Mother's Day Event * 5/17 Special Event Luncheon * 5/24 Lunch & Bluegrass * 5/31 BBS Lecture 			