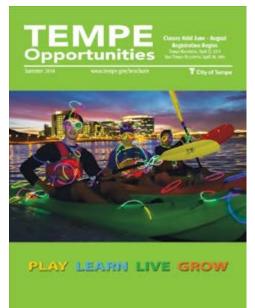
connecting tempe

APRIL 23, 2014

THROUGH
PEOPLE,
PARKS &
PROGRAMS



FUN AWAITS THE ENTIRE FAMILY IN THE SUMMER 2014 TEMPE OPPORTUNITIES BROCHURE

Summer is the perfect time to try a new activity, re-visit an old hobby, start a fitness routine or spend time with your family, and the <u>Summer 2014 Opportunities Brochure</u> is the perfect place to find all of these great opportunities. Dive

into the brochure and you'll find everything from Arts and Crafts courses to Health and Fitness classes, Boating programs to Summer Camps and Special Interest activities.



Tots

Art Classes

Introducing youngsters to the world of art has life-long benefits. Help your little artist explore the world through colors, shapes and art concepts while building their creative-thinking and fine-motor skills. Choose from parent/child classes such as: *Toddler Art Time, Messy Art for Minis* and *Art Smart 1.* Students who are ready to participate independently will love classes like *Young Sculptors, Elements of Art* and *Art; In Other Words.*



Musikgarten®; Early Childhood Music and Movement

The Musikgarten® program offers a variety of classes for developing ages and stages. Children from 1 month to 6-years-old will be introduced to music and movement through singing, musical games, instrument exploration and more. Parent/child and independent participation classes are available



Youth

Summer Indoor Soccer League

Join the Escalante Center for a slammin' Summer Indoor Soccer League! Boys and girls ages 5-10 will have a great time learning the game and staying active in this non-competitive league.



I Can Cook!

Youth ages 8-12 will love the independence that cooking offers, while learning how to create edible masterpieces! In our *I Can Cook!* workshop series, your child will learn basic baking chemistry, kitchen safety, how to mix and measure ingredients and more! Choose from delicious options such as *Kids Cooking Risotto, Gourmet Pizza, Slaws Kids will Love, Breakfast for Dinner,* and *Delicious Desert Dishes.*



Teens

Boating

Looking to get out of the house and onto the water this summer? Tempe has the perfect activities for you! Our Youth Kayaking and Youth Stand-up Paddling programs for ages 10-18 will give students the opportunity to learn a new sport or improve their current skills. Both programs will focus on stroke technique and fitness specific to either kayaking or paddling, as well as provide on-the-water training. No experience is necessary.



Wire-Wrapping Classes

Spend your summer getting artsy in our Wire-Wrapping Classes so you can rock a back-to-school look with unique, handmade jewelry! Students ages 15 yrs+can choose class themes including Bead Bracelets and Beginner Techniques, Hoop Earrings, Egyptian Spiral Chain and Ethnic-Inspired Pendants! Learn to create your own clasps and findings, design your own pieces, coil and weave wire and more!





Adults 18+

Dance Classes

Tempe has dance classes for beginning students as well as experienced movers-and-shakers. Feel the beat in *Ballroom Bash* or *Latin Dance*, featuring new instructors and exciting new lessons. Want to two-step? Check-out *Country Dance* or *Line Dance*. For dancers looking to tone and build strength, try *Belly Dance*; *Beginning* and immerse yourself in enchanting music and rhythms.



Fermenters 101; Arizona Homebrewing Basics

Want to start a delicious new hobby or have dreams of owning your own craft brewery? Join the Arizona Society of Homebrewers (ASH) for *Fermenters 101; Arizona Homebrewing Basics*. Students ages 21 and older will enjoy discussions about home brewing and fermentation basics, with practical instruction on brewing an extract batch of beer. Class is led by the ASH President and will cover the history of brewing, home brewing and the craft brewing movement.



Exercise; Preserve the Curve

Good health and self-esteem can be the result of good posture and a strong core. Learn to "preserve the curve" in your spine through a variety of strength and endurance routines, and reap the benefits of increased circulation, flexibility and a sturdier core. Perfect for adults ages 16 and older who experience tightness in the hips, shoulders and lower back, this class will include gentle stretching and the use of Therabands, foam rollers, Pilates circles and more.



Adults 50+

Senior Techs

Adults looking to dive into the world of social media will love *Senior Techs*: *Social Media Showcase*. Basic overviews of Facebook, Twitter, and Pinterest will be provided; basic computer skills are required. Upon completion of Social Media Showcase, continue exploring social networking tools in *Senior Techs*: *Pinterest for Beginners* and *Senior Techs*: *Facebook for Beginners*.



Aerobic Dance Exercise

Get your feet moving and your heart pumping as you exercise your way through upbeat, choreographed routines. Class encourages flexibility, muscular strength and cardiovascular endurance.



Families

Martial Arts; Peaceful Warrior – Levels 1, 2 and 3

Classes for ages 6 and older focus on the basic self-defense principles of Karate (empty-handed fighting) and Aikijujutsu (joint locks, throws and grappling). Perfect for the entire family to promote bonding, and emphasis is placed on the importance of non-violence, courtesy, respect, and discipline.





Adapted Recreation

Tempe's Adapted Recreation Program provides a variety of classes, leagues and social events for individuals with intellectual and developmental disabilities.



Adapted Sportball

Adapted Recreation is excited to partner with the Sportball franchise to provide an array of skill-building opportunities for participants with additional needs such as Autism Spectrum Disorders, Cerebral Palsy, Down Syndrome, and other developmental disabilities. *Adapted Sportball* improves physical and social skills, self-image and self-concept, while developing attention and listening skills.



Tennis

Learn to Play Tennis

Programs are available for Juniors (ages 4-15) and Adults (ages 16 yrs+) that introduce beginning players to the basic elements of the sport and work to develop skills. Classes meet twice a week for three weeks and are offered mornings and evenings.



Registration for the Summer 2014 session is now open for Tempe residents, and non-Tempe residents can begin registering at 9 a.m. on Monday, April 28. Classes begin the week of June 2. In addition to viewing the brochure online you can also pick up a copy at any City of Tempe facility.

For more information, contact the Recreation Services Office at 480-350-5200.

Ready to register? Here's how:

- 1. Online at www.Tempe.gov/Brochure
- 2. In-person at one of the following City of Tempe facilities:

Recreation Administration Office
Edna Vihel Activities Center
Pyle Adult Recreation Center
Kiwanis Recreation Center
Escalante Community Center
North Tempe Multi-Generational Center

- 3. Fax in a registration form with credit card number to 480-350-5058.
- 4. Mail your registration to: Class Registration, 3500 S. Rural Road, Tempe, AZ, 85282.

STAY ACTIVE AND SUPPORT TEMPE'S URBAN FOREST AT THE 5TH ANNUAL ARBOR DAY 5K

Lace up those running shoes and get ready for an evening of fun! Tempe is hosting its 5th Annual Arbor Day 5K at 6:15 p.m. on Friday, April 25 at Kiwanis Park, located at Mill Avenue and All-America Way. Participants are encouraged to arrive between 4:30 and 6 p.m. to sign-in, register and enjoy the

expo. A free Kids Dash for kids 12 and under will kick-off the fun at 6 p.m.

This 5K fun run/ walk is the perfect





event for the whole family to enjoy and brings the community together for a great cause. All proceeds will support the Trees for Tempe program, which aims to replenish Tempe's urban forest. In 2008, summer monsoons destroyed more than 400 City-owned trees and Tempe was left struggling to find the resources needed to replenish its tree population. The Trees for Tempe program was revived and has since provided both the financial and physical resources necessary to replant damaged and aging trees throughout the Tempe community. The Arbor Day 5K was created as the annual

fundraiser for the program and has raised more than \$30,000 since 2010.

There is still plenty of time to signup! Registration is \$20 through April 24 and \$25 the day of the event. All registered participants will receive a commemorative t-shirt as well as a race bib that will chip-time your 3.1-mile journey around Kiwanis Park. Visit www.arborDay5K.com for more information and to register.

A special thanks to <u>SRP</u>, returning as the Presenting Partner of the Arbor Day 5K. We would also like to thank our returning partners, <u>Arizona 811</u> and <u>Whole Foods Market</u> for their support of this year's Arbor Day 5K!







TEMPE'S SUMMER CAMPS AIM TO CURE KIDS OF THE SUMMERTIME BLUES

As the school year winds to a close, the hot days, boredom and inactivity of summer await many unsuspecting students. Help your kids avoid the summertime blues by signing them up for <u>Summer Camps</u> in Tempe! Camps are available in full-day, part-time and weeklong options.

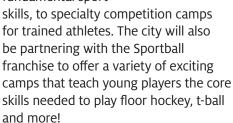
Special Interest Camps allow kids to experience a variety of genres like art, theater, science, engineering and foreign languages – all while having fun! Young scientists can participate in camp activities that include CSI mysteries, ocean exploration, vehicle engineering and LEGO® construction. Make learning a second language a breeze for your child through basic grammar and cultural immersion activities in a *Spanish Camp*.



Participants interested in the visual and performing arts can take-part in week-long movie-making camps, or a four-week *Dance Camp* for young movers looking to learning technique, choreography and costuming.

Tempe also presents a selection of **Sports Camps** for young athletes of all ages and abilities. Week-long volleyball

and basketball camps are taught by local Tempe high school coaches, giving participants the first-hand experience of playing on a team. Camps vary from introductory and fundamental sport



Kid Zone Enrichment Program holds summer-long day camps, perfect for parents looking to keep their kids entertained and active between school sessions. Young minds will stay busy with educational and enrichment lessons, cooking demonstrations, art classes and athletics. In addition, campers will take weekly field-trips that include Diamondbacks games, museums, bowling, the theater and more!

Several **Recreational Day Camps** will be offered through the <u>Escalante</u> <u>Community Center</u> and <u>North Tempe</u> <u>Multi-Generational Center</u>. Participants will enjoy arts and crafts, computers, cooking, science, sports and swimming, as well as enrichment events, guest speakers and field trips.

Registration for the variety of summer camps offered in Tempe is now open and can be completed <u>online</u> with most major credit cards, via mail, by fax or in person.



ENJOY AN EVENING OUTDOORS WITH MUSIC UNDER THE STARS

Music Under the Stars is a unique celebration of arts and music featuring the Arizona Wind Symphony, the Corona del Sol and Desert Vista high school bands, the Corona del Sol Steel Drum band and the Academy Drum Corps horn line. Bring your blanket, lawn chairs and picnic and enjoy beautiful Arizona outdoor weather while listening to your favorite music from 7:30-9 p.m. at the Tempe Center for the Arts Amphitheater.

Parking is available in the US Airways garage after 6 p.m. Enter off of Ash Avenue. ADA parking will be available at the Tempe Center for the Arts. For more information, call 480-350-2822.



STAY COOL AND LEARN SOMETHING NEW IN TEMPE'S POOLS

Swimmers of all ages looking to learn how to swim or brush-up on their technique can find just the right lesson in Tempe at the <u>Kiwanis Recreation Center</u> and the <u>Escalante Community Center</u>. Teaching kids to swim is essential, as drowning is one of the leading causes of death in Arizona for children under the age of 4. Children as young as 8-monthsold can learn to swim in parent-assisted lessons, and little swimmers ages 3 and



older who are ready to learn independently can participate in Swim School or Stroke School Lessons. Lessons are also available for adults of all skill levels.

Want to exercise while avoiding the summer heat? Dive into an Adult Water Fitness class at the Kiwanis Recreation Center. Returning classes such as Shallow Water Exercise, Transitional Water Exercise and Aqua Zumba, as well as the new Aquatics High Intensity Interval Training (H.I.I.T.), will be offered in a session format that will meet one time per week, for four weeks. Register for one or more class sessions, which cost an average of just \$5 per class! For those who are unable to commit to a full session, a convenient drop-in class option is available at \$7 per class.

Visit the <u>2014 Summer Opportunities</u>
<u>Brochure</u> to view the a full schedule of classes, lessons and to register.



MOVIES IN THE PARK RETURNS TO KIWANIS PARK IN MAY

Pack a picnic dinner, grab a blanket, round-up the gang and head over to Kiwanis Park to watch a great family-friendly movie under the stars. Tempe's free movie series – Movies in the Park – returns on Friday evenings in May.



This spring's lineup includes:

May 2 - Frozen (PG)

May 9 - **Cars** (G)

May 16 - Finding Nemo (G)

May 23 - Monster's University (G)

May 30 - Peter Pan (G)

Movies begin at dusk, approximately 7 p.m. on the north soccer fields at <u>Kiwanis Park</u>, just off Baseline Road and Mill Avenue.





To receive up-to-date information about exciting events and opportunities happening between Connecting Tempe newsletters, become a fan of Tempe Opportunities on Facebook.

SAVE THE DATE

Wednesday	Poetry in April	Wednesday	Poetry in April
April 23	David Chorlton	April 30	Rebecca Byrkit

7-8:30 p.m.; Tempe Center for the Arts 7-8:30 p.m.; Tempe Center for the Arts

Friday **5th Annual Arbor Day 5K** Movies in the Park; Frozen **Friday** May 2 **April 25** 6 p.m.; Kiwanis Park 7 p.m.; Kiwanis Park

Friday Sat. & Sun. **Glow Paddle Weekend Waves**

April 25 May 3 & 4 1-5 p.m.; Kiwanis Recreation Center - Wave Pool 7:30-9:30 p.m.; SRP Town Lake Marina

Saturday 10th Annual Pat's Run **Friday Movies in the Park; Cars** April 26 7:05 a.m.; Arizona State University May 9 7 p.m.; Kiwanis Park

Sat. & Sun. **Weekend Waves** Sat. & Sun. **Weekend Waves**

April 26 & 27 1-5 p.m.; Kiwanis Recreation Center - Wave Pool May 10 & 11 1-5 p.m.; Kiwanis Recreation Center - Wave Pool

Saturday Performances at the Museum; Saturday Performances at the Museum; Jaleo

April 26 Future Loves Past 7 p.m.; Tempe History Museum **May 10** 7 p.m.; Tempe History Museum

Monday **Summer 2014 Registration Begins**

April 28 for Non-Tempe Residents

9 a.m.; www.Tempe.gov/Brochure



