

## TEMPE OFFERS A MULTITUDE OF GREEN ACTIVITIES FOR EARTH MONTH

Tempe celebrates Earth Month in a big, green way with a variety of activities ranging from a bike to work event and eco-art, to a zero-waste challenge and an annual 5K that helps replenish Tempe's urban forest. Whatever your passion, we have ways for you to get involved in helping the environment and celebrating the Earth during April.

### WALK, RUN AND JOIN THE FUN AT TEMPE'S 5TH ANNUAL ARBOR DAY 5K



The City of Tempe is providing a unique opportunity for businesses, residents and runners to get

involved in the Trees for Tempe program with the [5th Annual Arbor Day 5K](#).

The Arbor Day 5K, presented by [SRP](#), will be held at 6:15 p.m. on Friday, April 25 in its new location – [Kiwanis Park](#) at Mill Ave. and All-America Way. All proceeds will go to the [Trees for Tempe program](#), designed to help replenish Tempe's urban forest. Since the inaugural Arbor Day 5K in 2010, more than \$30,000 has been raised for the Trees for Tempe program.

The 5K course will lead runners and walkers on a scenic loop throughout Kiwanis Park. With 125 sprawling acres of lush greenery, Kiwanis Park is a prime example of the Trees for Tempe program in action. Thousands of dollars-worth of trees have been planted in the park, making it the major recreation destination it is today for Tempe residents and non-residents alike. Participants are encouraged to bring their dogs on leashes and children in strollers for this family-friendly 5K.

The advance registration fee is \$20 through April 24, and \$25 the day of the event. All registrants will receive a commemorative Arbor Day 5K T-shirt and the run will be chip-timed. Activities include an event expo and on-site registration, beginning at 4:30 p.m., and a free Kids Dash for children 10 and under, beginning at 6 p.m.

For more information or to register, visit [www.ArborDay5K.com](http://www.ArborDay5K.com), or [www.Active.com](http://www.Active.com).



# GET GEARED UP FOR TEMPE BIKE MONTH



April is Bike Month, when Tempe celebrates bicycling as an alternative mode of transportation. Join the city and other community members for the annual "Bike to Work Day" event on April 16 from 6:30 to 8 a.m.

All bicycle riders who stop by one of the participating [Bike to Work Day](#) locations in Tempe will receive a free breakfast, and the first 350 riders will receive free T-shirts. At 7 a.m., join Mayor Mark Mitchell along with members of the Tempe City Council on a bike ride from Whole Foods Market to NCounter in downtown Tempe. Breakfast site locations include:



[Back East Bagels](#) (northwest corner of Southern Avenue and McClintock Drive)  
[Berning's Fine Jewelry](#) (southwest corner of McClintock Drive and Warner Road)  
[IKEA](#) (northwest corner of Warner Road and Priest Drive)  
[REI](#) (Daley Park on the northeast corner of College Avenue and Encanto Drive)  
[NCounter](#) (southwest corner of Mill Avenue and 3rd Street)  
[Wildflower Bread Company](#) (southwest corner of McClintock Drive and Guadalupe Road)

[Whole Foods Market](#) (northwest corner of Rural and Baseline roads)

Tempe Bike Month sponsors include Back East Bagels, Berning's Fine Jewelry, IKEA, REI, Ncounter, Whole Foods Market, Wildflower Bread Company, [The Bicycle Cellar](#), [Tempe Bicycle Action Group](#) and [Starbucks](#).

For more information about Bike Month, visit [www.Tempe.gov/BikeMonth](http://www.Tempe.gov/BikeMonth) or call 480-350-8663.

# TEMPE HOSTS ZERO WASTE CHALLENGE IN HONOR OF EARTH DAY 2014

The City of Tempe invites residents to clean closets, clear-out sheds, eliminate clutter in garages and help the environment by participating in a [FREE Zero Waste Day](#) on Saturday, April 19 from 7 a.m. to 1 p.m. All items brought to this event at the [Tempe Fire Training Facility](#), 1340 E. University Dr., will be recycled, reused or disposed of in an environmentally safe manner.

All items need to be clean and sanitary. Accepted items include: books, building supplies (no cement), electronic equipment (calculators, cameras, cell phones, computers and monitors, DVD players, VCRs, telephones, televisions),

golf balls, household hazardous waste (cleaning supplies, lawn and pool chemicals, paint, etc.), household textiles (clothing, linens, towels), belts, hats, shoes (all types), purses, wallets, soft/stuffed toys, plastic shopping bags, school supplies, tires, appliances (dishwashers, refrigerators, stoves), paper, cardboard and other recyclables.

Free secure and confidential document shredding will be offered and free compost will be given away to each household that participates in this event. Proof of Tempe residency is required (e.g. drivers's license, utility bill). A donation of one canned food item is



requested for [Tempe Community Action Agency's](#) food pantry.

For more information about what items can be recycled at this event, contact the [Recycle Hotline](#) at 480-350-4311.

# YOUTH INVITED TO CELEBRATE EARTH DAY AT TEMPE PUBLIC LIBRARY

The [Tempe Public Library](#) is hosting a free, kid-focused Earth Day celebration on April 19. Activities kick-off with an exciting interactive display provided by SRP from Noon-3 p.m., followed at 1 p.m. with fun, recycling-inspired crown and collage crafts. Afterwards, get ready to turn-up the volume with Step Raptis Junk Funk, a dance and musical group that creates beats from junk and reclaimed items.

For more information on this and upcoming events, visit the Library's webpage at [www.Tempe.gov/Library](http://www.Tempe.gov/Library), or call 480-350-5500.



# IT'S HEALTH & WELLNESS TIME

Adults ages 50+ are invited to explore and experience community resources at this year's free Senior Health & Wellness Expo, held at the [Pyle Adult Recreation Center](#), 655 E. Southern Ave.

From 8:30 a.m.-12:30 p.m. on Thursday, April 10, visitors will have the opportunity to discover services offered by more than 50 vendors while enjoying free health screenings, demonstrations, healthy resources, a light breakfast and prize drawings.

Health screenings include:

- Blood pressure checks provided by [Arizona Natural Medical Center](#)
- Hearing screenings provided by [Valley ENT](#)
- Cholesterol and blood glucose screenings (must fast before) provided by [Tempe St. Luke's Hospital](#)

[Mind, Body & Balance](#) and the [Arizona School of Massage Therapy](#) will be providing free chair massages. Participants are invited to take part in a short Zumba class demonstration and observe other exercise classes.

For more information, visit the Senior Health and Wellness Expo [webpage](#), or contact the Pyle Adult Recreation Center at 480-350-5211.



# DISCOVER PLANET EARTH AT FREE ART FRIDAY

On Friday, April 11 head to the [Edna Vihel Center](#) from 9:30-11:30 a.m. for the monthly [Free Art Friday](#) event, where you and your kids can *Discover Planet Earth!* This free, family-friendly interactive art series gives preschoolers and caregivers the opportunity to create art, learn about music and movement and have a great time! Each month has a different theme and featured art projects – this month's theme will be reflected through fun crafts such as: rock insects, bug collections, earth collage's using items found in nature and more!

The next Free Art Friday is scheduled to occur on Friday, May 16 from 9:30-11:30 a.m. and celebrates *May Day/Play Day*. The event will take a break during the summer months so be sure to check back to the Free Art Friday [webpage](#) for updates on new dates and themes.

Registration is not required for these free, leisurely mornings of activities. For a list of more fun-filled events happening in Tempe, visit our [Family Activities](#) page.





## COME OUT & PLAY AT PLAYDAY 2014

Remember to mark your calendar for this Saturday's [5th Annual PlayDay](#) and Inaugural Diablo Dash! Join us for free, family-friendly outdoor fun on April 12 from 9 a.m. to 1 p.m. at the [Tempe Sports Complex](#), Warner Rd. and Hardy Dr.

Kids of all ages will have the opportunity to join-in on a variety of structured and unstructured games and events including: football, softball and tennis drills/skills, dance and movement activities, a climbing wall, the Diablo Dash inflatable obstacle course and much more. Get ready to run, crawl, climb, slide, catch and laugh the day away!



## WEEKEND WAVES ROLL IN AT THE KIWANIS WAVE POOL

This spring the fun comes in waves at the [Kiwanis Recreation Center's Wave Pool!](#) The Wave Pool has opened its doors and released the waves, running Saturdays and Sundays throughout April and May. Families are invited to enjoy the indoor heated wave pool from 1-5 p.m.

Admission for visitors 13 years and older is \$7 and all swimmers ages 2-12 are \$5. Celebrate spring and ride a wave at the Kiwanis Wave Pool!

Visit [www.Tempe.gov/Waves](http://www.Tempe.gov/Waves) for more information, or contact the [Kiwanis Recreation Center](#) at 480-350-5201.



## SUMMER CAMPS ARE JUST AROUND THE CORNER

Send your kids to camp in Tempe! The city offers a variety of quality Summer Camps in full-day, part-time and one-week options to fit all budgets. Choose from Adapted Recreation and Kid Zone Summer Enrichment Camps, to Sports, Special Interest Camps and much more! With so many choices, you're sure to find the perfect camp for each young member of your family.

Registration for most camps is now available, so visit [www.Tempe.gov/SummerCamps](http://www.Tempe.gov/SummerCamps) for more information, or call the [Recreation Services](#) Office at 480-350-5200.

## PAT'S RUN COMMEMORATES 10 YEARS OF HONOR AND SUPPORT IN TEMPE

On Saturday, April 26, more than 35,000 participants, volunteers and spectators will gather at [Arizona State University](#) for the [10th Annual Pat's Run](#), the signature fundraising event for the [Pat Tillman Foundation](#).

Pat's Run features a 4.2 mile run/walk, a .42 mile Kids Run for children 12 and under and a Finish Line Expo. The 4.2 mile course winds through the streets of Tempe and both events

are staged so that all participants finish on the 42-yard line on [Frank Kush Field inside Sun Devil Stadium](#), symbolic of the #42 jersey that Pat wore while he was

a Sun Devil. Proceeds from Pat's Run directly support the [Tillman Military Scholars program](#) and pay tribute to his commitment to leadership and service.





To receive up-to-date information about exciting events and opportunities happening between Connecting Tempe newsletters, become a fan of Tempe Opportunities on [Facebook](#).

## SAVE THE DATE

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|--|---|--|---|
| <b>Thursday</b><br><b>April 10</b>                 | <b><u><a href="#">Senior Health and Wellness Expo</a></u></b><br>8:30 a.m.-12:30 p.m.; <u><a href="#">Pyle Adult Center</a></u>                     | <b>Friday</b><br><b>April 25</b>                   | <b><u><a href="#">Arbor Day 5K</a></u></b><br>6:15 p.m.; <u><a href="#">Kiwanis Park</a></u>  |
| <b>Friday</b><br><b>April 11</b>                   | <b><u><a href="#">Free Art Friday</a></u></b><br>9:30 a.m.-11:30 a.m.;<br><u><a href="#">Edna Vihel Activities Center</a></u>                       | <b>Friday</b><br><b>April 25</b>                   | <b><u><a href="#">Glow Paddle</a></u></b><br>7:30-9:30 p.m.; <u><a href="#">SRP Town Lake Marina</a></u>  |
| <b>Saturday</b><br><b>April 12</b>                 | <b><u><a href="#">2014 PlayDay and Inaugural Diablo Dash</a></u></b><br>9 a.m.-1 p.m.; <u><a href="#">Tempe Sports Complex</a></u>                  | <b>Saturday</b><br><b>April 26</b>                 | <b><u><a href="#">10th Annual Pat's Run</a></u></b><br>7:05 a.m.; <u><a href="#">Arizona State University</a></u>                                       |
| <b>Sat. &amp; Sun.</b><br><b>April 12 &amp; 13</b> | <b><u><a href="#">Weekend Waves</a></u></b><br>1-5 p.m.; <u><a href="#">Kiwanis Recreation Center - Wave Pool</a></u>                               | <b>Sat. &amp; Sun.</b><br><b>April 26 &amp; 27</b> | <b><u><a href="#">Weekend Waves</a></u></b><br>1-5 p.m.; <u><a href="#">Kiwanis Recreation Center - Wave Pool</a></u>                                   |
| <b>Friday</b><br><b>April 18</b>                   | <b><u><a href="#">Moonlight Kayak</a></u></b><br>7:30-9:30 p.m.; <u><a href="#">SRP Town Lake Marina</a></u>  | <b>Monday</b><br><b>April 28</b>                   | <b>Summer 2014 Registration<br/>Begins for Non-Tempe Residents</b><br>9 a.m.; <u><a href="http://www.Tempe.gov/Brochure">www.Tempe.gov/Brochure</a></u> |
| <b>Sat. &amp; Sun.</b><br><b>April 19 &amp; 20</b> | <b><u><a href="#">Weekend Waves</a></u></b><br>1-5 p.m.; <u><a href="#">Kiwanis Recreation Center - Wave Pool</a></u>                               |  |   |
| <b>Monday</b><br><b>April 21</b>                   | <b>Summer 2014 Registration Begins<br/>for Tempe Residents</b><br>9 a.m.; <u><a href="http://www.Tempe.gov/Brochure">www.Tempe.gov/Brochure</a></u> |  |   |