

Wedding/Anniversary Survival

Summer 2008: Wednesday 9:00 – 9:55

Foxy: Music – 4 beats. Dance – 4 steps in 4 beats (slow, slow, slow, slow)

Dance Steps:

- Basic: walk, walk, sway, sway
- Side sway turn – sway, sway 4 times turning to face opposite direction – sway bigger to the left, smaller to the right.
- promenade
- 8 count her walking around him (man's window)
- 8 count walk around in front of him to her right (under-arm turn/outside turn), be in front of him by 7 and 8
- 8 count walk around in front of him to her left (she starts with a step in place, then turns), be in front of him by 7 and 8 (inside turn)

Combo/Amalgamation:

- 3 basics
- 3 promenades
- 4 side sways

- 3 basics
- 3 promenades
- 4 side sways – last one on a diagonal

- 3 promenades – diagonal to center directly into outside turn or sways
- 2-4 side sways
- 8 ct outside turn
- 2-4 side sways
- 8 ct inside turn
- 2 basics – 2nd with release
- 8 ct man's window to...
- 8 ct outside turn
- 2 basics (he releases to an angle/diagonal during 2nd basic) into...
- grapevine (walk, walk, side cross, side cross (4 times) in a straight line to the side)
 - 8-10-12-14-16 count
- 8 ct outside turn
- optional sways/basic
- pretzel/cuddle

Chad Lakridis
480-614-5241

www.dancewithchad.com

www.danceislifelifedance.com – radio show

Wedding/Anniversary Survival (cont.)

Bonus Material:

- she does outside turn
- man's window – ½ way in front of him, bring her hand down to his hip, he extends his left arm for her to go around his back, continue around
- when she's in front of him, facing him, arm is up, bring her right arm over his head, shoulder to shoulder
- back rock, flip, repeat
- he brings his left hand out to stop flip

Cha Cha:

- Basic in place
- Basic moving side to side
- 5th position

Swing:

- 2 Basics
- Both turn
- Flip flops (5 – 6 times)
- Walk back 4 times
- Kick 4 times
- Basic

Chad Lakridis
480-614-5241

www.dancewithchad.com

www.danceislifedance.com – radio show

Disclaimer: The following is the opinion and view of the writer and freely admits that they do not necessarily reflect the views of the instructor. Reliance on any information in these notes is entirely at the user's risk.