

Hustle & Argentine Tango

Winter 2009: 8 – 8:55 p.m., Wednesday

Hustle

- basic – rock step, step, step (and 1 – 2 – 3 or quick, quick, slow, slow)
- inside under arm turns – she goes/he goes
- turning basic
- keep lady in place, center of partnership, hand stays stable, man initiates, lady moves and he responds

Combo/Amalgamation

- 4 turning basics/wheel
- 4 outside under arm turns – she goes/he goes (bridge)

- 2 wheels
- open – top of rail
- she turns left into his right arm
- man's turning wrap
- basic – back to basic hold (hug)
- man's turning wrap
- basic – back to basic hold (hug)
- grapevine – and 1, 2, 3, and check, backup, compress rondé, step, step, and 1

- closed position to open 1-hand hold
- NY walk
- Vegas
- wrap
- shadow comb
- left turn element

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Disclaimer: The following is the opinion and view of the writer and freely admits that they do not necessarily reflect the views of the instructor. Reliance on any information in these notes is entirely at the user's risk.

Hustle & Argentine Tango (cont.)

Argentine Tango

- basic:
 - follower – side right, collect, back left, back right shifting hip to back right, crusada, back right, collect, side left, collect - change weight, left, change weight.
 - leader – side left, right collect, right forward, left forward, right collect – change weight, left forward, right side – change weight, change weight.
- sandwich:
 - follower – side right, collect, back left, right around back for back ocho, keeping left foot in place – let him sandwich your foot while staying in place, move body only: forward, back, forward, tap outside of his left foot with top of your right foot (do not interfere with knees!), step over with right foot, forward ocho, step with left, forward ocho to face him.
 - leader – side left – right foot closes to left change weight, left forward – turn toward right to place her in back ocho, right foot touches outside her foot, then left touches inside her left foot (sandwich), right back (leaving her back), draw her toward, send her away, draw her toward, she taps inside of left foot, (open shoulders) send her across foot to right for her to do forward ocho, send her to left to do forward ocho, slow her to face you.
- basic - at cresada – 2 forward ochos
- media luna
- ocho con caída (the drop)

Tango Walk

- slight turn out
- legs centered collecting
- ball of foot stroking floor to finish with ball lead or subtle heel
- forward and back walks

Exercise: walk right, walk left, walk right, walk left, ocho right, ocho left, ocho right, ocho left (repeat)

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