

SUMMER KAMP NEWSLETTER

“The Power of One”...The little things you do can have the power to affect a great many people.

June 30, 2009

KAMP REMINDERS

“Puttin’ on the Kids Carnival” is just around the corner. The performance put on by the Kampers is on July 23, 2009 at 6:00pm. All family members are welcome. Invitations will be mailed out soon.

Look for flyers from some groups requesting items for their POK performances.

On Swim Days, Kampers should have a swimming suit, backpack, towel, change of clothes with sneakers and sunscreen already on. Please label all items!

When dropping off and picking up Kampers, please be mindful and not block the handicap parking spaces that are located on the west side of the front circle area.

If your Kamper is being picked up early from kamp, please make sure that you have a piece of identification with you. If your Kamper is being picked up by someone that is not listed on your summer kamp form, you must provide written authorization. These policies help us ensure the safety of your Kamper(s).

The July lunch menu for kamp is now available for you to pick up after kamp on the flier table in the gym or from the front desk. Please remember that this is subject to change per Tempe Elementary School District.

Last Kamp Field Trip

Kampers **must** wear their Kamp shirts and have a water bottle for the field trips. Money is optional. Backpacks are allowed on trips to carry their items. Please make sure all of your child’s items are labeled. **If your child is attending, please make sure you fill out a field trip permission form that can be picked up during dismissal or at the front desk.**

Lunch Menu for July 1 to July 14

July 1

Turkey & Cheese Sandwich
Carrot Sticks
Orange Wedges
Milk

July 2

Yogurt & Elfin Loaf
String Cheese
Applesauce

July 6

Grilled Cheese
Green Beans
Canned Peaches
Milk

July 7

Hot Dog in a Bun
Corn on the Cob
Watermelon
Milk

July 8

Bosco’s Pizza Sticks
Hot Carrots
Fresh Strawberries
Milk

July 9

Beef & Cheese Burrito
Fiesta Salad
Diced Peaches

July 13

Chicken Nuggets
Tatar Tots
Raisins
Milk

July 14

Tuna Sandwich
Carrot Sticks
Applesauce
Milk

* **July 24– Rock Climbing** *
* **Check in at 8:15 AM** *

Summer Kamp Special Event Wednesdays

Every Wednesday we have Special Events at 1:00pm. The Tempe Public Library puts on Special Events. **Families are welcome to come enjoy the show with our Kampers in the Gym.** We also like the Kampers to wear the Kamp shirts on these days.

July 1– Mad Science

July 8– Magical Michael Steele

July 15– Steel Drum Band

Magic Mountain Teen Trip

Who: 13-18 year olds

When: Depart Monday, July 27 @ 11:30 PM
At Magic Mountain Tuesday, July 28 ALL DAY

Return Wednesday, July 29 @ 6:00 AM

Cost: \$55 Due July 8th

This is a one day turn around trip. This fee includes admission into theme park and transportation. Participants will need to bring money for food or any other items they wish to purchase.

Family and Special Events

Ronald McDonald

Ronald McDonald is coming to Escalante on **June 30th** from **3:30 PM to 4:00 PM**. This show is for families with children ages 3 to 9.

Disneyland Adventure

ECC is sponsoring a family summer trip to Disneyland on **Saturday, August 1st**. This is a one-day turn around trip for **\$100 per person**. This fee includes park admission ticket and transportation to and from Disneyland. A parent must attend for youth participation. Participants must be **3 years or older**. **Maximum 6 spaces per family**.

For registration packets and information, please call the center at **(480) 350-5800**.

Escalante Back to School Celebration

Get information, eat some ice cream, play games and pick up some free school supplies. **Tuesday, August 4th from 5:00–7:00 PM**. Cost: **FREE**

SNACK O'LICIOUS HEALTHY RECIPE

Fruit Smoothies

- 1 1/2 cups of ice
- 1/2 cup strawberries, frozen (thawed) or fresh
- 1/2 cup peaches, blueberries or other fruit
- 1/4 cup frozen orange juice concentrate, thawed
- 1 tablespoon honey
- 1 tablespoon sugar (optional)

1. Blend all ingredients together in a blender
2. Serve in 16 ounce glass



Escalante Community Center Facility Hours 2150 E. Orange St., Tempe, AZ 85281

	Monday -Thursday	Friday	Saturday	Sunday
Youth Gym	2:30 –8:00PM	12:00-8:00PM	10:00AM-5:00PM	1:00-4:00PM
Adult Gym Basketball	Tue/Thu ONLY 7:30-9:00PM	Closed	Closed	1:00-3:30 PM Volleyball 3:30-6:00 PM Basketball
Youth Center 6-17yrs only	2:30-8:30pm	10:00AM-8:00PM	10:00AM-5:00PM	1:00-6:00PM
Library Resource Center	12:00-2:30PM Adult Only 2:30-5:00PM Youth Only 5:00-8:00PM Youth & Adult	11:00AM-8:00PM Youth & Adult	10:00AM-5:00PM Youth & Adult	1:00PM-6:00PM Youth & Adult
Fitness Room 15yrs+ only	8:00-9:30 AM Senior Fitness 9:30 AM—9:00 PM Adult Fitness	8:00-9:30 AM Senior Fitness 9:30 AM—9:00 PM Adult Fitness	10:00AM-5:00PM	1:00-6:00PM
Swimming Pool	1:00-5:00PM	1:00-7:00PM	1:00 PM—5:00 PM	1:00-6:00PM